

WNPFL FLORIDA POWERLIFTING CHAMPIONSHIPS

MERRITT ISLAND, FL

1.21.23

DIRECTOR: WILLY WILCOX

NAME		AGE	WT.CLASS	STATE	DIVISION	SQ	BP	DL	TOTAL	CURL
HAILEY UNDERWOOD		15	97	FL	W-15-16 R	165	85	205	455	
RIVER DENNIS		16	148	FL	15-16 R	320	200	415	935	
HANNAH ROGERS		17	165	FL	W-17-19 R	245	125	320	690	
NAOMI GRAY		15	181	FL	W-15-16 R	215	135	300	650	
LUCAS POLLACK		15	181	FL	15-16 R	345	210	435	990	
ASHER ANDERSON		16	198	FL	15-16 R	NO SHOW				
JOHN MITSOPOULOS		79	198	FL	75-79SS		230			
JOHN MITSOPOULOS		79	198	FL	75-79 R		180			
TIM LENGUYEN		18	198	FL	17-19 R	NO SHOW				
TYLER SCOTT		16	198	FL	15-16 R	195	175	335	705	
TOMMY PUNDAY		20	220	FL	JR/O-R		205	365		

MARIO RAMIREZ		25	220	FL	O-R	385	285	480	1150	
MARIO RAMIREZ		25	220	FL	O-R			480		
MARIO RAMIREZ		25	220	FL	O-R		285			
MARIO RAMIREZ		25	220	FL	O-R		285	480		
MARIO RAMIREZ		25	220	FL	O					150
JIM BURTON		74	242	FL	70-74 R			445		
JAMES BOURNE		18	242	FL	17-19 R			375		
JUSTIN SHUMAN		30	275	FL	O-R	410	315	405	1130	
JIM PUNDAY		48	308	FL	45-49 R			500		
JIM PUNDAY		48	308	FL	40-49					175
BILL BRADFORD		64	308	FL	60-69/O					170

BEST LIFTERS- RIVER DENNIS, MARIO RAMIREZ & JIM PUNDAY

TEAM CHAMPS- FITNESS CLUB MERRITT ISLAND- LOU MANLEY & FRANK BUZZO