

# ***NEW JERSEY STATE RECORDS***

***If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.***

***POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift***

***E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY, NV- NOVICE, SS- SLINGSHOT***

***Records will be in pounds and/or kilos but kilos will be converted into pounds.....***

## ***FULL POWERLIFTING RECORDS***

| <b>FULL MEET RECORDS</b> |                 | <b>SQ</b>              | <b>BP</b>              | <b>DL</b>              | <b>TOTAL</b>           |
|--------------------------|-----------------|------------------------|------------------------|------------------------|------------------------|
| <b>WOMEN</b>             |                 |                        |                        |                        |                        |
| <b>97</b>                | <b>11-12 R</b>  | <b>EICHHORN-100</b>    | <b>EICHHORN-50</b>     | <b>EICHHORN-140</b>    | <b>EICHHORN-290</b>    |
|                          |                 |                        |                        |                        |                        |
| <b>105</b>               | <b>O-R</b>      | <b>BOCO-270</b>        | <b>BOCO-140</b>        | <b>BOCO-335</b>        | <b>BOCO-745</b>        |
|                          |                 |                        |                        |                        |                        |
| <b>114</b>               | <b>15-16 RC</b> | <b>FOLEY-140</b>       | <b>FOLEY-75</b>        | <b>FOLEY-205</b>       | <b>FOLEY-420</b>       |
|                          | <b>17-19 RC</b> | <b>FOLEY-150</b>       | <b>FOLEY-70</b>        | <b>FOLEY-205</b>       | <b>FOLEY-425</b>       |
|                          | <b>17-19 R</b>  | <b>SACHS- 140</b>      | <b>SACHS- 105</b>      | <b>SACHS- 240</b>      | <b>SACHS- 480</b>      |
|                          | <b>O-R</b>      | <b>MERCANDANTE-230</b> | <b>MERCANDANTE-120</b> | <b>MERCANDANTE-275</b> | <b>MERCANDANTE-625</b> |
|                          | <b>O-RC</b>     | <b>KRISZA-220</b>      | <b>KRISZA-100</b>      | <b>KRISZA-290</b>      | <b>KRISZA-610</b>      |
|                          | <b>50-54 RC</b> | <b>FISHER-215</b>      | <b>FISHER-140</b>      | <b>FISHER-285</b>      | <b>FISHER-630</b>      |
|                          | <b>50-54 R</b>  | <b>CONROY- 200</b>     | <b>CONROY- 100</b>     | <b>CONROY- 270</b>     | <b>CONROY- 570</b>     |
|                          | <b>NV-R</b>     | <b>GIORDANI-150</b>    | <b>GIORDANI-80</b>     | <b>GIORDANI-170</b>    | <b>GIORDANI-400</b>    |
|                          |                 |                        |                        |                        |                        |

