

**These records are now WNPF HISTORICAL RECORDS,**

**This means they cannot be set or broken anymore. The**

**WNPF is starting a new chapter, divisions, records and rules**

**In 2016. Be a part of the new WNPF and set a record! Check**

**out the new WNPF records page in 2016. New WNPF Historical**

**Record certificates are available for all lifters with records.**

CANADIAN NATIONAL RECORDS  
SP-Single ply, (c)-Raw classic

POWERLIFTING					
Women					
105					
Open raw (c)					
Gitterman	205	95	250	550	
148					
Lifetime raw (c)					
Smith	245	180	335	760	
165					
Junior raw (c)					
Joannou	220	110	265	590	
Open raw (c)					
Joannou	215	115	280	610	
181					
Spivak	260	135	315	710	
MEN					
198					
Durocher	435	300	500	1235	

220					
Lifetime raw (c)					
Marshall	396	280	501	1141	
Open raw (c)					
Macnicol	525	330	605	1460	
Open raw					
Durocher	425	280	500	1205	
Subs raw					
Durocher	435	300	500	1235	
Junior raw (c)					
Tondo	407	264	385	1058	
Police/fire/military raw (c)					
Secord	441	286	451	1179	
242					
Lifetime raw (c)					
Macnicol	485	300	605	1390	
Open raw (c)					
Macnicol	500	320	600	1420	
45-49 raw (c)					
Tondo	573	308	573	1455	
275					
Junior raw (c)					
Brouwer	562	385	661	1609	
<b>BENCH</b>		<b>DEADLIFT</b>		<b>SQUAT</b>	
181		181		220	
Junior RAW	281-Silva	Lifetime RAW	352-Sandstrum	JUNIOR RAW (C)	407-Tondo
45-49 RAW	347-Johnson			LIFETIME RAW (C)	380-Marshall
Lifetime RAW	275-Fernandes				
		198		242	
198		Open raw	600- Lapadat	45-49 raw (c)	551-Tondo
45-49	248-Skinner	40-44	530-Skinner		
60-64 raw	237- Cote	45-49 RAW	510- Skinner		
220		Police/fire/military	530- Skinner		
Lifetime RAW	400-Zilberbrandt				
Open (DP)	420-Oudovikine	220			
Open (SP)	440-Oudovikine	Open RAW	385-Marshall		
Subs (DP)	420-Oudovikine	LIFETIME RAW	475-MARSHALL		
Subs (SP)	440-Oudovikine				
Police/Fire (SP)	330-Dudarev				

