

MEN’S NATIONAL RECORDS

RECORDS FOR ALL SPECIALIST (BENCH ONLY, DEADLIFT ONLY, SQUAT ONLY, STRICT CURL AND IRONMAN) ARE LISTED AFTER THE FULL POWER MEET RECORDS, JUST SCROLL DOWN.

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

SP/E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT, DP- DOUBLE PLY
JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds and recorded as such

MEN’S NATIONAL FULL POWER MEET RECORDS												
	SQUAT	BENCH	DEADLIFT	TOTAL								
105												
11-12 RC	GARGETT- 165	GARGETT- 100	GARGETT- 245	GARGETT- 510								
114												
11-12 R	KOWNACKI-175	LOWNACKI-90	KOWNACKI-250	KOWNACKI-515								
13-14 R	SIMPSON-170	SIMPSON-110	FAZZARY-245	SIMPSON-525								
123												
13-14 R	KELLOGG-285	KELLOGG- 180	KELLOGG- 285	KELLOGG- 750								
15-16 R	GALE-225	GALE-105	GALE-305	GALE-635								
O-R	LONGO-215	LONGO-145	LONGO-335	LONGO-695								
OPEN SP	SOUKUP-325	SOUKUP-200	SOUKUP-325	SOUKUP-835								
50-54 SP	SOUKUP-325	SOUKUP-185	SOUKUP-325	SOUKUP-835								
55-59 SP	SOUKUP-305	SOUKUP- 200	SOUKUP- 305	SOUKUP- 810								
132												
9-10 RC	TORANZO-260	TORANZO-115	TORANZO-250	TORANZO-625								
13-14 R	KELLOGG-285	KELLOGG-195	ANOLIN-360	KELLOGG-830								

15-16 R	HOATS-245	HOATS-160	MARTINS-315	MARTINS-690							
15-16 RC	HODSON-240	BUGNER-135	BUGNER-265	BUGNER-625							
17-19 R	DICEY-370	DICEY-245	DICEY-430	DICEY- 1045							
JR-R	TORRES-350	MARTINS-225	MARTINS-425	MARTINS-950							
O-R	MARTINS-305	MARTINS-220	MARTINS-430	MARTINS-955							
O-SP	SOUKUP-325	SOUKUP-210	SOUKUP-315	SOUKUP-795							
55-59 SP	SOUKUP-225	SOUKUP-155	SOUKUP-275	SOUKUP-655							
60-64 SP	SOUKUP- 325	SOUKUP- 210	SOUKUP-315	SOUKUP- 795							
148											
9-10 R	LENZI- 130	LENZI- 70	LENZI- 155	LENZI- 355							
11-12 R	DOLCI III- 305	DOLCI III- 175	DOLCI III- 350	DOLCI III-830							
13-14 R	KUTIN- 275	JONES-160	KUTIN- 350	KUTIN- 765							
15-16 R	KELLOGG-365	KELLOGG-225	DENNIS-415	KELLOGG-985							
15-16 RC	MOSIER-275	MOSIER-165	MOSIER-325	MOSIER-765							
17-19 R	PITTMAN-395	PITTMAN- 235	PITTMAN-485	PITTMAN- 1115							
17-19 RC	BERRY-200	BERRY-135	BERRY-275	BERRY-610							
JUNIOR-R	POLYCARPE-475	POLYCARPE-285	POLYCARPE-500	POLYCARPE-1260							
JUNIOR-RC	HALL-230	HALL-135	HALL- 315	HALL-680							
JR- E	IMMELL- 390	IMMELL- 225	IMMELL- 385	IMMELL- 1000							
OPEN RC	TENDENCIA-515	TENDENCIA-270	TENDENCIA-525	TENDENCIA-1310							
OPEN R	GANLEY-415	BOVINO- 310	CORNICK-495	CORNICK-1135							
OPEN SP	SOUKUP-325	SOUKUP-205	SOUKUP-305	SOUKUP-835							
SUBS R	HANLON-340	HANLON-260	HANLON-500	HANLON- 1085							
40-44 R	JAMES-400	BLOOM-345	HANLON-545	HANLON-1185							
40-44 RC	TENDENCIA-515	TENDENCIA-270	TENDENCIA-525	TENDENCIA-1310							
45-49 R	JAMES-350	JAMES-220	JAMES-450	JAMES-1020							
50-54 R	LIVOLSI-320	LIVOLSI-245	FRIEDMAN- 350	LIVOLSI- 910							
50-54 RC	RAWN-400	RAWN-240	RAWN- 375	RAWN- 1010							
55-59 SP	DIFRANCISCO-415	DIFRANCISCO-250	DIFRANCISCO-400	DIFRANCISCO-1055							
60-64 R	BARRECA-220	BARRECA-175	BARRECA-350	BARRECA-745							