|            |                 |                        |                       |                       |                        |
|------------|-----------------|------------------------|-----------------------|-----------------------|------------------------|
| <b>123</b> | <b>O-R</b>      | <b>CAMPANO-265</b>     | <b>CAMPANO-145</b>    | <b>CAMPANO-330</b>    | <b>CAMPANO-745</b>     |
|            | <b>O-RC</b>     | <b>KULKARNI-215</b>    | <b>KULKARNI-105</b>   | <b>KULKARNI-205</b>   | <b>KULKARNI-520</b>    |
|            | <b>40-44-R</b>  | <b>CAMPANO-265</b>     | <b>CAMPANO-145</b>    | <b>CAMPANO-330</b>    | <b>CAMPANO-745</b>     |
|            | <b>45-49 R</b>  | <b>PLACA- 195</b>      | <b>BARRIOS-110</b>    | <b>PLACA-255</b>      | <b>PLACA-550</b>       |
|            | <b>50-54 R</b>  | <b>CONROY-200</b>      | <b>CONROY-100</b>     | <b>CONROY-260</b>     | <b>CONROY-560</b>      |
|            | <b>NV-R</b>     | <b>KULKARNI-170</b>    | <b>KULKARNI-90</b>    | <b>KULKARNI-155</b>   | <b>KULKARNI-415</b>    |
|            |                 |                        |                       |                       |                        |
| <b>132</b> | <b>11-12 R</b>  | <b>BERNARDO-185</b>    | <b>BERNARDO-85</b>    | <b>BERNARDO-230</b>   | <b>BERNARDO-500</b>    |
|            | <b>15-16 R</b>  | <b>BACKOS-145</b>      | <b>BACKOS-70</b>      | <b>BACKOS-180</b>     | <b>BACKOS-395</b>      |
|            | <b>17-19 R</b>  | <b>ALTIERI-225</b>     | <b>LAHIRI-120</b>     | <b>ALTIERI-300</b>    | <b>ALTIERI-635</b>     |
|            | <b>JR-R</b>     | <b>GARRITY-195</b>     | <b>GARRITY-130</b>    | <b>GARRITY-135</b>    | <b>GARRITY-460</b>     |
|            | <b>LT-RC</b>    | <b>CACIOPPO-275</b>    | <b>CACIOPPO-150</b>   | <b>CACIOPPO-315</b>   | <b>CACIOPPO-740</b>    |
|            | <b>O-R</b>      | <b>MUNOZ-270</b>       | <b>ZIEGLER-160</b>    | <b>BARBOSA-310</b>    | <b>BARBOSA-735</b>     |
|            | <b>O-RC</b>     | <b>PHILLIPE-260</b>    | <b>PHILLIPE-110</b>   | <b>PHILLIPE-275</b>   | <b>PHILIPPE-645</b>    |
|            | <b>SM-RC</b>    | <b>TUCKER-275</b>      | <b>TUCKER-120</b>     | <b>TUCKER-260</b>     | <b>TUCKER-655</b>      |
|            | <b>40-44 R</b>  | <b>ACQUISTO-250</b>    | <b>TUTURRO-135</b>    | <b>TURTURRO-345</b>   | <b>TURTURRO-680</b>    |
|            | <b>45-49 R</b>  | <b>TARANGIOLI- 185</b> | <b>TARANGIOLI-105</b> | <b>TARAGIOLI- 250</b> | <b>TARANGIOLI- 540</b> |
|            | <b>50-54 R</b>  | <b>EGAN-135</b>        | <b>EGAN-85</b>        | <b>EGAN-165</b>       | <b>EGAN-385</b>        |
|            | <b>55-59 R</b>  | <b>FREYBERGER-155</b>  | <b>FREYBERGER-90</b>  | <b>FREYBERGER-255</b> | <b>FREYBERGER-500</b>  |
|            | <b>60-64 RC</b> | <b>HODUPSKI-105</b>    | <b>HODUPSKI-80</b>    | <b>HODUPSKI-160</b>   | <b>HODUPSKI-345</b>    |
|            | <b>60-64 R</b>  | <b>HODUPSKI-120</b>    | <b>HODUPSKI-80</b>    | <b>HODUPSKI-175</b>   | <b>HODUPSKI-375</b>    |
|            | <b>NV-R</b>     | <b>SILVA-220</b>       | <b>SILVA-140</b>      | <b>STUPAK- 275</b>    | <b>STUPAK- 615</b>     |
|            |                 |                        |                       |                       |                        |
| <b>148</b> | <b>11-12 R</b>  | <b>BERNARDO-200</b>    | <b>BERNARDO-100</b>   | <b>BERNARDO-240</b>   | <b>BERNARDO-535</b>    |
|            | <b>13-14RC</b>  | <b>LOARCA-150</b>      | <b>LOARCA-60</b>      | <b>LOARCA-170</b>     | <b>LOARCA-380</b>      |
|            | <b>15-16 R</b>  | <b>PITINGOLO-225</b>   | <b>PITINGOLO-125</b>  | <b>PITINGOLO-290</b>  | <b>PITINGOLO-640</b>   |
|            | <b>17-19 R</b>  | <b>KUTIN-330</b>       | <b>KUTIN-135</b>      | <b>KUTIN-380</b>      | <b>KUTIN-835</b>       |
|            | <b>JR-R</b>     | <b>SCRUDATO-235</b>    | <b>SCRUDATO-140</b>   | <b>SCRUDATO-325</b>   | <b>SCRUDATO-700</b>    |
|            | <b>O-RC</b>     | <b>CORINGRATO-250</b>  | <b>CORINGRATO-130</b> | <b>CORINGRATO-315</b> | <b>CORINGRATO-695</b>  |
|            | <b>O-R</b>      | <b>NKWODIMMAH-320</b>  | <b>KINCAID-185</b>    | <b>BOGDEN-405</b>     | <b>KINCADE-855</b>     |
|            | <b>SM-R</b>     | <b>SELMON-240</b>      | <b>LANNA-125</b>      | <b>LANNA-275</b>      | <b>SELMON-610</b>      |
|            | <b>SM-RC</b>    | <b>PALACIOS-245</b>    | <b>PALACIOS-95</b>    | <b>PALACIOS-255</b>   | <b>PALACIOS-595</b>    |
|            | <b>40-44 R</b>  | <b>KINCAID-305</b>     | <b>KINCAID-185</b>    | <b>KINCAID-365</b>    | <b>KINCAID-855</b>     |
|            | <b>45-49 R</b>  | <b>FREE-240</b>        | <b>FREE-155</b>       | <b>FREE-300</b>       | <b>FREE-695</b>        |
|            | <b>50-54 R</b>  | <b>SOTTOSANTI-230</b>  | <b>SOTTOSANTI-130</b> | <b>SOTTOSANTI-320</b> | <b>SOTTOSANTI-670</b>  |
|            | <b>NV-R</b>     | <b>SZCZSNY-225</b>     | <b>CARR-155</b>       | <b>SOTTOSANTI-305</b> | <b>CARR-645</b>        |

