

WNPf PALMETTO PUSH/PULL/CURL

9.16.23

GREENVILLE, SC

NAME	AGE	WT.CLASS	state	DIVISION	BENCH	DEADLIFT	PC	SC
LEA NORMAN	21	132	SC	JR-R	130	280		
PETER THOMASON	19	165	SC	17-19 R	180	300		
JACK LUCAS	19	181	SC	17-19 R	170	550	105	
ALEX HITE	20	181	SC	JR-R	305	455		
JOSH BERGER	21	198	SC	JR-R	265			
BUD PARKER	64	198	SC	60-64 R	225		125	115
JOHN MITSOPOULOS	80	198	FL	80-84 R	185/240			
TEE MEYERS	67	198	GA	65-69 E		625		
NOAH RANDALL	20	220	SC	JR-R	285	460		
ROB PARKER	38	220	SC	SM-R/O	285		120	105
BRUCE BRIDGES	66	242	SC	60-69			110	
WILL QUARM	18	242	SC	17-19 R	255			
WILLIAM JOHNSON	19	242	SC	17-19 R		435	150	
MATT KELLER	20	242	SC	JR-R	300			145

ELLIS EDINKRAH		21	308	SC	JR-R	340	500		
MICKEY LEE		20	SHW	SC	JR-R	315	450		

OUTSTANDING LIFTERS

POWERCURL- WILL JOHNSON

RAW BENCH- ALEX HITE

RAW DEADLIFT- JACK LUCAS