60-64 SP	SOUKUP-325	SOUKUP-205	SOUKUP-305	SOUKUP-835							
60-64 DP	DYE-300	DYE-200	DYE-300	DYE-800							
70-74 R	CALDERONE-250	CALDERONE-135	CALDERONE-340	CALDERONE-725							
P-R	BLOOM-375	BLOOM-345	BLOOM-410	BLOOM-1130							
165											
11-12 R	MAYNARD-135	MAYNARD-105	MAYNARD-150	MAYNARD-390							
13-14 R	LLEWELLYN-345	LLEWELLYN-205	LLEWLLYN-380	LLEWLLYN-930							
15-16 R	GIAMMARINO-325	DEBNAM- 235	GIAMMARINO-425	GIAMMARINO-985							
15-16 RC	SANFORD-385	SANFORD-225	SANFORD-405	SANFORD-1015							
17-19 R	SEACRIST-435	WILLIAMS- 280	SEACRIST-530	SEACRIST-1215							
17-19 RC	EBERLY-365	EBERLY-230	JONES-465	EBERLY-1055							
JUNIOR R	MARINO-450	PETRILLO-295	MARUCCI- 530	CRAWFORD- 1210							
JUNIOR RC	GOMEZ- 460	GOMEZ- 340	GOMEZ- 535	GOMEZ- 1335							
LIFETIME R	HART- 390	HART- 260	HART- 540	HART- 1190							
LIFETIME RC	GOMEZ- 460	GOMEZ- 340	GOMEZ- 535	GOMEZ- 1335							
OPEN R	DIMINNI-520	MAYORGA-365	HART-590	DIMINNI-1330							
OPEN RC	GRANT-525	BLOOM-360	PEREZ-580	PEREZ-1345							
SUBS R	HANLON-375	HANLON-275	HANLON-525	HANLON-1175							
SUBS RC	HOFFMAN- 330	HOFFMAN- 210	HOFFMAN- 365	HOFFMAN- 905							
40-44 R	HART-400	BLOOM-345	HART-580	HART-1260							
40-44 RC	BLOOM- 390	BLOOM-360	BLOOM- 430	BLOOM- 1180							
45-49 R	HART-415	HART-275	HART-590	HART-1265							
45-49 E	MCVANEY-600	MCVANEY-365	MCVANEY-555	MCVANEY-1490							
50-54 R	HART-375	GRANDRIMO-260	HART-485	HART-1115							
50-54 RC	SCHADT-345	SCHADT- 255	SCHADT-375	SCHADT- 975							
55-59 R	RAWN-365	FONTAINE- 245	RAWN-405	RAWN-995							
55-59 RC	RAWN-400	HUNT- 230	HUNT- 410	RAWN-1040							
55-59 E	DEFRANCISCO-385	DEFRANCISCO-255	DEFRANCISCO-400	DEFRANCISCO-1040							
60-64 R	CONYERS-540	CONYERS-380	CONYERS-600	CONYERS-1510							
60-64 SP	CONLIN-325	CONLIN-225	CONLIN-450	CONLIN-1000							
65-69 R	ROSEN-225	NISSIM- 205	ROSEN-335	ROSEN-700							

65-69 RC	DILIBERTO-240	DILIBERTO-175	DILIBERTO-315	DILIBERTO-730							
65-69 E	CONWAY- 305	CONWAY-170	CONWAY-435	CONWAY- 905							
70-74 R	SHAW- 370	SHAW-195	SHAW- 400	SHAW-965							
P-RC	ALTAMIRANO- 390	ALTAMIRANO- 255	ALTAMIRANO- 505	ALTAMIRANO- 1150							
P-R	BOVINO-400	BLOOM-345	HART- 540	BOVINO- 1215							
181											
11-12 R	DOLCI III-365	DOLCI III-215	DOLCI III-400	DOLCI III-980							
13-14 RC	TORANZO-320	TORANZO-185	TORANZO-350	TORANZO-855							
15-16 R	KUTIN-385	LOPEZ-275	KUTIN-500	LOMBARDI- 1110							
15-16 RC	TOVAR- 375	TOVAR- 205	TOVAR- 460	TOVAR- 1040							
17-19 R	TAYLOR- 450	CAVALLARO- 305	CAVALLARO- 585	CAVALLARO- 1315							
17-19 RC	BEREIT- 345	BEREIT-205	BEREIT-385	BEREIT-945							
JUNIOR R	HOFFMAN-500	GOMEZ- 330	GOMEZ- 575	GOMEZ- 1355							
JUNIOR RC	GOMEZ- 520	GOMEZ- 370	GOMEZ- 590	GOMEZ- 1480							
LIFETIME RC	GOMEZ- 520	GOMEZ- 370	GOMEZ- 590	GOMEZ- 1480							
OPEN R	PACHUTA- 560	PACHUTA- 370	PACHUTA-700	PACHUTA- 1630							
OPEN RC	GOMEZ-520	DUNCAN-410	GOMES-590	GOMEZ-1480							
SUBS R	HOLTER- 435	LYONS-315	LYONS-545	LYONS-1255							
SUBS RC	DUNCAN-445	DUNCAN-410	DUNCAN-565	DUNCAN-1420							
40-44 R	TAPIA-410	TAPIA- 290	TAPIA-505	TAPIA-1205							
45-49 R	BATISTA-425	BATISTA-315	BATISTA-550	BATISTA-1290							
45-49 RC	CARTER-400	CARTER-335	BOWERS- 500	BOWERS- 1125							
50-54 R	BOWERS- 410	BOWERS- 315	BOWERS- 545	BOWERS- 1240							
55-59 R	BOWERS-415	BOWERS- 300	BOWERS-550	BOWERS-1255							
55-59 RC	LIVOLSI-415	BOWERS-300	BOWERS-515	BOWERS-1200							
60-64 R	FIORISI- 295	FIORISI- 225	FIORISI- 350	FIORISI- 900							
60-64 E	GLAZER-475	GLAZER-255	GLAZER- 415	GLAZER-1145							
65-69 R	JACKSON-275	JACKSON-225	DILIBERTO-350	JACKSON-825							
65-69 RC	JACKSON-325	JACKSON- 245	KRISTOFF-400	JACKSON-920							
65-69 E	KOPLIN-355	KOPLIN- 235	KOPLIN- 375	KOPLIN- 965							