|            |                 |                        |                       |                        |                        |
|------------|-----------------|------------------------|-----------------------|------------------------|------------------------|
|            |                 |                        |                       |                        |                        |
| <b>165</b> | <b>17-19 R</b>  | <b>CASOLA- 230</b>     | <b>CASOLA- 120</b>    | <b>CASOLA- 285</b>     | <b>CASOLA- 630</b>     |
|            | <b>JR-R</b>     | <b>VELEZ-305</b>       | <b>CASOLA- 135</b>    | <b>VELEZ-325</b>       | <b>CASOLA-755</b>      |
|            | <b>O-R</b>      | <b>DUH-330</b>         | <b>DUH-200</b>        | <b>SELAMIE- 425</b>    | <b>SELAMIE- 925</b>    |
|            | <b>O-RC</b>     | <b>MILLER-250</b>      | <b>MILLER-120</b>     | <b>MILLER-330</b>      | <b>MILLER-700</b>      |
|            | <b>SM-R</b>     | <b>MCCARTHY-190</b>    | <b>MCCARTHY-95</b>    | <b>MCCARTHY-270</b>    | <b>MCCARTHY-555</b>    |
|            | <b>40-44 RC</b> | <b>BURKE-300</b>       | <b>BURKE-180</b>      | <b>BURKE- 350</b>      | <b>BURKE- 830</b>      |
|            | <b>40-44 R</b>  | <b>LINTERNO-295</b>    | <b>FRANCIS- 155</b>   | <b>FRANCIS- 365</b>    | <b>LINTERNO-795</b>    |
|            | <b>45-49 R</b>  | <b>PERRY-210</b>       | <b>PERRY- 145</b>     | <b>PERRY- 305</b>      | <b>PERRY- 660</b>      |
|            | <b>NV-R</b>     | <b>FRIEDMAN- 250</b>   | <b>FRIEDMAN-115</b>   | <b>FRIEDMAN- 285</b>   | <b>FRIEDMAN-650</b>    |
|            |                 |                        |                       |                        |                        |
| <b>181</b> | <b>JR-R</b>     | <b>CASOLA-285</b>      | <b>MORRIS- 140</b>    | <b>MORRIS- 315</b>     | <b>CASOLA-725</b>      |
|            | <b>O-R</b>      | <b>MARZANO-340</b>     | <b>MARZANO-205</b>    | <b>ZBIKWOSKI-405</b>   | <b>ZBIKOWSKI-855</b>   |
|            | <b>LT-R</b>     | <b>ORSINI-260</b>      | <b>LEONE-130</b>      | <b>ORSINI-365</b>      | <b>ORSINI-745</b>      |
|            | <b>O-RC</b>     | <b>CHANG- 265</b>      | <b>CHANG- 105</b>     | <b>CHANG- 230</b>      | <b>CHANG- 600</b>      |
|            | <b>SM-R</b>     | <b>ZBIKOWSKI-300</b>   | <b>ZBIKOWSKI-150</b>  | <b>ZBIKOWSKI-405</b>   | <b>ZBIKOWSKI-855</b>   |
|            | <b>40-44 R</b>  | <b>ZARNANI-225</b>     | <b>ZARNANI-105</b>    | <b>ZARNANI-250</b>     | <b>ZARNANI-580</b>     |
|            | <b>40-44 RC</b> | <b>BURKE- 310</b>      | <b>BURKE- 175</b>     | <b>BURKE- 375</b>      | <b>BURKE- 860</b>      |
|            | <b>45-49 R</b>  | <b>PERRY- 220</b>      | <b>PERRY- 145</b>     | <b>PERRY- 310</b>      | <b>PERRY- 675</b>      |
|            | <b>50-54 R</b>  | <b>ESOLA-200</b>       | <b>ESOLA- 140</b>     | <b>ESOLA-250</b>       | <b>ESOLA-575</b>       |
|            | <b>55-59 R</b>  | <b>WILLIAMS-190</b>    | <b>WILLIAMS-140</b>   | <b>WILLIAMS-245</b>    | <b>WILLIAMS-575</b>    |
|            | <b>P-R</b>      | <b>RAU-165</b>         | <b>RAU-110</b>        | <b>RAU-250</b>         | <b>RAU- 525</b>        |
|            | <b>NV-R</b>     | <b>STANFIL-135</b>     | <b>STANFIL-90</b>     | <b>STANFIL-240</b>     | <b>STANFIL-465</b>     |
|            |                 |                        |                       |                        |                        |
| <b>SHW</b> | <b>17-19 R</b>  | <b>ANDERSON-250</b>    | <b>ANDERSON-105</b>   | <b>ANDERSON-315</b>    | <b>ANDERSON-670</b>    |
|            | <b>O-R</b>      | <b>THACKER-345</b>     | <b>THACKER-180</b>    | <b>OKWUONU-400</b>     | <b>THACKER-880</b>     |
|            | <b>O-RC</b>     | <b>PIERINELLI-325</b>  | <b>PIERINELLI-165</b> | <b>PIERINELLI-360</b>  | <b>PIERINELLI-835</b>  |
|            | <b>SM-R</b>     | <b>ASHLEY-275</b>      | <b>ASHLEY-120</b>     | <b>ASHLEY-320</b>      | <b>ASHLEY-715</b>      |
|            | <b>40-44 R</b>  | <b>BENCIVENGO- 335</b> | <b>BENCIVENGO-190</b> | <b>BENCIVENGO- 390</b> | <b>BENCIVENGO- 915</b> |
|            | <b>50-54 R</b>  | <b>JOKHAN-200</b>      | <b>SNYDER- 115</b>    | <b>JOKHAN-310</b>      | <b>JOKHAN-620</b>      |
|            | <b>50-54 RC</b> | <b>JOKHAN-160</b>      | <b>JOKHAN-100</b>     | <b>JOKHAN-275</b>      | <b>JOKHAN-535</b>      |
|            | <b>NV-R</b>     | <b>SHRADER-205</b>     | <b>SHRADER-115</b>    | <b>SHRADER-250</b>     | <b>SHRADER-570</b>     |
|            | <b>NV-RC</b>    | <b>SANTIAGO-250</b>    | <b>SANTIAGO-120</b>   | <b>SANTIAGO-300</b>    | <b>SANTIAGO-670</b>    |
|            |                 |                        |                       |                        |                        |
|            |                 |                        |                       |                        |                        |

