



MEN’S NATIONAL RECORDS

RECORDS FOR ALL SPECIALIST (BENCH ONLY, DEADLIFT ONLY, SQUAT ONLY, STRICT CURL AND IRONMAN) ARE LISTED UNDER THE FULL POWER MEET RECORDS, JUST SCROLL DOWN. THANK YOU

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

SP/E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT

JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds and recorded as such

MEN’S NATIONAL FULL POWER MEET RECORDS

60	SQUAT	BENCH	DEADLIFT	TOTAL
YOUTH ONLY				
75				
YOUTH ONLY				
90				
YOUTH ONLY				
105				

11-12 RC	GARGETT- 165	GARGETT- 100	GARGETT- 245	GARGETT- 510
114				
11-12 R	KOWNACKI-175	LOWNACKI-90	KOWNACKI-250	KOWNACKI-515
13-14 R	SIMPSON-170	SIMPSON-110	FAZZARY-245	SIMPSON-525
123				
13-14 R	HARRIER-180	BRINSON-135	BRINSON-210	HARRIER- 480
15-16 R	GALE-225	GALE-105	GALE-305	GALE-635
0-R	LONGO-215	LONGO-145	LONGO-335	LONGO-695
OPEN SP	SOUKUP-325	SOUKUP-200	SOUKUP-325	SOUKUP-835
50-54 SP	SOUKUP-325	SOUKUP-185	SOUKUP-325	SOUKUP-835
55-59 SP	SOUKUP-305	SOUKUP- 200	SOUKUP- 305	SOUKUP- 810
132				
9-10 RC	TORANZO-260	TORANZO-115	TORANZO-250	TORANZO-625
15-16 R	SHAPER-235	SHAPER-155	MARTINS-315	MARTINS-690
15-16 RC	HODSON-240	HODSON-130	HODSON-245	HUDSON-615
17-19 R	MARTINS-325	Martins-225	MARTINS-425	MARTINS-975
JR-R	MARTINS-310	MARTINS-225	MARTINS-425	MARTINS-950
0-R	MARTINS-305	MARTINS-220	MARTINS-430	MARTINS-955
0-SP	SOUKUP-305	SOUKUP-210	SOUKUP-315	SOUKUP-795
55-59 SP	SOUKUP-225	SOUKUP-155	SOUKUP-275	SOUKUP-655
60-64 SP	SOUKUP- 305	SOUKUP- 210	SOUKUP-315	SOUKUP- 795
148				
9-10 R	LENZI- 130	LENZI- 70	LENZI- 155	LENZI- 355

11-12 R	DOLCI III- 305	DOLCI III- 175	DOLCI III- 350	DOLCI III-830
13-14 R	KUTIN- 275	JONES-160	KUTIN- 350	KUTIN- 765
15-16 R	NEWMAN-250	MCKINNEY-185	MCKINNEY-375	MCKINNEY-800
17-19 R	PITTMAN-395	PITTMAN- 235	PITTMAN-485	PITTMAN- 1115
17-19 RC	BERRY-200	BERRY-135	BERRY-275	BERRY-610
JUNIOR-R	POLYCARPE-475	POLYCARPE-285	POLYCARPE-500	POLYCARPE-1260
JUNIOR-RC	HALL-230	HALL-135	HALL- 315	HALL-680
JR- E	IMMELL- 390	IMMELL- 225	IMMELL- 385	IMMELL- 1000

OPEN RC	TENDENCIA-515	TENDENCIA-270	TENDENCIA-525	TENDENCIA-1310
OPEN R	PITTMAN-395	ALDARONDO-255	PITTMAN-485	PITTMAN- 1115
SUBS R	MAHER-305	MAHER- 245	MAHER- 345	MAHER- 895
40-44 R	JAMES-400	JAMES-235	JAMES-480	JAMES-1115
40-44 RC	TENDENCIA-515	TENDENCIA-270	TENDENCIA-525	TENDENCIA-1310
45-49 R	JAMES-350	JAMES-220	JAMES-450	JAMES-1020
50-54 RC	RAWN-400	RAWN-240	RAWN- 375	RAWN- 1010
55-59 SP	DIFRANCISCO-415	DIFRANCISCO-250	DIFRANCISCO-400	DIFRANCISCO-1055
60-64 R	BARRECA-220	BARRECA-175	BARRECA-350	BARRECA-745
60-64 DP	DYE-300	DYE-200	DYE-300	DYE-800
70-74 R	CALDERONE-250	CALDERONE-135	CALDERONE-340	CALDERONE-725
165				
11-12 R	MAYNARD-135	MAYNARD-105	MAYNARD-150	MAYNARD-390
13-14 R	LLEWELLYN-345	LLEWELLYN-205	LLEWLLYN-380	LLEWLLYN-930
15-16 R	GIAMMARINO-325	DEBNAM- 235	GIAMMARINO-425	GIAMMARINO-985
15-16 RC	SANFORD-385	SANFORD-225	SANFORD-405	SANFORD-1015
17-19 R	RUHL-445	WILLIAMS- 280	WILLIAMS- 425	RUHL-1125

17-19 RC	EBERLY-365	EBERLY-230	JONES-465	EBERLY-1055
JUNIOR R	MARINO-450	PETRILLO-295	MARUCCI- 530	CRAWFORD- 1210
JUNIOR RC	GOMEZ- 460	GOMEZ- 340	GOMEZ- 535	GOMEZ- 1335
LIFETIME RC	GOMEZ- 460	GOMEZ- 340	GOMEZ- 535	GOMEZ- 1335
OPEN R	DIMINNI-520	HOCHHEIMER-315	HART-590	DIMINNI-1330
OPEN RC	GRANT-525	GRANT-350	PEREZ-580	PEREZ-1345
SUBS R	HANLON-375	HANLON-275	HANLON-525	HANLON-1175
SUBS RC	HOFFMAN- 330	HOFFMAN- 210	HOFFMAN- 365	HOFFMAN- 905
40-44 R	HART-400	HART-270	HART-580	HART-1260
45-49 R	HART-415	HART-275	HART-590	HART-1255
45-49 E	MCVANEY-600	MCVANEY-365	MCVANEY-555	MCVANEY-1490
50-54 R	GRANDRIMO-350	GRANDRIMO-260	GRANDRIMO-390	GRANDRIMO-1000
50-54 RC	SCHADT-345	SCHADT- 255	SCHADT-375	SCHADT- 975
55-59 R	RAWN-365	FONTAINE- 245	RAWN-405	RAWN-995
55-59 RC	RAWN-400	HUNT- 230	HUNT- 410	RAWN-1040
55-59 E	DEFRANCISCO-385	DEFRANCISCO-255	DEFRANCISCO-400	DEFRANCISCO-1040