70-74 R	JACKSON-275	JACKSON-225	JACKSON-315	JACKSON- 815							
70-74 RC	JACKSON- 275	JACKSON- 225	JACKSON- 315	JACKSON- 815							
75-79 R	DICKERSON-300	DICKERSON- 240	NICOLAS-405	NICOLAS-895							
75-79 RC	DENNISON-350	DICKERSON- 240	DENNISON-490	DENNISON-1010							
80-84 R	NICHOLAS-260	NICHOLAS-195	NICHOLAS-350	NICHOLAS-805							
P-R	LYONS-395	BOVINO-320	LYONS-545	LYONS-1255							
P-RC	DUNCAN-445	DUNCAN-410	DUNCAN-565	DUNCAN-1420							
198											
15-16 RC	SPARKS-350	SPARKS- 220	SPARKS- 435	SPARKS- 1005							
15-16 R	POLLOCK-370	RAMOS-305	RAMOS-475	RAMOS-1140							
17-19 R	GRUBE-490	ALTAMURO-285	GRUBE-570	GRUBE-1310							
17-19 RC	TORNGA-425	ROMAN-300	SIERRA- 475	SIERRA- 1170							
JUNIOR R	HOFFMAN-570	HITE- 330	GUTIERREZ-590	HOFFMAN-1420							
JR-RC	HANEY- 400	HANEY- 250	BLAIR- 505	BLAIR- 1125							
OPEN RC	GOMEZ-540	GOMEZ-400	GERMAIN- 620	GOMEZ-1540							
OPEN R	CAPARONI- 600	DAWSON-365	DAWSON-660	DAWSON-1550							
OPEN SP	WILLIAMSON-490	WILLIAMSON-315	LANZILLOTTO-480	WILLIAMSON-1280							
LIFETIME R	GERRITY- 350	GERRITY- 305	GERRITY-475	GERRITY- 1130							
SUBS- R	HOLTER-500	PARKER-330	PARKER-600	PARKER-1360							
SUBS RC	SMITH- 300	SMITH- 230	SMITH- 420	SMITH- 950							
40-44 R	WATTS- 475	D'AGOSTINO- 350	WATTS-575	WATTS- 1320							
40-44 E	UPHOFF-335	UPHOFF-225	UPHOFF-405	UPHOFF-965							
45-49 R	CARTER-470	CARTER- 375	BATISTA- 575	BATISTA- 1340							
45-49 RC	DRIGGERS- 525	DRIGGERS- 390	DRIGGERS- 635	DRIGGERS- 1550							
45-49 SP	UPHOFF- 330	UPHOFF- 220	UPHOFF- 395	UPHOFF- 945							
50-54 R	SIRECI-425	CARTER-390	SADIV- 625	SADIV- 1335							
50-54 E	WILLIAMSON-450	WILLIMSON-310	WILLIMSON-490	WILLIAMSON-1250							
50-54 RC	FOX-475	CARTER-380	ST.FLEUR- 500	CARTER-1315							
55-59 E	MEYERS- 600	FULLER- 330	MEYERS- 675	MEYERS- 1565							
55-59 R	ST.FLEUR-420	HENSON-370	GROSS-565	ST.FLEUR- 1240							
55-59 RC	CATINA- 405	MURRAY-335	ST.FLEUR-505	MURRAY-1190							

60-64 R	ST.FLEUR- 405	ST.FLEUR-280	ST.FLEUR-485	ST.FLEUR-1155							
60-64 RC	ST.FLEUR- 380	ST.FLEUR- 265	ST. FLEUR- 470	ST. FLEUR- 1115							
60-64 SP	GLAZER- 500	GLAZER- 300	GLAZER- 430	GLAZER- 1230							
65-69 R	JACKSON-300	JACKSON-225	SEDORUS-370	JACKSON-875							
65-69 RC	JACKSON-325	GRESHAM- 270	GRESHAM- 385	GRESHAM- 970							
70-74 R	JACKSON-340	JACKSON-250	AMOROSO- 380	JACKSON-950							
70-74 RC	JACKSON-340	JACKSON-250	JACKSON-360	JACKSON-950							
70-74 SP	GRESHAM-350	GRESHAM-250	GRESHAM-375	GRESHAM-975							
75-79 R	NICHOLAS- 305	JACKSON- 245	SMITH-420	NICHOLAS- 925							
75-79 RC	CRAMER-285	JACKSON- 245	MILLER-340	MILLER-780							
75-79 SP	SCHAFFER-230	SCHAFFER-120	SCHAFFER-225	SCHAFFER-575							
POLICE R	HOJNACKI- 525	HOJNACKI- 350	RILEY-600	HOJNACKI- 1400							
POLICE RC	FORCINITO-425	CAREY- 325	CAREY- 580	CAREY- 1325							
220											
11-12 R	HARRISON-160	HARRISON-105	HARRISON-230	HARRISON-495							
13-14 R	BERNARDO-320	BERNARDO-160	BERNARDO-360	BERNARDO-840							
15-16 R	BERNARDO-390	TAYLOR-275	TAYLOR-600	TAYLOR-1325							
15-16 RC	SMITH-360	SMITH- 175	SMITH-425	SMITH- 960							
17-19 R	FANTOZZI- 435	FANTOZZI- 345	GRUDZINSKI-520	FANTOZZI- 1280							
17-19 RC	SMALLWOOD-500	SMALLWOOD- 355	SMALLWOOD- 605	SMALLWOOD- 1460							
JUNIOR R	GREATHOUSE-500	HADDAD-340	LOPEZ-610	GUTIERREZ-1410							
JUNIOR RC	CASIANO-550	CASIANO- 355	LOPEZ-605	CASIANO- 1445							
LIFETIME R	GISONDI- 315	GISONDI- 215	GISONDI- 470	GISONDI- 1000							
OPEN R	POWELL-600	POWELL-450	VANDERBOSH-705	POWELL-1700							
OPEN RC	SANTORELI- 525	BRAND-405	UHAA-650	BRAND-1490							
OPEN-E	FEWSTER-340	FEWSTER-315	FEWSTER-525	FEWSTER-1180							
OPEN- SP	MOORE-445	MOORE- 300	MOORE- 425	MOORE- 1270							
SUBS R	LITTLE-515	LITTLE-365	LITTLE-610	LITTLE-1490							
SUBS RC	WALKER- 525	WALKER- 340	WALKER- 630	WALKER- 1460							
40-44 R	WALDRON- 520	WALDRON-415	PARKER-635	WALDRON-1440							