|                         |         |                |                      |         |                |
|-------------------------|---------|----------------|----------------------|---------|----------------|
| <b>SPECIALIST</b>       |         |                |                      |         |                |
|                         |         |                |                      |         |                |
| <b>BENCH PRESS ONLY</b> |         |                | <b>DEADLIFT ONLY</b> |         |                |
| <b>WOMEN</b>            |         |                | <b>WOMEN</b>         |         |                |
| 75                      | 7-8R    | HESS-60        |                      |         |                |
| 97                      | 9-10 R  | HESS-100       |                      |         |                |
| 114                     | 17-19R  | SACH-105       | 114                  | 17-19 R | SACHS- 250     |
|                         | 50-54 R | FISHER-130     |                      | 50-54 R | FISHER-285     |
|                         |         |                |                      |         |                |
| 123                     | 17-19 R | SACHS-100      | 123                  | 15-16R  | TORTORELLI-165 |
|                         | O-R     | KULKARNI-100   |                      | O-R     | KULKARNI-205   |
|                         | 50-54 R | GUERRIZIO-120  |                      | 50-54 R | GUERRIZIO-230  |
|                         |         |                |                      |         |                |
|                         |         |                | 132                  | 15-16 R | BACKOS-180     |
|                         |         |                |                      | SM-R    | BEAUCHEMIN-225 |
| 132                     | 55-59 R | DiMARZO- 85    |                      | 40-44 R | FREE- 240      |
|                         |         |                |                      | 50-54 R | GUERRIZIO-235  |
|                         |         |                |                      | 55-59 R | DiMARZO- 240   |
| 165                     | 40-44 R | LINTERNO- 155  |                      | 65-69 R | CRAFT-200      |
|                         | 55-59 R | YODAKIS- 140   |                      |         |                |
|                         |         |                | 165                  | O-R     | ZBIKOWSKI-360  |
| 181                     | O-R     | BONDURANT- 190 |                      | SM-R    | ZBIKOWSKI-360  |
|                         | 55-59 R | WILLIAMS- 140  |                      | 40-44 R | LINTERNO-315   |
|                         | 60-64 R | BONDURANT-190  |                      |         |                |
|                         |         |                | 181                  | SM-R    | FREE-235       |
| SHW                     | 17-19 R | ANDERSON-105   |                      |         |                |
|                         | 45-49R  | TODRES-95      | SHW                  | 17-19 R | ANDERSON-315   |
|                         |         |                |                      |         |                |
| <b>SQUAT ONLY</b>       |         |                |                      |         |                |
| <b>WOMEN</b>            |         |                |                      |         |                |
| 123                     | O-R     | ESTEVEZ- 150   |                      |         |                |
|                         |         |                |                      |         |                |
|                         |         |                |                      |         |                |
| 132                     | JR-R    | ROBERTS- 225   | STRICT CURL          |         |                |
|                         |         |                | 181                  | O       | FREE-75        |
| 165                     | 40-44 R | LINTERNO- 295  |                      |         |                |