60-64 R	CONYERS-540	CONYERS-380	CONYERS-600	CONYERS-1510
60-64 SP	CONLIN-325	CONLIN-225	CONLIN-450	CONLIN-1000
65-69 R	ROSEN-225	NISSIM- 205	ROSEN-335	ROSEN-700
65-69 RC	DILIBERTO-240	DILIBERTO-175	DILIBERTO-315	DILIBERTO-730
65-69 E	CONWAY- 305	CONWAY-170	CONWAY-435	CONWAY- 905
70-74 R	SHAW- 370	SHAW-195	SHAW- 400	SHAW-965
P-RC	ALTAMIRANO- 390	ALTAMIRANO- 255	ALTAMIRANO- 505	ALTAMIRANO- 1150
P-R	BOVINO-400	BOVINO- 340	BOVINO- 475	BOVINO- 1215

181				
11-12 R	DOLCI III-365	DOLCI III-215	DOLCI III-400	DOLCI III-980
13-14 RC	TORANZO-320	TORANZO-185	TORANZO-350	TORANZO-855
15-16 R	KUTIN-385	LOPEZ-275	KUTIN-500	LOMBARDI- 1110
15-16 RC	TOVAR- 375	TOVAR- 205	TOVAR- 460	TOVAR- 1040
17-19 R	CAVALLARO- 425	CAVALLARO- 305	CAVALLARO- 585	CAVALLARO- 1315
17-19 RC	GIZZO-285	GIZZO-170	GIZZO-360	GIZZO-815
JUNIOR R	GOMEZ- 450	GOMEZ- 330	GOMEZ- 575	GOMEZ- 1355
JUNIOR RC	GOMEZ- 500	GOMEZ- 370	GOMEZ- 565	GOMEZ- 1430
LIFETIME RC	GOMEZ- 470	GOMEZ- 370	GOMEZ- 535	GOMEZ- 1375
OPEN R	PACHUTA- 530	PACHUTA- 350	ANGEL-630	PACHUTA- 1500
OPEN RC	LOPEZ- 475	DUNCAN-410	RODRIGUEZ-575	DUNCAN-1420
SUBS R	HOLTER- 435	LYONS-315	LYONS-545	LYONS-1255
SUBS RC	DUNCAN-445	DUNCAN-410	DUNCAN-565	DUNCAN-1420
40-44 R	TAPIA-410	TAPIA- 290	TAPIA-505	TAPIA-1205
45-49 R	BATISTA-425	BATISTA-315	BATISTA-550	BATISTA-1290
45-49 RC	CARTER-400	CARTER-335	BOWERS- 500	BOWERS- 1125
50-54 R	BOWERS- 410	BOWERS- 315	BOWERS- 545	BOWERS- 1240
55-59 R	BOWERS-415	BOWERS- 290	BOWERS-550	BOWERS-1255
55-59 RC	KEARNEY-350	KEARNEY- 270	KEARNEY- 375	KEARNEY- 995
60-64 R	FIORISI- 295	FIORISI- 225	FIORISI- 350	FIORISI- 900
60-64 E	GLAZER-475	GLAZER-255	GLAZER- 415	GLAZER-1145
65-69 R	JACKSON-275	JACKSON-225	DILIBERTO-350	JACKSON-825
65-69 RC	JACKSON-325	JACKSON- 245	KOPLIN-355	JACKSON-920
65-69 E	KOPLIN-355	KOPLIN- 235	KOPLIN- 375	KOPLIN- 965
70-74 R	OHR- 245	OHR- 180	OHR- 265	OHR- 690

75-79 R	DICKERSON-300	DICKERSON- 240	NICOLAS-405	NICOLAS-895
75-79 RC	DICKERSON-300	DICKERSON- 240	DICKERSON- 340	DICKERSON- 875
P-R	LYONS-395	BOVINO-320	LYONS-545	LYONS-1255
P-RC	DUNCAN-445	DUNCAN-410	DUNCAN-565	DUNCAN-1420
198				
15-16 RC	SPARKS-350	SPARKS- 220	SPARKS- 435	SPARKS- 1005
15-16 R	BROWER-365	DOLCE-250	BROWER-435	BROWER- 1040
17-19 R	GRUBE-490	ALTAMURO-285	GRUBE-570	GRUBE-1310
17-19 RC	JOHNSON-375	ROMAN-300	JOHNSON-440	JOHNSON- 1075
JUNIOR R	GUTIERREZ-505	JARMUZ- 315	GUTIERREZ-590	GUTIERREZ-1410
JR-RC	BLAIR- 380	BLAIR- 240	BLAIR- 505	BLAIR- 1125
OPEN RC	GERMAIN- 530	JOHNSON-380	GERMAIN- 620	GERMAIN-1470
OPEN R	CAPARONI- 600	PACHUTA-370	PACHUTA-700	PACHUTA-1630
OPEN SP	WILLIAMSON-490	WILLIAMSON-315	LANZILLOTTO-480	WILLIAMSON-1280
LIFETIME R	GERRITY- 350	GERRITY- 305	GERRITY-475	GERRITY- 1130
SUBS- R	PARKER-450	PARKER-330	PARKER-600	PARKER-1360
SUBS RC	SMITH- 300	SMITH- 230	SMITH- 420	SMITH- 950
40-44 R	WATTS- 440	JACKSON- 295	WATTS-525	WATTS- 1230
40-44 E	UPHOFF-335	UPHOFF-225	UPHOFF-405	UPHOFF-965
45-49 R	CARTER-470	CARTER- 375	BATISTA- 575	BATISTA- 1340
45-49 RC	DRIGGERS- 525	DRIGGERS- 390	DRIGGERS- 635	DRIGGERS- 1550
45-49 SP	UPHOFF- 330	UPHOFF- 220	UPHOFF- 395	UPHOFF- 945
50-54 R	SIRECI-425	SIRECI-315	SADIV- 625	SADIV- 1335
50-54 E	WILLIAMSON-450	WILLIMSON-310	WILLIMSON-490	WILLIAMSON-1250
50-54 RC	FOX-475	CARRICK- 275	ST.FLEUR- 500	FOX-1225
55-59 E	MEYERS- 600	FULLER- 330	MEYERS- 675	MEYERS- 1565

