



North Carolina State Powerlifting Records

The following section presents the official powerlifting records for the state of North Carolina. If a record is not listed in a specific division, it indicates there is currently no record established for that category. Please note that record ties are not posted; a lifter must surpass the existing record for a new one to be recognized.

Record Categories & Definitions

- **Powerlifting:** Records are based on the combined total of all three lifts.
 - **Specialist:** Applies to lifters who specialize in a particular lift.
 - **Division Abbreviations:**
 - **E:** Equipped
 - **R:** Raw- knee sleeves
 - **RC:** Raw Classic- knee wraps
 - **W:** Women
 - **JR:** Junior
 - **O:** Open
 - **SP:** Single ply
 - **DP:** Double ply
 - **SS:** Slingshot
 - **N:** Novice
 - **JR-** Junior

Records are listed in pounds and/or kilos, with kilos converted into pounds for consistency.

Full Powerlifting Records

WOMEN'S

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
114	O-R	SEAMANS-205	SEAMANS-100	SEAMANS-260	SEAMANS-555
132	O-R	TILLER-305	TILLER-130	TILLER-325	TILLER-760
148	JR-R	WILLIAMS-205	WILLIAMS-125	WILLIAMS-300	WILLIAMS-630
	NV-R	SUTTON-225	SUTTON-110	SUTTON-255	SUTTON-590
165	O-R	KOBSIK-235	KOBSIK-125	KOBSIK-305	KOBSIK-665
181	NV-RC	McCAULLEY-250	McCAULLEY-125	McCAULLEY-305	McCAULLEY-680
	O-RC	CLAY-265	CLAY-135	CLAY-300	CLAY-700
SHW	JR-R	NEESMITH-225	NEESMITH-65	NEESMITH-285	NEESMITH-575
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
SHW	JR-R	NEESMITH-65	SHW	JR-R	NEESMITH-285
SQUAT ONLY					
WOMEN					
SHW	17-19R	NEESMITH-205			
	JR-R	NEEMSITH-255			

Men’s Records

MEN					
POWERLIFTING					
132	O-R	FLORES-315	COLLINGTON-360	FLORES-365	FLORES-855
165	O-R	COOPER-390	COOPER-295	COOPER-525	COOPER-1205
	O-RC	KNEUT-430	KNEUT-250	KNEUT-475	KNEUT-1155
181	O-RC	MILLER-480	MILLER-390	MILLER-585	MILLER-1455
	P-R	JONES-390	JONES-240	JONES-410	JONES-1040
198	JR-R	POLLARD-440	POLLARD-310	POLLARD-485	POLLARD-1235
	JR-RC	SEMAAN-470	SEMAAN-305	SEMAAN-500	SEAMANN-1275
	O-RC	MOZINGO-420	MOZINGO-275	MOZINGO-515	MOZINGO-1210
	60-64 SP	LANGENFELD-340	LANGENFELD-235	LANGENFELD-380	LANGENGELD-955
	P-R	RILEY-465	RILEY-310	RILEY-600	RILEY-1375
	P-RC	RILEY-425	RILEY-300	RILEY-525	RILEY-1250
220	17-19R	ROCHELLE-415	ROCHELLE-315	ROCHELLE-475	ROCHELLE-1205
	O-R	KOENIG-450	KOENIG-320	KOENIG-550	KOENIG-1320
	O-RC	CUE-445	CUE-295	CUE-520	CUE-1260
	60-64 SP	LANGENFELD-355	LANGENFELD-255	LANGENFELD-405	LANGENFELD-1010
242	O-R	HOLLAND-500	HOLLAND-255	HOLLAND-500	HOLLAND-1255
	O-RC	GIBSON-605	GIBSON-330	GIBSON-605	GIBSON-1520
	50-54 SP	MAULDIN-400	MAULDIN-340	MAULDIN-480	MAULDIN-1220
275	O-E	RIDENHOUR-540	RIDENHOUR-420	RIDENHOUR-530	RIDENHOUR-1490
	40-44R	GAEGAN-445	GAEGAN-335	GAEGAN-455	GAEGAN-1235
308	O-RC	EVERHART-650	EVERHART-520	EVERHART-600	EVERHART-1770

Men's Specialist Records					
BENCH ONLY			DEADLIFT ONLY		
MEN			MEN		
132	O-R	COLLINGTON-360	165	JR-R	COURTNEY-375
148	O-R	COLLINGTON-350			
			198	55-59R	REID-525
165	JR-R	KOPEL-245			
			220	JR-R	POOL-500
181	17-19R	JACKSON-190		55-59R	REID-550
	JR-R	ANDREWS-300			
			308	45-49R	DAVID-660
198	O-R	DIAZ-300			
	55-59R	REID-415	SHW	40-44R	WHITING-385
	70-74SP	ELLIOTT-285		45-49R	WHITING-470
	70-74SS	ELLIOTT-275			
	75-79SS	ELLIOTT-285			
			POWERCURL		
220	55-59R	REID-445	165	O	KOPEL-130
			SHW	45-49	DAVID-230
242	55-59E	HALL-365		O	DAVID-230
	60-64E	HALL-355			
	JR-R	FIGUEROA-275			
275	60-64SP	HALL-330			
	65-69 SP	HALL-280			
308	45-49R	DAVID-450			

Bench for Reps and Strict Curl Records

BENCH FOR REPS			STRICT CURL		
165	O	WALSH-20	165	O	WALSH-130
181	JR	JACKSON-7			
198	O	DIAZ-17	242	O	PITTMAN-140
	55-59	REID- 31		60-69	PITTMAN-140
220	55-59	REID-35			
			SHW	40-49	WHITING-150

Ironman Division Records

IRONMAN					
WT	DIV	BENCH	DEADLIFT	TOTAL	
198	17-19 R	PARHAM-185	PARHAM-365	PARHAM-550	
220	JR-R	VILLEGAS-295	VILLEGAS-560	VILLEGAS-855	
275	65-69 SP	HALL-280	HALL-340	HALL-620	
SHW	45-49 R	DAVID-450	DAVID- 660	DAVID- 1110	