40-44 RC	SMITH-545	CHANEY-370	CHANEY-605	SMITH- 1445							
45-49 R	MARTORINA-440	MARTORINA- 340	DERISI- 500	MARTORINA- 1230							
45-49 E	BAUER-550	BAUER-400	BAUER-505	BAUER-1455							
45-49 RC	BRADER-370	BRADER-235	BRADER-410	BRADER-1015							
50-54 R	BIGELOW-460	PARKS-350	SADIV- 615	PARKS-1310							
50-54 RC	CREGO-500	CREGO-345	CREGO-525	CREGO-1370							
50-54 SP	WILLIAMSON-490	WILLIAMS- 360	WILLIAMSON-500	WILLIAMSON-1300							
55-59 R	DUFFY- 465	MURRAY-370	DUFFY- 470	WILLIAMS-1265							
55-59 RC	MURRAY-400	MURRAY-360	CREGO-480	CREGO-1215							
55-59 E	GREENE- 460	GREENE- 315	GREENE- 480	GREENE- 1245							
60-64 R	LHOTA-445	WILLIAMS-345	LHOTA-490	WILLIAMS-1230							
60-64 SP	MANDELL-380	MANDELL-205	MANDELL-460	MANDELL-1045							
60-64 RC	KITCHING-400	KITCHING-315	KITCHING-460	KITCHING-1175							
65-69 SP	SCHWEDER-365	SCHWEDER-305	SCHWEDER-470	SCHWEDER-1120							
65-69 R	LHOTA-440	LHOTA-285	LHOTA-480	LHOTA-1190							
70-74 R	LHOTA-415	JACKSON-250	LHOTA-465	LHOTA-1125							
70-74 RC	JACKSON- 300	JACKSON-250	JACKSON- 350	JACKSON- 900							
75-79 R	AMOROSO-275	AMOROSO- 135	AMOROSO- 365	AMOROSO- 775							
80-84 R	AMOROSO- 255	AMOROSO- 135	AMOROSO- 340	AMOROSO- 730							
P/F/M-R	LOPEZ-460	PERRIN-345	LOPEZ-655	PERRIN-1430							
SPEC OLYM	WASHINGTON- 310	WASHINGTON- 295	WASHINGTON- 325	WASHINGTON- 860							
242											
11-12 R	SALVINI- 225	SALVINI- 135	SALVINI- 260	SALVINI- 620							
13-14 R	BERNARDO-330	BERNARDO-165	BERNARDO-375	BERNARDO-870							
15-16 RC	MUMAW-430	MUMAW-315	MUMAW-525	MUMAW-1270							
17-19 R	ALTAMURO-600	ALTAMURO- 370	ALTAMURO- 750	ALTAMURO- 1720							
17-19 RC	ELSAYED- 425	ELSAYED- 250	ELSAYED- 500	ELSAYED- 1175							
17-19 E	SEABROOKS-590	SEABROOKS-350	SEABROOKS-585	SEABROOKS-1525							
COLLEGIATE R	WHITESIDE-425	WHITESIDE-245	WHITESIDE-455	WHITESIDE-1125							
JUNIOR-R	ALTAMURO- 605	ALTAMURO-360	ALTAMURO-705	ALTAMURO-1670							
JUNIOR RC	YOUNG-525	YOUNG-370	YOUNG-640	YOUNG-1535							

LIFETIME R	DUFFY-565	DUFFY- 365	DUFFY- 625	DUFFY- 1555							
OPEN-R	DAVENPORT-635	MCGERTRICK-415	LANDOLINA-690	DUFFY-1690							
OPEN RC	ARNOLD-650	ALLEN-405	ARNOLD-620	ARNOLD- 1645							
SM-R	TAMBURRI-455	KWEDER-355	TAMBURRI-555	TAMBURRI-1340							
40-44 R	LANDOLINA-585	REESE- 385	LANDOLINA-690	LANDOLINA-1620							
40-44 RC	RUSNAK-490	RUSNAK-305	RUSNAK-505	RUSNAK-1300							
45-49 R	LANDOLINA-560	SELLERS-385	LANDOLINA-665	LANDOLINA-1550							
45-49 RC	BIGELOW-460	BIGELOW-335	JUREWICZ-535	JUREWICZ-1285							
45-49 SP	ANTIL-465	ANTIL- 365	ANTIL- 405	ANTIL- 1235							
50-54 R	PARKS-525	MURRAY-370	PARKS-565	PARKS-1435							
50-54 RC	DERISI- 530	ROLON-375	ROLON-625	ROLON- 1425							
55-59 R	WILLIAMS-515	WILLIAMS-360	WILLIAMS-500	WILLIAMS-1375							
55-59 RC	PHILMON-580	PHILMON-405	PHILMON-705	PHILMON-1690							
60-64 R	WILLIAMS-475	MATTHEWS- 395	MATTHEWS-605	MATTHEWS-1450							
60-64 RC	WILLIAMS-480	WILLAIMS-335	WILLIAMS-485	WILLIAMS-1300							
60-64 SP	HARRIER- 405	HARRIER- 185	HARRIER- 415	HARRIER- 1005							
65-69 R	WALKER-330	WALKER-380	GISONDI-470	WALKER-1135							
65-69 RC	MAGUIRE- 220	MAGUIRE-220	MAGUIRE- 300	MAGUIRE- 740							
70-74 RC	MAGUIRE- 225	MAGUIRE-225	MAGUIRE- 325	MAGUIRE-775							
P-RC	ARNOLD-650	CRAMER- 385	ARNOLD- 620	ARNOLD-1645							
P-R	LANDOLINA-585	LANDOLINA-345	LANDOLINA-690	LANDOLINA-1620							
P-RC	SEMIRAMIS-530	SEMIRAMIS-315	LOPEZ- 650	LOPEZ- 1430							
P-E	SEMIRAMIS- 495	SEMIRAMIS- 325	SEMIRAMIS- 505	SEMIRAMIS- 1325							
SO-R	WASHINGTON-365	WASHINGTON-280	WASHINGTON-365	WASHINGTON-1000							
275											
13-14 RC	SALVINI-350	SALVINI-190	SALVINI-315	SALVINI-810							
17-19 R	RAMIREZ-415	KYLYVNYK-300	KYLYVNYK-500	KYLYVNYK-1205							
JR-R	ALTAMURO-675	ALTAMURO-415	ALTAMURO- 755	ALTAMURO-1800							
LIFETIME R	SIMSUANGCO- 510	SIMSUANGCO- 365	SIMSUANGCO- 625	SIMSUANGCO- 1500							
OPEN R	BOSTICK- 630	COLLINS- 435	BOSTICK- 715	BOSTICK- 1770							
OPEN-RC	FRANCIS- 850	RUSSELL-480	RUSSELL-680	FRANCIS- 1925							

