



CALIFORNIA STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties; you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specializes in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, C- COLLEGIATE, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos, but kilos will be converted into pounds.....

FULL MEET RECORDS	SQ	BP	DL	TOTAL
WOMEN				
NO RECORDS POSTED				
MEN				
220	STARR-385	STARR-285	STARR-485	STARR-1145
SPECIALIST				
BENCH PRESS ONLY		DEADLIFT ONLY		
WOMEN		WOMEN		
NO RECORDS POSTED		NO RECORDS POSTED		

MEN			MEN		
SQUAT ONLY			POWERCURL		
NO RECORDS POSTED			275	AFARO	115
BENCH FOR REPS					
NO RECORDS POSTED					