



## **MICHIGAN STATE RECORDS**

***If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.***

***POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift***

***E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY***

***Records will be in pounds and/or kilos but kilos will be converted into pounds.....***

### **FULL POWERLIFTING RECORDS**

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
114	13-14 R	GOLAB-125	GOLAB-75	GOLAB-200	GOLAB-400
165	15-16R	LEWIS-175	LEWIS-75	LEWIS-200	LEWIS-450
MEN					
148	17-19 RC	BERRY-200	BERRY-135	BERRY-275	BERRY-610
	17-19 R	BERRY-165	BERRY-135	BERRY-225	BERRY-525

181	60-64 SP	KOPLIN-350	KOPLIN-250	KOPLIN-400	KOPLIN-1000
	65-69 E	KOPLIN-355	KOPLIN-235	KOPLIN-380	KOPLIN- 965
	65-69 RC	KOPLIN-290	KOPLIN-195	KOPLIN-355	KOPLIN-840
198	17-19 R	BURT-355	BURT-205	BURT-455	BURT-1015
	45-49 R	BURT-330	BURT-175	BURT-385	BURT-875
	50-54 R	BURT II-305	BURT II-210	BURT II-410	BURT II-860
220	17-19 R	BURT-385	BURT-225	BURT-500	BURT-1110
	50-54R	GOLAB-370	GOLAB-285	GOLAB-415	GOLAB-1070
242	15-16 R	GOLAB-300	GOLAB-185	GOLAB-300	GOLAB-785
	17-19 R	GOLAB-375	GOLAB-210	GOLAB-375	GOLAB-960
	JR-R	BURT-425	BURT-230	BURT-505	BURT-1160
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
			NO RECORDS POSTED		
MEN			MEN		
165	65-69 SP	KOPLIN-185			
181	65-69 SP	KOPLIN-190			
242	45-49 SP	SWIRPLE-430	198	50-54 R	GOLAB-405
				60-64 R	RUIZ-575
275	45-49 R	MATTHEWS- 360	220	55-59R	WARD-540
			STRICT CURL		
			275	40-49	MATTHEWS- 160
BENCH FOR REPS					
NO RECORDS POSTED					
IRONMAN					