OPEN DP	DURSE- 700	DURSE- 460	DURSE- 580	DURSE- 1740							
SUBS-R	KELLOGG-495	KELLOGG-405	BALDWIN- 580	KELLOGG-1450							
SUBS RC	JONES-605	JONES- 405	JONES-600	JONES-1610							
SUBS SP	LENZI-460	LENZI- 265	LENZI- 425	LENZI- 1075							
SUBS DP	DURSE-700	DURSE- 460	DURSE- 580	DURSE- 1740							
40-44 R	GREGG-515	REESE-405	BIGELOW-540	CROWELL-1385							
40-44 RC	RATKAY-600	RATKAY-350	ALI-665	ALI- 1615							
45-49 R	RAY-545	JACKSON-405	RAY-605	RAY- 1485							
45-49 RC	KILLICH-500	KILLICH-245	KILLICH-400	KILLICH-1145							
45-49 SP	COCHRAN-500	COCHRAN- 425	ANTIL- 485	COCHRAN- 1385							
50-54 R	RAY-485	RAY-355	CONDRAD-500	RAY-1310							
50-54 RC	PRATHER-500	MALPHURS-295	MALPHURS-550	MALPHURS-1320							
55-59 R	SMITH-530	GISONDI- 370	GISONDI- 600	GISONDI- 1430							
55-59 RC	FRANCIS- 850	FRANCIS- 400	FRANCIS- 675	FRANCIS- 1925							
60-64 E	HARRIER-315	HARRIER-395	HARRIER-275	HARRIER-985							
60-64 R	SMITH- 540	SMITH-360	GISONDI- 540	SMITH-1425							
65-69 R	LUGO-335	LUGO- 250	LUGO- 370	LUGO- 910							
65-69 RC	BUCCHIONI- 335	BUCCHIONI- 260	BUCCHIONI- 510	BUCCHIONI- 1105							
P/F/M-R	YORK-445	YORK-355	YORK-455	YORK-1255							
P-R	LOPEZ- 640	LOPEZ- 370	LOPEZ- 640	LOPEZ- 1470							
P-RC	YORK- 490	YORK- 360	YORK- 515	YORK- 1365							
P-E	HARRIER-315	HARRIER-395	HARRIER-275	HARRIER-985							
SO-R	WASHINGTON-315	WASHINGTON-290	WASHINGTON-400	WASHINGTON-1005							
308											
15-16 R	LENZI-335	LENZI- 220	LENZI- 405	LENZI- 925							
17-19 R	NAZARIO-500	GRAMBLE-335	GRAMBLE-585	GRAMBLE- 1405							
JUNIOR R	ALTAMURO-685	ROBERTS-420	ALTAMURO-760	ALTAMURO-1865							
LIFETIME-R	ANDERSON- 675	MCGERTRICK- 470	MCGERTRICK-655	MCGERTRICK-1760							
OPEN R	STOTE-720	MCGERTIRCK- 470	STOTE-670	STOTE-1810							
OPEN RC	BERTHA-375	BERTHA-250	BERTHA-500	BERTHA-1125							
SUBS-R	BOYD-585	SLATE-465	BOYD- 565	SLATE-1515							

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THESE ARE NATIONAL RECORDS FOR SPECIALIST ONLY, NOT FULL POWER MEET LIFTERS											
IF YOU DO NOT SEE A RECORD IN YOUR CLASS IT SIMPLY MEAN WE DO NOT HAVE A RECORD IN YOUR CLASS.											
SP/E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY											
	BENCH PRESS ONLY NATIONAL RECORDS										
WT. CLASS	BENCH		WT. CLASS	BENCH			WT. CLASS		BENCH		
123			165				181				
13-14 R	BRINSON-135		15-16 R	McCLAIN- 275			17-19 R		FARINARO-290		
			17-19 R	NEWHOUSE-225			COLLEGIATE R		PILZ-285		
132			JR-R	MARINO-260			JUNIOR R		HITE-320		
15-16 SP	CLARK-175		OPEN R	LENO-335			OPEN R		WILLIAMS-440		
15-16 R	HODSON-130		SUBS R	PULIDO-315			SUBS R		PELLICANO-325		
17-19 R	McDONALD- 225		40-44 R	BLOOM-330			40-44 R		PELLICANO=325		
O-R	NASOR-190		45-49 R	STRINGA-335			45-49 R		WILLIAMS,J-425		
50-54 R	EDWARDS- 225		50-54 R	STRINGA-320			50-54 R		HENSON- 340		
55-59R	EDWARDS-220		55-59 SS	DUNN-320			50-54 SS		GATINELLA- 400		
65-69 R	BARRECA-130		55-59 R	DUNN- 315			55-59 E		PHILLIPS-270		
			60-64 R	LEGG-200			55-59 SS		GATTINELLA- 315		
148			65-69 SP	KOPLIN- 185			55-59 R		BRENDLINGER-315		
13-14 R	MCCLAIN-185		65-69 R	CAMPAGNA-330			60-64 R		MURAWSKI- 315		