|                             |                |                       |                        |                        |                |
|-----------------------------|----------------|-----------------------|------------------------|------------------------|----------------|
|                             |                |                       | <b>POWERCURL</b>       |                        |                |
|                             |                |                       | <b>181</b>             | <b>40-49</b>           | <b>FREE-75</b> |
| <b>IRONMAIDEN<br/>WOMEN</b> |                |                       |                        |                        |                |
| <b>97</b>                   | <b>65-69R</b>  | <b>ROSEN-75</b>       | <b>ROSEN-185</b>       | <b>ROSEN-260</b>       |                |
|                             | <b>15-16R</b>  | <b>TORTORELLI-70</b>  | <b>TORTORELLI-165</b>  | <b>TORTORELLI-235</b>  |                |
| <b>123</b>                  | <b>NV-R</b>    | <b>GUERRIZIO-110</b>  | <b>GUERRIZIO-220</b>   | <b>GUERRIZIO-330</b>   |                |
|                             | <b>O-R</b>     | <b>KRYMCHANSKI-70</b> | <b>KRYMCHANSKI-260</b> | <b>KRYMCHANSKI-330</b> |                |
|                             | <b>50-54R</b>  | <b>GUERRIZIO-110</b>  | <b>GUERRIZIO-220</b>   | <b>GUERRIZIO-330</b>   |                |
| <b>132</b>                  | <b>O-R</b>     | <b>TURTURRO-160</b>   | <b>TURTURRO-330</b>    | <b>TURTURRO-490</b>    |                |
|                             | <b>40-44 R</b> | <b>TURTURRO-135</b>   | <b>TURTURRO-345</b>    | <b>TURTURRO-480</b>    |                |
| <b>148</b>                  | <b>40-44 R</b> | <b>TURTURRO-155</b>   | <b>TURTURRO-315</b>    | <b>TURTURRO- 470</b>   |                |
|                             | <b>45-49R</b>  | <b>SHOVLIN-100</b>    | <b>SHOVLIN-220</b>     | <b>SHOVLIN-320</b>     |                |
| <b>165</b>                  | <b>55-59R</b>  | <b>WILLIAMS-135</b>   | <b>WILLIAMS-230</b>    | <b>WILLIAMS-365</b>    |                |
| <b>181</b>                  | <b>SM-R</b>    | <b>FREE-100</b>       | <b>FREE-225</b>        | <b>FREE- 325</b>       |                |
|                             | <b>40-44 R</b> | <b>FREE-115</b>       | <b>FREE-235</b>        | <b>FREE-350</b>        |                |
|                             | <b>55-59 R</b> | <b>WILLIAMS-140</b>   | <b>WILLIAMS- 240</b>   | <b>WILLIAMS- 380</b>   |                |
| <b>SHW</b>                  | <b>15-16 R</b> | <b>ANDERSON-95</b>    | <b>ANDERSON-315</b>    | <b>ANDERSON- 410</b>   |                |
|                             | <b>O-R</b>     | <b>OKWUONU-155</b>    | <b>OKWUONU-375</b>     | <b>OKWUONU-530</b>     |                |
|                             | <b>SM-R</b>    | <b>WHINNA-130</b>     | <b>WHINNA-315</b>      | <b>WHINNA-445</b>      |                |
|                             | <b>45-49 R</b> | <b>LASKOW-95</b>      | <b>LASKOW-285</b>      | <b>LASKOW-380</b>      |                |
| <b>BENCH FOR REPS</b>       |                |                       |                        |                        |                |
| <b>114</b>                  | <b>50-54</b>   | <b>FISHER-52</b>      |                        |                        |                |
| <b>132</b>                  | <b>O</b>       | <b>FREE-41</b>        |                        |                        |                |
|                             |                |                       |                        |                        |                |
|                             |                |                       |                        |                        |                |
|                             |                |                       |                        |                        |                |