55-59 R	ST.FLEUR-420	HENSON-370	GROSS-565	ST.FLEUR- 1240
55-59 RC	CATINA- 405	MURRAY-335	ST.FLEUR-505	MURRAY-1190

60-64 R	ST.FLEUR- 405	ST.FLEUR-280	ST.FLEUR-470	ST.FLEUR-1155
65-69 R	JACKSON-300	JACKSON-225	SEDORUS-370	JACKSON-875
65-69 RC	JACKSON-325	GRESHAM- 270	GRESHAM- 385	GRESHAM- 970
70-74 R	AMOROSO-285	AMOROSO-165	AMOROSO- 380	AMOROSO- 830
70-74 SP	GRESHAM-350	GRESHAM-250	GRESHAM-375	GRESHAM-975
75-79 R	NICHOLAS- 305	NICHOLAS- 215	NICHOLAS- 405	NICHOLAS- 925
75-79 RC	CRAMER-285	MILLER-195	MILLER-340	MILLER-780
POLICE R	HOJNACKI- 525	HOJNACKI- 350	RILEY-600	HOJNACKI- 1400
POLICE RC	FORCINITO-425	CAREY- 325	CAREY- 580	CAREY- 1325
220				
13-14 R	BERNARDO-320	BERNARDO-160	BERNARDO-360	BERNARDO-840
15-16 R	BERNARDO-390	TAYLOR-275	TAYLOR-600	TAYLOR-1325
17-19 R	FANTOZZI- 435	FANTOZZI- 345	GRUDZINSKI-520	FANTOZZI- 1280
17-19 RC	SMALLWOOD-500	SMALLWOOD- 355	SMALLWOOD- 605	SMALLWOOD- 1460
JUNIOR R	GREATHOUSE-500	HADDAD-340	LOPEZ-610	GUTIERREZ-1410
JUNIOR RC	CASIANO-550	CASIANO- 355	LOPEZ-605	CASIANO- 1445
LIFETIME R	GISONDI- 315	GISONDI- 215	GISONDI- 470	GISONDI- 1000
OPEN R	POWELL-600	POWELL-450	VANDERBOSH-705	POWELL-1700
OPEN RC	SANTORELI- 525	BRAND-405	UHAA-650	BRAND-1490
OPEN-E	FEWSTER-340	FEWSTER-315	FEWSTER-525	FEWSTER-1180
OPEN- SP	MOORE-445	MOORE- 300	MOORE- 425	MOORE- 1270

SUBS R	GORDON- 470	TATARKA-295	TATARKA-585	TATARKA-1265
SUBS RC	LOPEZ-480	LOPEZ-275	LOPEZ-585	LOPEZ-1340
40-44 R	WALDRON- 520	WALDRON-415	PARKER-635	WALDRON-1440
40-44 RC	SMITH-545	CHANEY-370	CHANEY-605	SMITH- 1445
45-49 R	MARTORINA-440	MARTORINA- 340	DERISI- 500	MARTORINA- 1230
45-49 E	BAUER-550	BAUER-400	BAUER-505	BAUER-1455
45-49 RC	BRADER-370	BRADER-235	BRADER-410	BRADER-1015
50-54 R	PARKS-455	PARKS-350	SADIV- 615	PARKS-1310
50-54 RC	CREGO-500	CREGO-345	CREGO-525	CREGO-1370

50-54 SP	WILLIAMSON-490	WILLIAMS- 360	WILLIAMSON-500	WILLIAMSON-1300
55-59 R	DUFFY- 465	MURRAY-370	DUFFY- 470	WILLIAMS-1265
55-59 RC	MURRAY-400	MURRAY-360	CREGO-480	CREGO-1215
55-59 E	GREENE- 460	GREENE- 315	GREENE- 480	GREENE- 1245
60-64 R	LHOTA-445	WALKER-335	LHOTA-490	LHOTA-1220
60-64 SP	MANDELL-380	MANDELL-205	MANDELL-460	MANDELL-1045
60-64 RC	KITCHING-400	KITCHING-315	KITCHING-460	KITCHING-1175
65-69 R	LHOTA-435	LHOTA-285	LHOTA-480	LHOTA-1190
70-74 R	SMITH- 300	SMITH- 235	SMITH- 400	SMITH- 935
75-79 R	AMOROSO-275	AMOROSO- 135	AMOROSO- 365	AMOROSO- 775
P/F/M-R	MONOHAN-420	PFEIFFER-285	MONOHAN-525	MONOHAN-1200
SPEC OLYM	WASHINGTON- 310	WASHINGTON- 295	WASHINGTON- 325	WASHINGTON- 860
242				
11-12 R	SALVINI- 225	SALVINI- 135	SALVINI- 260	SALVINI- 620
13-14 R	BERNARDO-330	BERNARDO-165	BERNARDO-375	BERNARDO-870
15-16 RC	MUMAW-430	MUMAW-315	MUMAW-525	MUMAW-1270