15-16 R	FRANCO- 235		70-74 R	LABATE- 205			65-69 R		JACKSON-215	
17-19 R	MCONALD- 300		75-79 R	DICKERSON-225			70-74 R		CAMPAGNA-330	
JR-R	BROWN-240		80-84 R	DICKERSON-245			75-79 R		DICKERSON-250	
O-R	COLLINGTON- 350		90-94 R	WEISS-75			80-84 R		DICKERSON-250	
SM-R	LEE-260		P-R	BLOOM-330			P/F/M-R		BROWN-235	
40-44 R	BLOOM-345		DISABLED	SCAGGS-70			SO- R		SCAGGS- 75	
45-49 R	LIVOLSI- 240									
50-54 R	BUTLER- 190									
50-54 SS	KATTOUF-190									
60-64 R	PAGANO-255									
P-R	BLOOM-345									
WT. CLASS	BENCH		WT. CLASS	BENCH			WT. CLASS		BENCH	
198			220	BENCH			242			
15-16 R	DOLCE- 250		13-14 R	NITZ-160			13-14 R		TYSON- 245	
17-19 R	QUARM- 260		15-16 R	NARVIET- 275			15-16 R		TYSON- 305	
JUNIOR R	HITE- 330		17-19 R	HENDERSON-325			17-19 R		JOHNSON-330	
OPEN R	WILLIAMS- 435		JUNIOR R	HADDAD- 340			JUNIOR R		BARTHOLOMEW-375	
OPEN SP	BEASLEY-335		JUNIOR E	FEWSTER-350			LIFETIME R		MANCUSO- 365	
SUBS-R	GITTO-340		SUBS-R	WALLACE- 360			LIFETIME SP		MERRY- 345	
40-44 R	PELLICANO-340		OPEN R	BURTON- 420			OPEN R		DIXON-460	
40-44 SS	PELLICANO-370		OPEN SS	BOWEN- 480			OPEN-SP		WARD-395	
45-49 R	CARTER-385		40-44 R	CARTER- 415			SM-R		EICHHORN-375	
45-49 SS	UPHOFF- 250		45-49 R	CARTER-415			40-44 R		HENDERSON-395	
50-54 R	WILLIAMS- 435		45-49 E	WEINSTEIN-440			40-44 SS		SCIRE- 485	
50-54 SS	LaSCOLEA- 315		45-49 SS	CARTER- 475			45-49 R		CARTER-420	
55-59 R	EHRHARDT-375		50-54 SS	CARTER-490			45-49 SS		SCIRE-500	
55-59 SS	ERDOGAN-250		50-54 R	CARTER- 435			45-49 SP		SWIRPLE-430	
55-59 E	DIAZ-225		50-54 SP	WHITEHEAD- 315			50-54 SP		MERRY- 345	
60-64 R	CHRISSIS- 370		55-59 R	MURRAY-370			50-54 R		JACOBS- 435	
65-69 R	FRANKLIN-250		55-59 SP	PLUMMER-400			55-59 R		JACOBS-435	
65-69 DP	BENFORD-390		55-59 SS	GREENE-315			55-59 SP		HALL-365	
70-74 R	HANSBERRY- 260		60-64 R	CHRISSIS-375			55-59 SS		CAFFREY-275	

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75-79 R	JARBOE- 265										
P-E	DIXON-475										
P-R	CARSON- 500										
DEADLIFT ONLY NATIONAL RECORDS		IF YOU DO NOT SEE A RECORD IN YOUR CLASS IT SIMPLY MEAN WE DO NOT HAVE A RECORD IN YOUR CLASS.									
SP/E- EQUIPPED, R- RAW, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY											
WT	DEADLIFT		WT	DEADLIFT			WT		DEADLIFT		
60			148				181				
7-8 R	LEE-100		15-16 R	ANDERSON- 345			COLLEGIATE R		STEWART-350		
			17-19 R	PITTMAN- 485			JUNIOR R		NAZARIO- 680		
			17-19 E	PITTMAN- 485			OPEN R		NAZARIO-700		
75			O-R	PITTMAN- 485			SUBS R		HOLTER-450		
9-10 R	FORD-150		SM-R	HANLON- 470			40-44 R		COLONDRILLO-465		
			40-44 R	HANLON-545			50-54 R		WOOD- 455		
114			60-64 R	FREIDES-365			50-54 E		GREGORY- 520		
13-14 R	HARRIER-175		70-74 R	LITTLE-335			55-59 R		WOOD- 475		
O-R	WEST-80						55-59 E		HAMSHER- 460		
			165	DEADLIFT			60-64 E		MANZO-465		
123			15-16 R	JONES- 465			60-64R		IOVINELLA-420		
13-14 R	BRUNSON- 210		17-19 R	EBERLY-415			65-69R		MEYER-400		
			JR-R	FREEMAN-450			65-69 E		MEYERS- 650		
132			OPEN R	HART-590			70-74 R		DENNISON- 540		
9-10 R	LENZI- 135		40-44 R	HART-585			70-74 E		DENNISON-530		

