VIRGINIA STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT, W-WOMEN, JR-JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, C- COLLEGIATE, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
NO RECORDS POSTED					
MEN					
181	SM-R	LYONS-395	LYONS-315	LYONS-545	LYONS-1255
	40-44 R	TAPIA-400	TAPIA-285	TAPIA-500	TAPIA-1185
	P-R	LYONS-395	LYONS-315	LYONS-545	LYONS-1255
198	40-44 R	TAPIA-420	TAPIA-290	TAPIA-500	TAPIA-1210
275	O-RC	BUSH-640	BUSH-405	BUSH-660	BUSH-1700
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
NO RECORDS POSTED			NO RECORDS POSTED		
MEN			MEN		
148	SM-R	COYLE-295	242	17-19R	HAGERTY-480
181	55-59 R	BRENDLINGER-315			
SQUAT ONLY			POWERCURL		
NO RECORDS POSTED			NO RECORDS POSTED		

BENCH FOR REPS					
181	55-59	BRENDLINGER-20			
IRONMAN					
WT	DIV	BENCH	DEADLIFT	TOTAL	
105	9-10R	HAYES-75	HAYES-155	HAYES-230	
165	13-14R	FOSTER-135	FOSTER-265	FOSTER-400	
	15-16R	CHICK-185	CHICK-350	CHICK-535	
181	17-19 R	MOUTON-320	PARK-510	MOUTON-815	
	P-R	LYONS-300	LYONS-500	LYONS-800	
242	13-14R	LIPINSKI-155	LIPINSKI-285	LIPINSKI-440	
275	O-R	BUSH-425	BUSH-705	BUSH-1130	