

CONNECTICUT STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift
E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS								
		SQ	BP	DL	TOTAL			
WOMEN								
NO RECORDS								
POSTED								
MEN								
POWERLIFTING								
		SQ	BP	DL	TOTAL			
165	17-19 RC	GOTHELF-260	GOTHELF-205	GOTHELF-400	GOTHELF-865			
181	65-69 RC	JACKSON-325	JACKSON-245	JACKSON-350	JACKSON-920			
	65-69 R	JACKSON- 275	JACKSON-225	JACKSON-325	JACKSON-825			
198	55-59RC	SMITH-325	SMITH-225	SMITH-410	SMITH-960			
	65-69 R	JACKSON-300	JACKSON-225	JACKSON-350	JACKSON-875			
	65-69 RC	JACKSON-325	JACKSON-240	JACKSON-350	JACKSON-905			
	70-74 R	JACKSON-340	JACKSON- 250	JACKSON- 360	JACKSON- 950			
	70-74 RC	JACKSON- 340	JACKSON- 250	JACKSON- 360	JACKSON- 950			

220	50-54R	GEORGE-320	GEORGE-210	GEORGE-370	GEORGE-895			
	55-59RC	McCARTER-355	McCARTER-240	McCARTER-425	McCARTER-1020			
	70-74 R	JACKSON-300	JACKSON-250	JACKSON-350	JACKSON-900			
	70-74 RC	JACKSON-300	JACKSON-250	JACKSON-350	JACKSON-900			
242	50-54 R	HERNANDEZ-425	HERNANDEZ- 265	HERNANDEZ- 505	HERNANDEZ- 1195			
308	O-R	STOTE-720	STOTE-440	STOTE-670	STOTE-1810			
	SM-R	STOTE-725	STOTE-450	STOTE-650	STOTE-1825			
SPECIALIST								
MEN				MEN				
BENCH PRESS ONLY				DEADLIFT ONLY				
181	65-69R	JACKSON-215		198	55-59 R	LOPEZ-600		
220	70-74 R	JACKSON-245						
242	55-59R	HERNANDEZ-295		242	55-59R	HERNANDEZ-475		
SQUAT ONLY				POWERCURL				
NO RECORDS POSTED				198	70-79	JACKSON-130		
				220	70-79	JACKSON-130		
				STRICT CURL				
BENCH FOR REPS				198	O	JACKSON-110		
NO RECORDS POSTED					60-69	JACKSON-110		
					70-79	JACKSON-115		

IRONMAN								
		BENCH	DEADLIFT	TOTAL				
181	65-69R	JACKSON-215	JACKSON-320	JACKSON-535				
198	70-74 R	JACKSON-250	JACKSON-360	JACKSON-610				
220	70-74 R	JACKSON-250	JACKSON-365	JACKSON-615				