15-16 R	HODSON-245		45-49 R	HART-590			75-79 R		NICHOLAS- 380	
15-16 E	CLARK-350		45-49 E	MCVANEY- 555			80-84 R		NICHOLAS- 350	
17-19 R	NASOR- 350		50-54 R	BEHAR-530			85-89 R		STEWART- 135	
O-R	NASOR-350		50-54 E	GREGORY- 500						
			55-59 R	BEHAR- 520						
			55-59 E	MCVANEY-425						
			60-64 R	CONLIN-450						
			65-69 R	PHILLIPS- 380						
			65-69 E	CONWAY-435						
			70-74 R	DENNISON-530						
			70-74 E	DENNISON-520						
			75-79 R	DICKERSON-155						
			75-79 E	DENNISON- 540						
			P-R	HART- 540						
198	DEADLIFT		220	DEADLIFT			242		DEADLIFT	
15-16 R	LARSON-380		17-19 R	HENDERSON-520			13-14 R		MYERS- 215	
17-19 R	CARDONA-525		JR R	BELL-680			JR- R		YOUNG-640	
JUNIOR R	LUCAS- 590		O-R	WALKER- 615			LT- R		CAFFREY- 415	
OPEN R	HASTINGS- 610		O-E	ELEUTERI- 455			OPEN-R		RAMEAU-670	
SUBS R	McLENDON-530		SM-R	WALKER- 630			SUBS R		MASSROCK- 555	
40-44 R	MCLENDON-550		40-44 R	SMITH- 550			40-44 R		MASSROCK-545	
40-44 E	SHETLER-415		45-49 R	THOMAS- 565			45-49 R		DANIELS- 605	
45-49 R	JACKSON- 485		50-54 R	SADIV- 615			50-54 R		ROLON-625	
50-54 R	SADIV- 640		50-54 E	ERDOGAN-455			50-54 E		DIBELLA 550	
55-59 E	DIAZ-440		55-59 R	KRASOWSKI- 560			55-59 R		ROLON-640	
55-59 R	LOPEZ-600		55-59 E	GREENE-420			60-64 R		ROLON-575	
60-64 E	MEYERS-705		60-64 R	CHRISSIS-465			65-69 R		MASSROCK-485	
60-64 R	RUIZ- 575		60-64 E	ELEUTERI- 455			65-69 E		MASSROCK- 500	
65-69 R	KITCHING-405		65-69 R	CHRISSIS- 470			70-74 R		BURTON- 465	
65-69 E	MEYERS-640		70-74 R	BURTON-445			75-79 R		BURTON-375	
70-74 R	DENNISON- 525		75-79 R	BURTON-460			P/F/M- E		MASSROCK- 500	
75-79 R	MILLER-340		P-R	WALL-460			P/F/M-R		MASSROCK-485	

55-59 SP	MCVANEY-570		220	SQUAT			275		SQUAT		
			O-R	CAFFREY-405							
			O-DP	GROOMS-550			OPEN-R		HADDAWAY-485		
181	SQUAT		SM-R	LITTLE- 515			OPEN- RC		NGUYEN- 405		
			45-49 R	MALTEZOS-535			SUBS-E		LENZI-460		
COLLEGIATE- R	HOFFMAN- 500		45-49 RC	MALTEZOS- 540			40-44 R		HADDAWAY-480		
JR-R	HOFFMAN- 500		45-49 DP	MALTEZOS-580			45-49 R		JACKSON- 425		
75-79 R	DICKERSON-200		50-54 E	PHIEFFER-385			50-54 R		EDGERTON- 465		
			50-54 DP	MALTEZOS- 550			50-54 RC		BECK-340		
			50-54 RC	MALTEZOS-520							
			55-59 R	PEAK- 415							
			55-59 E	SCHLEICH- 500							
			70-74R	SMITH-300							
			P/F/M- RC	PFEIFFER-355							
			P/F/M- E	PFEIFFER-370							
			P/F/M- R	PFEIFFER-375							
SHW	SQUAT										
40-44 E	WILSON-520										
45-49 E	WILSON-535										
NATIONAL BENCH FOR REPS RECORDS											
75	REPS		181	REPS			220		REPS		
9-10*	FORD-32		O	WILLIAMS-50			JR		GISONDI, C- 7		
			JR	MOTLEY-18			O		BURTON- 36		
132	REPS		SM	ALVEREZ-31			40-44		SELLERS- 30		
OPEN	EDWARDS-16		40-44	BARRON- 25			50-54		DRISDOM- 28		
55-59	EDWARDS-23		45-49	WILLIAMS, J-45			55-59		EHRHARDT-23		
			50-54	GATTINELLA-29			65-69		HERBST- 15		

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SHW	REPS										
O	LOUALLEN-28										
45-49	LOUALLEN-28										
NATIONAL STRICT CURL											
90	STRICT CURL		181	STRICT CURL			242		STRICT CURL		
9-10*	WEEDEN-50		0	TSAMALAI DZE- 130			17-19		QUARM-100		
			40-49	CLARKE- 110			O		CLARKE-180		
			60-69	ROLLINS- 140			LT		CLARKE- 175		
114	STRICT CURL						40-49		CHILDS-160		
O	WEST-45						60-69		PITTMAN-140		
			198	STRICT CURL			70-79		FEENEY-110		
			O	BROWN-165							
			50-59	COLONDRILLO-135							
			60-69	ROLLINS-140							
123	STRICT CURL		70-79	JACKSON-115			275		STRICT CURL		