17-19 R	ALTAMURO-600	ALTAMURO- 370	ALTAMURO- 750	ALTAMURO- 1720
17-19 RC	ELSAYED- 425	ELSAYED- 250	ELSAYED- 500	ELSAYED- 1175
17-19 E	SEABROOKS-590	SEABROOKS-350	SEABROOKS-585	SEABROOKS-1525
COLLEGIATE R	WHITESIDE-425	WHITESIDE-245	WHITESIDE-455	WHITESIDE-1125
JUNIOR-R	ALTAMURO- 605	ALTAMURO-360	ALTAMURO-705	ALTAMURO-1670
JUNIOR RC	YOUNG-525	YOUNG-370	YOUNG-640	YOUNG-1535
LIFETIME R	DUFFY-565	DUFFY- 365	DUFFY- 625	DUFFY- 1555
OPEN-R	MOSS-605	BROWN-400	LANDOLINA-690	DUFFY-1690
OPEN RC	ARNOLD-650	ALLEN-405	ARNOLD-620	ARNOLD- 1645
SM-R	TAMBURRI-455	TAMBURRI-330	TAMBURRI-555	TAMBURRI-1340
40-44 R	LANDOLINA-585	REESE- 385	LANDOLINA-690	LANDOLINA-1620
40-44 RC	RUSNAK-490	RUSNAK-305	RUSNAK-505	RUSNAK-1300
45-49 R	LANDOLINA-560	DEIGAN-350	LANDOLINA-665	LANDOLINA-1550
45-49 RC	BIGELOW-460	BIGELOW-335	JUREWICZ-535	JUREWICZ-1285
45-49 SP	ANTIL-465	ANTIL- 365	ANTIL- 405	ANTIL- 1235

50-54 R	PARKS-525	MURRAY-370	PARKS-565	PARKS-1435
50-54 RC	DERISI- 530	ROLON-375	ROLON-625	ROLON- 1425
55-59 R	WILLIAMS-515	WILLIAMS-360	WILLIAMS-500	WILLIAMS-1375
55-59 RC	PHILMON-580	PHILMON-405	PHILMON-705	PHILMON-1690
60-64 R	MATTHEWS-450	MATTHEWS- 395	MATTHEWS-605	MATTHEWS-1450
60-64 RC	MAGUIRE-290	MAGUIRE- 245	MAGUIRE- 375	MAGUIRE- 905
60-64 SP	HARRIER- 405	HARRIER- 185	HARRIER- 415	HARRIER- 1005
65-69 R	GIZZO-315	GIZZO-155	GIZZO-385	GIZZO-855
P-RC	ARNOLD-650	CRAMER- 385	ARNOLD- 620	ARNOLD-1645
P-R	LANDOLINA-585	LANDOLINA-345	LANDOLINA-690	LANDOLINA-1620
P-RC	SEMIRAMIS-530	SEMIRAMIS-315	SEMIRAMIS-500	SEMIRAMIS-1345

P-E	SEMIRAMIS- 495	SEMIRAMIS- 325	SEMIRAMIS- 505	SEMIRAMIS- 1325
SO-R	WASHINGTON-365	WASHINGTON-280	WASHINGTON-365	WASHINGTON-1000
275				
13-14 RC	SALVINI-350	SALVINI-190	SALVINI-315	SALVINI-810
17-19 R	RAMIREZ-415	KYLYVNYK-300	KYLYVNYK-500	KYLYVNYK-1205
JR-R	ALTAMURO-675	ALTAMURO-415	ALTAMURO- 755	ALTAMURO-1800
LIFETIME R	SIMSUANGCO- 510	SIMSUANGCO- 365	SIMSUANGCO- 625	SIMSUANGCO- 1500
OPEN R	BOSTICK- 630	COLLINS- 435	BOSTICK- 715	BOSTICK- 1770
OPEN-RC	FRANCIS- 850	RUSSELL-480	RUSSELL-680	FRANCIS- 1925
OPEN DP	DURSE- 700	DURSE- 460	DURSE- 580	DURSE- 1740
SUBS-R	BALDWIN-455	CROWELL-385	BALDWIN- 580	BALDWIN- 1325
SUBS RC	JONES-605	JONES- 405	JONES-600	JONES-1610
SUBS SP	LENZI-460	LENZI- 265	LENZI- 425	LENZI- 1075
SUBS DP	DURSE-700	DURSE- 460	DURSE- 580	DURSE- 1740
40-44 R	REESE-485	REESE-405	BIGELOW-540	REESE-1365
40-44 RC	RATKAY-600	RATKAY-350	ALI-665	ALI- 1615
45-49 R	RAY-545	JACKSON-405	RAY-605	RAY- 1485
45-49 RC	KILLICH-500	KILLICH-245	KILLICH-400	KILLICH-1145
45-49 SP	COCHRAN-500	COCHRAN- 425	COCHRAN- 460	COCHRAN- 1385
50-54 R	RAY-485	RAY-355	CONDRAD-500	RAY-1310
50-54 RC	PRATHER-500	MALPHURS-295	MALPHURS-550	MALPHURS-1320
55-59 R	SMITH-530	GISONDI- 370	GISONDI- 600	GISONDI- 1430
55-59 RC	FRANCIS- 850	FRANCIS- 400	FRANCIS- 675	FRANCIS- 1925
60-64 E	HARRIER-315	HARRIER-395	HARRIER-275	HARRIER-985

60-64 R	SMITH- 530	SMITH-355	GISONDI- 540	SMITH-1370
65-69 R	LUGO-335	LUGO- 250	LUGO- 370	LUGO- 910
65-69 RC	BUCCHIONI- 335	BUCCHIONI- 260	BUCCHIONI- 510	BUCCHIONI- 1105
P/F/M-R	YORK-445	YORK-355	YORK-455	YORK-1255
P-RC	YORK- 490	YORK- 360	YORK- 515	YORK- 1365
P-E	HARRIER-315	HARRIER-395	HARRIER-275	HARRIER-985
SO-R	WASHINGTON-315	WASHINGTON-290	WASHINGTON-400	WASHINGTON-1005
308				
15-16 R	LENZI-335	LENZI- 220	LENZI- 405	LENZI- 925
17-19 R	NAZARIO-500	NAZARIO-265	NAZARIO-500	NAZARIO-1265
JUNIOR R	ALTAMURO-685	ROBERTS-420	ALTAMURO-760	ALTAMURO-1865
LIFETIME-R	ANDERSON- 675	ANDERSON- 275	ANDERSON- 650	ANDERSON- 1600
OPEN R	STOTE-720	SLATE-465	STOTE-670	STOTE-1810
SUBS-R	BOYD-585	SLATE-465	BOYD- 565	SLATE-1515
40-44 R	VASEV-550	VASEV- 425	VASEV-580	VASEV-1555
40-44 RC	MCWELL-525	MCWELL-400	MCWELL-540	MCWELL-1465
50-54 R	HEAPY-330	HEAPY-320	HEAPY-385	HEAPY-1035
50-54 E	LINTON- 485	LINTON- 340	LINTON- 570	LINTON- 1395
P/F/M-R	BOYD-585	ROBERTS-420	ROBERTS-600	ROBERTS-1555
SHW				
JR-R	FANTOZZI- 550	FANTOZZI- 405	FANTOZZI- 610	FANTOZZI- 1565
OPEN R	CLANCY-635	CLANCY- 475	CLANCY- 650	CLANCY-1760
SUBS R	BOYD- 605	BOYD- 390	BOYD-585	BOYD-1580

