

WOMEN’S WORLD RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted

E- EQUIPPED, R- RAW, RC- RAW CLASSIC

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

POWERLIFTING- FULL MEET												
	SQUAT	BENCH	DEADLIFT	TOTAL								
75												
9-10 R	SMITH- 130	SMITH-65	SMITH-165	SMITH- 360								
114	SQUAT	BENCH	DEADLIFT	TOTAL								
O-R	BABCOCK-250	BABCOCK-160	BABCOCK-275	BABCOCK-690								
O-RC	KRISZA-220	KRISZA-100	KRISZA-300	KRIZA-610								
40-44 R	HERRERA-215	HERRERA-140	HERRERA-255	HERRERA-605								
50-54 R	CONROY-200	CONROY-100	CONROY-270	CONROY-570								
50-54 RC	FISHER-215	FISHER-130	FISHER-285	FISHER-630								
123	SQUAT	BENCH	DEADLIFT	TOTAL								
11-12 R	GIROSKI- 160	GIROSKI- 95	GIROSKI- 235	GIROSKI- 490								
15-16 R	DELANEY-215	DELANEY-100	DELANEY-225	DELANEY-540								
17-19 R	DELANEY- 255	DELANEY-125	DELANEY-255	DELANEY-630								
JR-R	NORMAN-245	NORMAN-130	NORMAN-290	NORMAN-665								
O-R	BABCOCK-270	BABCOCK-160	MOONEY-290	BABCOCK-705								
O-RC	KULKARNI-215	KULKARNI-100	KULKARNI-205	KULKARNI-520								
40-44 R	SUPINSKI-175	SUPINSKI-105	SUPINSKI-220	SUPINSKI-500								
40-44 RC	HALL-205	HALL- 115	HALL- 250	HALL- 570								
45-49 R	PLACA-195	PLACA-100	PLACA-255	PLACA-550								
132	SQUAT	BENCH	DEADLIFT	TOTAL								
15-16 R	HARRIER- 180	HARRIER- 120	HARRIER- 255	HARRIER- 555								
JR-R	NORMAN-265	NORMAN-135	NORMAN-295	NORMAN-695								

O-R	FREE-230	YODER-155	MCBRIDE- 300	FREE-630								
O-RC	CACIOPPO-275	CACIOPPO-150	CACIOPPO- 315	CACIOPPO- 740								
SM-R	CANALE- 135	CANALE- 105	CANALE- 225	CANALE-465								
65-69 R	HODUPSKI-120	HODUPSKI-80	HODUPSKI-170	HODUPSKI-370								
148	SQUAT	BENCH	DEADLIFT	TOTAL								
15-16 R	BRICKER- 280	BRICKER- 155	BRICKER- 275	BRICKER- 710								
OPEN-R	NKWODIMMAH-320	NKWODIMMAH-155	NKWODIMMAH-375	NKWODIMMAH-850								
OPEN-RC	KRESGE- 250	KRESGE- 140	KRESGE- 285	KRESGE- 675								
SUBS R	KOURANKOS- 240	KOURANKOS- 140	KOURANKOS- 275	KOURANKOS- 655								
45-49 R	FREE-230	FREE-140	FREE-285	FREE-655								
50-54 R	SOTTOSANTI-220	SOTTOSANTI-120	SOTTOSANTI-315	SOTTOSANTI-655								
55-59 R	HIGGS- 160	HIGGS- 130	HIGGS- 295	HIGGS- 585								
165	SQUAT	BENCH	DEADLIFT	TOTAL								
17-19 RC	DAVIS-275	DAVIS-145	DAVIS-325	DAVIS-745								
JR-R	CASOLA- 300	CASOLA- 135	CASOLA- 320	CASOLA- 755								
OPEN R	WISE-315	EDWARDS- 185	WISE-400	WISE-890								
OPEN RC	PARKER-350	PARKER- 225	PARKER- 405	PARKER- 980								
SM-R	YODER-260	YODER-195	YODER-315	YODER-770								
40-44 R	THOMAS- 225	THOMAS- 140	THOMAS- 315	THOMAS- 680								
45-49 R	PERRY- 195	PERRY-135	PERRY- 265	PERRY- 595								
50-54 R	EDWARDS-300	EDWARDS- 185	EDWARDS- 365	EDWARDS- 850								
55-59 R	RANNIE- 190	RANNIE- 140	RANNIE- 275	RANNIE- 605								
65-69 R	MCDEVITT- 155	MCDEVITT-80	MCDEVITT- 225	MCDEVITT-460								
181	SQUAT	BENCH	DEADLIFT	TOTAL								
JR-R	CASOLA-285	CASOLA-125	CASOLA-315	CASOLA-725								
O-R	ZBIKOWSKI-285	COLLINS- 170	ZBIKOWSKI-360	ZBIKOWSKI-790								
SUBS R	ZBIKOWSKI-285	ZBIKOWSKI-145	ZBIKOWSKI-360	ZBIKOWSKI-790								
45-49 R	HANSARD- 270	HANSARD- 140	HANSARD- 325	HANSARD- 735								
45-49 RC	BURKE- 310	BURKE- 175	BURKE- 375	BURKE- 860								
45-49 SP	SAMS- 350	SAMS- 145	SAMS- 395	SAMS- 880								

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SQUAT ONLY				BENCH FOR REPS								
WEIGHT CLASS	POWERCURL			WEIGHT CLASS	REPS							
114				97								
O-R	BABCOCK-250			O	BENNER-50							
				55-59	BENNER- 50							
123												
O-R	BABCOCK-270			105								
				O	BENNER-36							
132				55-59	BENNER-36							
JR-R	NORMAN-265											
				114								
148					FISHER- 44							
17-19 R	RUSH- 230			85-89	MURPHY-18							
165				123								
50-54 R	RICHARD- 185			40-44	SUPINSKI-40							
				148								
				OPEN	BERTI-28							
				55-59	MACRI- 31							
				60-64	MACRI-19							
				165								
				O	DELVALLE-36							
				55-59	RANNIE- 23							
				181								
				55-59	KING- 16							
				SHW								
				JR	ROMO- 18							
				SUBS	BRATT- 37							

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