

WEST VIRGINIA STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift
E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

	SQ	BP	DL	TOTAL
WOMEN				
NO RECORDS				

BENCH PRESS ONLY
WOMEN
NO RECORDS POSTED

DEADLIFT ONLY
WOMEN
NO RECORDS POSTED

MEN				
181	O-R	OBEN-475	OBEN-325	OBEN-635
				OBEN-1435

SPECIALIST

BENCH PRESS ONLY

MEN			MEN		
181	55-59 E	PHILLIPS- 270	165	65-69 R	PHILLIPS-380
	55-59 R	PHILLIPS- 270			

DEADLIFT ONLY

	60-64 R	PHILLIPS- 195			
SHW	OPEN SS	JONES-545			
	45-49 SS	JONES-560			
	50-54 SS	JONES-525			
	50-54 SP	JONES-545	POWERCURL		
		181	O		OBEN-175

BENCH FOR REPS
NO RECORDS POSTED

IRONMAN				
		BP	DL	TOTAL
165	60-64 R	PHILLIPS- 200	PHILLIPS- 370	PHILLIPS- 570
	65-69 R	PHILLIPS-195	PHILLIPS-380	PHILLIPS-565
181	60-64 R	PHILLIPS-200	PHILLIPS-360	PHILLIPS-560
SHW	45-49 R	JONES-325	JONES-405	JONES-730