<i>SUBS RC</i>	<i>PEARSON-610</i>	<i>PEARSON-410</i>	<i>PEARSON-675</i>	<i>PEARSON-1680</i>
<i>40-44 R</i>	<i>HODGES-555</i>	<i>HODGES-520</i>	<i>HODGES-705</i>	<i>HODGES-1780</i>
<i>40-44 E</i>	<i>WILSON- 520</i>	<i>WILSON- 430</i>	<i>WILSON- 135</i>	<i>WILSON- 1085</i>
<i>45-49 RC</i>	<i>BONDER- 500</i>	<i>BONDER- 305</i>	<i>BONDER- 435</i>	<i>BONDER- 1240</i>
<i>45-49 R</i>	<i>BECKER-410</i>	<i>RAINWATER- 420</i>	<i>BECKER-485</i>	<i>BECKER- 1260</i>
<i>50-54 RC</i>	<i>HEAPY-350</i>	<i>HEAPY-350</i>	<i>HEAPY-415</i>	<i>HEAPY- 1115</i>
<i>P-R</i>	<i>BOYD-605</i>	<i>RICHARDSON- 465</i>	<i>RICHARDSON- 605</i>	<i>RICHARDSON- 1600</i>

THESE ARE NATIONAL RECORDS FOR SPECIALIST ONLY, NOT FULL POWER MEET LIFTERS

IF YOU DO NOT SEE A RECORD IN YOUR CLASS IT SIMPLY MEAN WE DO NOT HAVE A RECORD IN YOUR CLASS.

SP/E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT

JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY

BENCH PRESS ONLY NATIONAL RECORDS

WT. CLASS BENCH	
123	
13-14 R	BRINSON-135

BENCH	
132	
15-16 SP	CLARK-175
15-16 R	HODSON-130
17-19 R	McDONALD-225
O-R	NASOR-190
50-54 R	EDWARDS-225
55-59R	EDWARDS-220

BENCH	
148	
13-14 R	MCCLAIN-185
15-16 R	FRANCO- 235
17-19 R	MCONALD- 300
JR-R	BROWN-240
O-R	MARTIN- 305
SM-R	LEE-260
40-44 R	DUBOSE- 205
45-49 R	LIVOLSI- 240
50-54 R	BUTLER- 190
P-R	BUTLER- 190

BENCH	
165	
15-16 R	SHEETS- 205
17-19 R	MARINO-245
JR-R	MARINO-260
OPEN R	STRINGA-330
SUBS R	PULIDO-315
40-44 R	DUNN-300
45-49 R	STRINGA-335
50-54 R	STRINGA-320
55-59 R	FONTAINE- 245
60-64 R	LEGG-200
65-69 SP	KOPLIN- 185
65-69 R	CAMPAGNA- 330
75-79 R	DICKERSON- 225
75-79 RC	DICKERSON- 215
80-84 R	DICKERSON- 245
90-94 R	WEISS-75

BENCH	
181	
17-19 R	FARINARO-290
COLLEGIATE R	PILZ-285
JUNIOR R	GREEN-285
OPEN R	WILLIAMS-440
SUBS R	PELLICANO- 325
40-44 R	BARRON- 305
45-49 R	WILLIAMS,J- 425
50-54 R	HENSON- 340
50-54 SS	GATINELLA- 400
55-59 E	PHILLIPS-270
55-59 R	BRENDLINGER- 315
60-64 R	MURAWSKI- 315
65-69 R	JACKSON-215
70-74 R	CAMPAGNA- 330
75-79 R	DICKERSON- 250
80-84 R	DICKERSON- 250
P/F/M-R	BROWN-235

BENCH	
198	
15-16 R	DOLCE- 250
17-19 R	BLACKWELL- 245
JUNIOR R	THOMPSON- 305
OPEN R	BROWN-420
OPEN SP	BEASLEY-335
SUBS-R	BARRON-330
40-44 R	SHALES- 335
45-49 R	CARTER-385
55-59 R	EHRHARDT- 375
55-59 SS	ERDOGAN-250
55-59 E	DIAZ-225
60-64 R	CHRISSIS- 370
65-69 R	FRANKLIN-250
65-69 DP	BENFORD-390
70-74 R	HANSBERRY- 260
75-79 R	MILLER-195
75-79 SS	MITSOPOUOS- 265
P-R	FARRALES-360

220	BENCH
13-14 R	NITZ-160
15-16 R	NARVIET- 275
17-19 R	HENDERSON-325
JUNIOR R	HADDAD- 340
JUNIOR E	FEWSTER-350
OPEN R	BURTON- 420
40-44 R	CARTER- 415
45-49 R	CARTER-410
45-49 E	WEINSTEIN-440
45-49 SS	CARTER- 445
50-54 SS	MALTEZOS-380
50-54 R	DRABIK-385
50-54 SP	WHITEHEAD-315
55-59 R	MURRAY-370
55-59 SP	PLUMMER-400
55-59 SS	GREENE-315
60-64 R	CHRISSIS-375
60-64 E	OGAN- 300
60-64 SS	KITCHING-340
65-69 R	LEVINE- 255
65-69 E	LEVINE- 265
70-74 R	COLEMAN-285
70-74 E	SEABROOKS-270
90-94 R	ROMERO-115
P/F/M-R	RODGERS-295