9-10	LENZI-20		80-89	SECCHIUTTI-75			O		BIGGS-160	
							40-49		BIGELOW-140	
							50-59		ROBERTSON-170	
148	STRICT CURL		220	STRICT CURL			60-69		ROBERTSON-160	
O	MORROW-140		LT	CLARKE-170			70-79		FEENEY- 105	
40-49	DUBOSE- 115		O	CLARKE- 175						
60-69	BARIECA-75		40-49	TOWNE- 125			308		STRICT CURL	
			50-59	WHITEHEAD- 140			O		WILSON- 215	
165	STRICT CURL		60-69	NASH- 105			40-49		PUNDAY-130	
15-16	FARLEY-115		80-89	TURNER-90			60-69		BRADFORD-145	
O	ORSENO-145									
40-49	ORSENO-145									
50-59	WALSH-130						SHW		STRICT CURL	
							40-49		WHITING- 150	
NATIONAL POWER CURL RECORDS										
132	POWERCURL		220	POWERCURL			SHW		POWERCURL	
60-69	BARRECCA-90		11-12*	HARRISON-65			O		PETERSON- 165	
			13-14	NITZ-100			40-49		DAVID- 210	
148	POWERCURL		O	CLARKER-185						
O	ALDARONDO- 130		40-49	SELLERS- 160						
40-49	TOWNE- 125		50-59	LOOMIS-155						
50-59	WHITEHEAD- 140		60-69	LEVINE- 130						
60-69	NASH- 105		70-79	SLADE-110						
80-89	TURNER-90									
			242	POWERCURL						
165	POWERCURL		O	CLARKE- 180						
O	HANLON- 140		40-49	FENIELLO-185						

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132	15-16 E	CLARK-175	CLARK-350	CLARK-525							
	15-16 R	ADAMS-115	ADAMS- 225	ADAMS- 340							
	17-19 R	DUNAWAY-165	ADAMS- 300	ADAMS-435							
	JR-R	KUTT-265	KUTT-395	KUTT-660							
	O-R	KUTT-305	KUTT-395	KUTT-700							
	65-69 R	BARECCA-130	BARECCA-315	BERACCA-445							
	70-74 R	BARECCA-130	BARECCA-315	BARECCA- 445							
148	11-12 R	DOLCI-175	DOLCI-350	DOLCI- 525							
	13-14 R	JONES-160	HOLLAND- 315	HOLLAND- 465							
	15-16 R	REESE-225	ANDERSON- 345	REESE-555							
	17-19 R	HODSON-185	ADAMS- 320	HODSON- 535							
	JR-R	BARRON-235	BARRON-355	BARRON-590							
	O-R	ALDARONDO-295	ALDARONDO-445	ALDARONDO-740							
	60-64 R	BARRECA-170	BARRECA- 355	BARRECA- 515							
	P-R	ALDARONDO- 280	ALDARONDO- 420	ALDARONDO- 700							
165	11-12 R	MAYNARD- 105	MAYNARD-175	MAYNARD-280							
	15-16 R	POPA-230	POPA-415	POPA-645							
	17-19 R	MCWELL JR-185	MCWELL JR-340	MCWELL JR-525							
	JR-R	FREEMAN-280	FREEMAN-500	FREEMAN-780							
	O-R	COPPOLA- 320	FREEMAN-480	FREEMAN-745							
	55-59 R	HUNT-250	HUNT-425	HUNT-665							
	60-64 R	PHILLIPS- 200	PHILLIPS- 370	PHILLIPS- 570							
	65-69R	PHILLIPS-195	PHILLIPS-380	PHILLIPS-565							
	75-79 R	DICKERSON-220	DICKERSON-155	DICKERSON-375							
181	15-16 R	FIELD-185	FIELD-315	FIELD-500							
	17-19 R	CISNEROS- 275	CISNEROS- 525	CISNEROS- 800							
	O-R	PACHUTA- 355	PACHUTA- 585	PACHUTA- 940							
	JR-R	LIPSCOMB-335	LIPSCOMB-550	LIPSCOMB-885							
	SM-R	LYONS-315	LYONS-545	LYONS-860							

	40-44 R	PELLICANO- 325	REESE- 365	PELLICANO-690							
	50-54 R	WHEELER- 220	WHEELER- 375	WHEELER- 590							
	55-59 R	HUNT-260	HUNT-415	HUNT-675							
	60-64 R	PHILLIPS-200	PHILLIPS-360	PHILLIPS-560							
	65-69 R	JACKSON-215	JACKSON-320	JACKSON-535							
	70-74 R	MILLER-180	MILLER-340	MILLER-520							
	75-79 R	DICKERSON- 250	DICKERSON- 340	DICKERSON-565							
	80- 84 R	NICHOLAS- 195	NICHOLAS- 350	NICHOLAS- 545							
	P-R	LYONS-300	LYONS-500	LYONS-800							
198	17-19 R	PARHAM-185	PARHAM-365	PARHAM-550							
	JR-R	KELEMEN-340	GODFREY-500	KELEMEN-825							
	O-R	BROWN-430	GATES-585	BROWN-940							
	SM-R	CHANEY- 360	CHANEY-505	CHANEY- 865							
	40-44 R	REESE- 275	REESE- 405	REESE- 680							
	40-44 SP	UPHOFF- 225	UPHOFF- 405	UPHOFF- 630							
	45-49 SP	UPHOFF-250	UPHOFF-400	UPHOFF-660							
	45-49 R	CARTER-385	CARTER-505	CARTER-895							
	50-54 R	CARTER-375	SADIV- 640	SADIV- 945							
	55-59 SP	GILLUM-350	GILLUM-375	GILLUM-725							
	60-64 SP	VOGEL- 165	VOGEL- 230	VOGEL- 395							
	60-64 R	CHRISSIS- 365	CHRISSIS- 455	CHRISSIS- 820							
	65- 69 R	DEAMICIS- 205	DEAMICIS- 400	DEAMICIS- 605							
	65-69 SP	FLOWERS-275	FLOWERS-345	FLOWERS-620							
	70-74 R	JACKSON-250	JACKSON-360	JACKSON-610							
	75-79 R	MILLER-195	MILLER-340	MILLER-780							
	P-R	ZICHA-330	ZICHA-525	ZICHA- 855							
220	15-16R	HENDERSON- 250	HENDERSON- 475	HENDERSON- 725							
	JR-R	BELL-370	BELL- 680	BELL- 1030							
	O-R	CARTER-410	ACEVADO-605	SIMPSON-990							
	SM-R	LITTLE-365	LITTLE-610	LITTLE-975							

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