242	BENCH
13-14 R	MYERS- 135
17-19 R	JOHNSON-330
JUNIOR R	YOUNG-370
LIFETIME R	MANCUSO- 365
LIFETIME SP	MERRY- 345
OPEN R	DIXON-460
SM-R	EICHHORN-375
40-44 R	HENDERSON-395
40-44 SS	SCIRE- 475
45-49 R	CARTER-420
45-49 SS	CARTER-485
45-49 SP	SWIRPLE-430
50-54 SP	MERRY- 345
50-54 R	PHILMON- 380
55-59 R	MITCHELL-410
55-59 E	HALL-365
60-64 E	HALL-355
60-64 R	VELLUCCI-300
65-69 R	CALHOUN-300
P-R	DIXON-460
65-69 E	LEVINE- 265
70-74 R	COLEMAN-285
70-74 E	SEABROOKS-270
90-94 R	ROMERO-115
P/F/M-R	DIXON- 460

275	BENCH
17-19 R	NARCISE-320
O-R	CARSON-500
O- SP	DIXON-475
SM- SP	DIXON-475
SM-R	COLEY-525
40-44 R	SANTIAGO- 440
40-44 RC	WOJTUSIK- 390
45-49 R	BAILEY-450
45-49 SS	BAILEY-450
50-54 R	HARNISFEGER-405
50-54 E	MCCAULEY-510
50-54 SS	HARNISHFERGER-565
60-64 SS	MYERS-415
60-64 E	HARRIER- 395
60-64 R	MYERS- 415
65-69 R	BUCCHIONI-250
75-79 R	JARBOE- 265
P-E	DIXON-475
P-R	CARSON- 500

308	BENCH
JR-R	WESTENBERGER-420
O-R	RUSSELL-545
SM-R	SLATE- 465
45-49 R	SANTIAGO-460
45-49 SS	JONES-560
50-54 SS	YORK-505
50-54 SP	YORK-460
55-59 R	CAWLEY-525
55-59 SS	FRIERSON-470
P-R	SMITH- 425
P-SP	YORK-460

SHW	BENCH
17-19 R	MEJIAS- 415
O-R	MEJIAS- 640
SM-R	MEJIAS- 610
40-44 R	MEJIAS- 620
45-49 R	LOUALLEN-480
45-49 SS	JONES- 550
45-49 SP	WILSON-425
50-54 R	MCNEILL-355
60-64 R	KATINOWSKY-300

DEADLIFT ONLY NATIONAL RECORDS
IF YOU DO NOT SEE A RECORD IN YOUR CLASS IT SIMPLY MEAN WE DO NOT HAVE A RECORD IN YOUR CLASS.

SP/E- EQUIPPED, R- RAW, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY

DEADLIFT	
60	
7-8 R	LEE-100

DEADLIFT	
75	
9-10 R	FORD-150

DEADLIFT	
114	
13-14 R	HARRIER-175

DEADLIFT	
123	
13-14 R	BRUNSON- 210

DEADLIFT	
132	
15-16 E	CLARK-350
9-10 R	LENZI- 135
15-16 R	HODSON-245
17-19 R	NASOR- 350
O-R	NASOR-350

DEADLIFT	
148	
17-19 R	PITTMAN- 485
17-19 E	PITTMAN- 485
O-R	PITTMAN- 485
SM-R	MENDEZ-225
60-64 R	FREIDES-365
70-74 R	LITTLE-335

165	DEADLIFT
15-16 R	JONES- 465
17-19 R	EBERLY-415
JR-R	MORALES-405
OPEN R	HART-590
40-44 R	HART-585
45-49 R	HART-590
45-49 E	MCVANEY- 555
55-59 R	FONTAINE-390
60-64 R	CONLIN-450
65-69 E	CONWAY-435
70-74 R	DENNISON-530
70-74 E	DENNISON-520
75-79 R	DICKERSON-155
75-79 E	DENNISON- 540

181	DEADLIFT
JUNIOR R	NAZARIO- 680
OPEN R	NAZARIO-700
SUBS R	HOLTER-450
40-44 R	COLONDRILLO-465
50-54 R	WOOD- 455
55-59 R	HAMSHER-445
55-59 E	HAMSHER- 460
60-64 E	MANZO-465
60-64R	IOVINELLA-420
65-69R	MEYER-400
65-69 E	MEYERS- 650
70-74 R	DENNISON- 540
70-74 E	DENNISON-530
75-79 R	NICHOLAS- 380
85-89 R	STEWART- 135

198	DEADLIFT
15-16 R	LARSON-380
17-19 R	CARDONA-525
JUNIOR R	MCDONNELL-550
OPEN R	HASTINGS- 610
SUBS R	McLENDON-530
40-44 R	MCLENDON-550
40-44 E	SHETLER-415
45-49 R	JACKSON- 485
50-54 R	SADIV- 640
55-59 E	DIAZ-440
55-59 R	LOPEZ-600
60-64 E	MEYERS-705
60-64 R	RUIZ- 575
65-69 R	KITCHING-405
65-69 E	MEYERS-640
70-74 R	DENNISON- 525
75-79 R	MILLER-340

220 DEADLIFT	
17-19 R	HENDERSON-520
JR R	BELL-680
O-R	WALKER- 615
O-E	ELEUTERI- 455
SM-R	DENNISON- 405
40-44 R	SMITH- 550
45-49 R	THOMAS- 565
50-54 R	SADIV- 615
50-54 E	ERDOGAN-455
55-59 R	KRASOWSKI- 560
55-59 E	GREENE-420
60-64 R	CHRISSIS-465
60-64 E	ELEUTERI- 455
65-69 R	BURTON- 420
70-74 R	BURTON-445
P-R	WALL-460

242 DEADLIFT	
13-14 R	MYERS- 215
JR- R	YOUNG-640
OPEN-R	FARINAS- 535
SUBS R	MASSROCK- 555
40-44 R	MASSROCK-545
50-54 R	ROLON-625
50-54 E	DIBELLA 550
55-59 R	ROLON-635
60-64 R	ELEUTERI-505
65-69 R	LUCAS- 400
65-69 E	MASSROCK- 500
70-74 R	BURTON- 465
P/F/M- E	MASSROCK- 500
P/F/M-R	MALLARD-445

275 DEADLIFT	
17-19 R	NARCISE-425
JR- R	FINLEY-675
OPEN R	POTIS- 565
SM-R	JONES-600
40-44 R	WASHINGTON- 390
45-49 R	COOPER-730
50-54 R	ROLON-570
60-64 R	FEENEY- 435
65-69 R	BUCCHIONI- 525
75-79 R	JARBOE- 390
P-R	ROLON-540

308	DEADLIFT
O-R	EDOM-585
40-44 R	WASHINGTON-440

SHW	DEADLIFT
17-19 R	MEJIAS- 550
45-49 R	DAVID-660

SQUAT ONLY NATIONAL RECORDS

IF YOU DO NOT SEE A RECORD IN YOUR CLASS IT SIMPLY MEAN WE DO NOT HAVE A RECORD IN YOUR CLASS.

SP/E- EQUIPPED, R- RAW, RC- RAW CLASSIC,

JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY

SQUAT	
132	
15-16 RC	HUDSON-240
O-R	TEAGUE-185

SQUAT	
148	
O-R	LETSON-315

SQUAT	
165	
17-19 R	RHODES-290
JR-R	MARINO-450

SQUAT	
181	
COLLEGIATE-R	PILZ-425
75-79 R	DICKERSON-200

SQUAT	
198	
15-16 R	LARSON-315
45-49R	JACKSON-435
50-54 R	JACKSON-400
70-74 R	SCHAFFER- 245
70-74 RC	SCHAFFER- 250
75-79 RC	MILLER-245

SQUAT	
220	
O-R	CAFFREY-405
O-DP	GROOMS-550
45-49 R	MALTEZOS-535
45-49 RC	MALTEZOS- 540
45-49 DP	MALTEZOS-580
50-54 E	PHIEFFER-385
50-54 DP	MALTEZOS- 530
50-54 RC	MALTEZOS-520
55-59 R	PEAK- 415
55-59 E	SCHLEICH- 500
70-74R	SMITH-300
P/F/M- RC	PFEIFFER-305
P/F/M- E	PFEIFFER-355
P/F/M- R	PFEIFFER-375

SQUAT	
242	
JR-RC	YOUNG-525
O-RC	NGUYEN-410
LIFETIME- R	CAFFREY-415
O-R	CAFFREY-415
40-44 RC	MALTEZOS- 530
50-54 R	CAFFREY- 375
55-59 R	EDGERTON- 405
P/F/M- RC	SEMIRAMIS-525

SQUAT	
275	
OPEN-R	HADDAWAY-485
OPEN- RC	NGUYEN- 405
SUBS-E	LENZI-460
40-44 R	HADDAWAY-480
45-49 R	JACKSON- 425
50-54 R	EDGERTON- 465
50-54 RC	BECK-340

SQUAT	
308	

SQUAT	
SHW	
40-44 E	WILSON-520
45-49 E	WILSON-535

NATIONAL BENCH FOR REPS RECORDS

REPS	
75	
9-10	FORD-32

REPS	
132	
OPEN	EDWARDS-16
55-59	EDWARDS-23

REPS	
165	
LIFETIME	JOSEPH-36
OPEN	JOSEPH-37
SUBS	ALVAREZ-31
40-44	LEUCHTER-17
45-49	JOSEPH- 36
50-54	JOSEPH-37
55-59	BEAL- 26
75-79	DICKERSON-14
80-84	DICKERSON-15

REPS	
181	
O	WILLIAMS-50
JR	MOTLEY-18
SM	ALVEREZ-31
40-44	BARRON- 25
45-49	WILLIAMS, J-45
50-54	GATTINELLA-29
55-59	BRENDLINGER-20
60-64	ROLLINS-13
75-79	DICKERSON- 13
80-84	DICKERSON-15
P	JOSEPH-25

REPS	
198	
O	KELEMEN-31
SM	BARRON-28
40-44	SHALES-30
45-49	CAMPBELL- 11
50-54	CAMPBELL-11
55-59	EHRHARDT-23
P	FARRALES-27
70-74	MCNEILL- 6

REPS	
220	
JR	GISONDI, C- 7
O	BURTON- 36
40-44	SELLERS- 30
50-54	DRISDOM- 28
55-59	EHRHARDT-23

NATIONAL STRICT CURL

90	
11-12	WEEDEN-50

123	
9-10	LENZI-20

148	
O	MORROW-140
40-49	DUBOSE- 115
60-69	BARIECA-75

165	
50-59	WALSH-130

181	
40-49	CLARKE- 110
60-69	ROLLINS- 140

198	
O	BROWN-165
50-59	BROWN-130
60-69	ROLLINS-140
70-79	MILLER- 90

NATIONAL POWER CURL RECORDS

148	
O	BARROS-110
40-49	TOWNE- 125
50-59	WHITEHEAD- 140
60-69	NASH- 105
80-89	TURNER-90

165	
O	HANLON- 140
50-59	BEAL-165
60-69	LEGG-85
70-79	DESIMONE-100

181	
O	TSURTSUMIA-210
40-49	COLONDRILLO-160
50-59	ROLLINS-170
60-69	ROLLINS-150

198	
15-16	BLACK- 130
O	CARR- 160
40-49	MARA- 135
50-59	CARR- 160
60-69	CARR-150

220	
13-14	NITZ-100
O	CLARKER-180
40-49	SELLERS- 160
50-59	LOOMIS-155
60-69	LEVINE- 130
70-79	SLADE-110

242	
O	MATTHEWS-160
40-49	FENIELLO-185
50-59	RAMIREZ- 145
60-69	MATTHEWS-160
70-79	FEENEY-130

IRONMAN NATIONAL RECORDS

SP/E- EQUIPPED, R- RAW, RC- RAW CLASSIC,

JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY

IRONMAN RECORDS	DIV	BP	DL	TOTAL
105	11-12 R	GARGETT-100	GARGETT-245	GARGETT-345
123	13-14R	MOTLEY-100	MOTLEY-225	MOTLEY-325
	JR-R	KUTT-245	KUTT-375	KUTT-620
132	15-16 E	CLARK-175	CLARK-350	CLARK-525
	JR-R	KUTT-265	KUTT-395	KUTT-660
	O-R	KUTT-305	KUTT-395	KUTT-700
148	11-12 R	DOLCI-175	DOLCI-350	DOLCI- 525
	13-14 R	JONES-160	HOLLAND- 315	HOLLAND- 465
	15-16 R	REESE-225	REESE-330	REESE-555
	17-19 R	HOLLAND- 160	HOLLAND- 95	HOLLAND- 255
	JR-R	BARROS-180	BARROS-345	BARROS-525
	O-R	MURPHY-145	MURPHY-340	MURPHY-485
	60-64 R	BARRECA-170	BARRECA- 355	BARRECA- 515
165	11-12 R	MAYNARD- 105	MAYNARD-175	MAYNARD-280
	15-16 R	POPA-230	POPA-415	POPA-645
	17-19 R	MCWELL JR-185	MCWELL JR-340	MCWELL JR-525
	JR-R	REFATULLAH-210	MARTIN-385	REFATULLAH-590

	O-R	COPPOLA- 320	COPPOLA- 155	COPPOLA- 455
	60-64 R	PHILLIPS- 200	PHILLIPS- 370	PHILLIPS- 570
	65-69R	LEGG-180	LEGG-250	LEGG-430
	75-79 R	DICKERSON-220	DICKERSON-155	DICKERSON-375
181	15-16 R	FIELD-185	FIELD-315	FIELD-500
	17-19 R	CISNEROS- 275	CISNEROS- 525	CISNEROS- 800
	O-R	PACHUTA- 355	PACHUTA- 585	PACHUTA- 940
	JR-R	LIPSCOMB-335	LIPSCOMB-550	LIPSCOMB-885
	SM-R	LYONS-315	LYONS-545	LYONS-860
	40-44 R	REESE- 275	REESE- 365	REESE- 640
	50-54 R	WHEELER- 220	WHEELER- 375	WHEELER- 590
	55-59 R	WHEELER-220	WHEELER-385	WHEELER-595
	60-64 R	PHILLIPS-200	PHILLIPS-360	PHILLIPS-560
	65-69 R	JACKSON-215	JACKSON-320	JACKSON-535
	70-74 R	MILLER-180	MILLER-340	MILLER-520
	75-79 R	DICKERSON- 250	DICKERSON- 340	DICKERSON-565
	P-R	LYONS-300	LYONS-500	LYONS-800

198	17-19 R	PARHAM-185	PARHAM-365	PARHAM-550
	JR-R	KELEMEN-340	KELEMEN-485	KELEMEN-825
	O-R	BROWN-430	PRESTON- 555	BROWN-940
	SM-R	CHANEY- 360	CHANEY-505	CHANEY- 865
	40-44 R	REESE- 275	REESE- 405	REESE- 680
	40-44 SP	UPHOFF- 225	UPHOFF- 405	UPHOFF- 630
	45-49 SP	UPHOFF-250	UPHOFF-400	UPHOFF-660
	45-49 R	CARTER-385	CARTER-505	CARTER-895
	50-54 R	SADIV- 320	SADIV- 640	SADIV- 945
	60-64 SP	VOGEL- 165	VOGEL- 230	VOGEL- 395
	60-64 R	CHRISSIS- 365	CHRISSIS- 455	CHRISSIS- 820
	70-74 R	MILLER-190	MILLER-340	MILLER-525
	75-79 R	MILLER-195	MILLER-340	MILLER-780
	P-R	LUCERO-320	LUCERO-500	LUCERO-820
220	15-16R	HENDERSON- 250	HENDERSON- 475	HENDERSON- 725
	JR-R	BELL-370	BELL- 680	BELL- 1030
	O-R	CARTER-410	ACEVADO-605	SIMPSON-990
	SM-R	PARKER- 330	PARKER- 600	PARKER- 930
	40-44 R	CHANEY-400	CHANEY-610	CHANEY-1010
	45-49 R	CARTER- 395	CARTER-510	CARTER- 905
	50-54 R	PATE- 315	PATE-465	PATE-780
	55-59 R	CREGO-335	CREGO- 480	CREGO- 815
	55-59 E	DIAZ-260	DIAZ- 475	DIAZ- 735
	60-64 R	WALKER-335	ARMENI-450	ARMENI- 755
	P-R	SEMIRAMIS-315	SEMIRAMIS-500	SEMIRAMIS-815
	P-E	SEMIRAMIS- 325	SEMIRAMIS- 505	SEMIRAMIS- 830

242	11-12 R	SALVINI-115	SALVINI-240	SALVINI-355
	15-16 R	BARBER- 170	BARBER- 330	BARBER- 500
	LT-R	CAFFREY-280	CAFFREY-460	CAFFREY-740
	O-R	BOWEN-345	SHELTON-540	SHELTON-890
	SM-R	TRUBILLA-315	TRUBILLA-500	TRUBILLA-815
	40-44 R	MCCALL-315	PRATER-505	PRATER- 785
	45-49 R	CARTER-420	CARTER-505	CARTER-925
	50-54 R	MCDANIEL- 265	MCDANIEL- 440	MCDANIEL- 705
	55-59R	ROLON- 350	ROLON- 635	ROLON- 985
	60-64 R	ARMENI-325	VELLUCCI-475	ARMENI-765
	70-74 R	CALHOUN-280	CALHOUN-300	CALHOUN-580
	P-R	SEMIRAMIS-315	SEMIRAMIS-500	SEMIRAMIS-815
	P-E	SEMIRAMIS- 335	SEMIRAMIS-495	SEMIRAMIS-830
275	15-16 R	BROWER- 225	BROWER- 405	BROWER- 630
	O-R	BUSH- 425	BUSH- 705	BUSH- 1130
	40-44 R	WISNIEWSKI-395	WISNIEWSKI-565	WISNIEWSKI-960
	45-49 R	COOPER-390	COOPER-710	COOPER-1100
	50-54 E	ROLON- 400	ROLON- 570	ROLON- 970
	60-64 R	LUKLAN-320	LUKLAN-455	LUKLAN-775
	65-69 R	BUCCHIONI- 260	BUCCHIONI- 510	BUCCHIONI- 770
	P-R	YORK- 360	YORK- 515	YORK- 875
308	15-16 R	LENZI- 185	LENZI- 405	LENZI- 590
	O-R	SLATE-465	SLATE-500	SLATE-965
	50-54 R	YORK-345	YORK- 475	YORK- 820
	P-R	YORK-345	YORK- 475	YORK- 820

SHW	SM-R	MCWELL- 415	MCWELL- 500	MCWELL- 915
	40-44 R	FIELDS- 355	FIELDS- 505	FIELDS- 860
	45-49 R	JACKSON- 500	DAVID- 660	DAVID- 1110