| <b>MEN'S POWERLIFTING</b> |                 |                       |                       |                       |                        |
|---------------------------|-----------------|-----------------------|-----------------------|-----------------------|------------------------|
| <b>MEN</b>                |                 |                       |                       |                       |                        |
| <b>114</b>                | <b>11-12 R</b>  | <b>KOWNACKI-175</b>   | <b>KOWNACKI-90</b>    | <b>KOWNACKI-250</b>   | <b>KOWNACKI-515</b>    |
| <b>123</b>                | <b>15-16R</b>   | <b>GALE-225</b>       | <b>GALE-105</b>       | <b>GALE-305</b>       | <b>GALE-635</b>        |
| <b>132</b>                | <b>9-10 RC</b>  | <b>TORANZO-260</b>    | <b>TORANZO-115</b>    | <b>TORANZO-250</b>    | <b>TORANZO-625</b>     |
|                           | <b>15-16 R</b>  | <b>GOMEZ-165</b>      | <b>GOMEZ-85</b>       | <b>GOMEZ-235</b>      | <b>GOMEZ-485</b>       |
|                           | <b>JR-R</b>     | <b>SILVA-255</b>      | <b>SILVA-165</b>      | <b>SILVA-325</b>      | <b>SILVA-745</b>       |
|                           | <b>O-R</b>      | <b>NASOR-265</b>      | <b>NASOR-190</b>      | <b>NASOR-365</b>      | <b>NASOR- 820</b>      |
| <b>148</b>                | <b>11-12 R</b>  | <b>DOLCI III-305</b>  | <b>DOLCI III- 175</b> | <b>DOLCI III- 350</b> | <b>DOLCI III- 830</b>  |
|                           | <b>13-14 R</b>  | <b>KUTIN- 275</b>     | <b>KUTIN- 140</b>     | <b>KUTIN- 350</b>     | <b>KUTIN- 765</b>      |
|                           | <b>15-16 R</b>  | <b>NEWMAN-250</b>     | <b>NEWMAN-165</b>     | <b>NEWMAN-315</b>     | <b>NEWMAN-730</b>      |
|                           | <b>17-19 R</b>  | <b>NEWMAN- 300</b>    | <b>NEWMAN-180</b>     | <b>GREEN- 390</b>     | <b>GREEN- 860</b>      |
|                           | <b>O-RC</b>     | <b>TENDENCIA-515</b>  | <b>TENDENCIA-270</b>  | <b>TENDENCIA-525</b>  | <b>TENDENCIA-1310</b>  |
|                           | <b>O-R</b>      | <b>CIRINGIONE-310</b> | <b>MAHER-245</b>      | <b>CIRINGIONE-375</b> | <b>MAHER-895</b>       |
|                           | <b>SM-R</b>     | <b>MAHER-305</b>      | <b>MAHER-245</b>      | <b>MAHER-345</b>      | <b>MAHER-895</b>       |
|                           | <b>40-44 RC</b> | <b>TENDENCIA- 515</b> | <b>TENDENCIA- 270</b> | <b>TENDENCIA- 525</b> | <b>TENDENCIA- 1310</b> |
|                           | <b>40-44 R</b>  | <b>ROLDAN-360</b>     | <b>ROLDAN-195</b>     | <b>ROLDAN-410</b>     | <b>ROLDAN-965</b>      |
| <b>165</b>                | <b>15-16 R</b>  | <b>BRICKER-315</b>    | <b>BRICKER-185</b>    | <b>BRICKER-315</b>    | <b>BRICKER-815</b>     |
|                           | <b>17-19 R</b>  | <b>RUHL-445</b>       | <b>RUHL-255</b>       | <b>MARUCCI- 500</b>   | <b>MARUCCI- 1140</b>   |
|                           | <b>JR-R</b>     | <b>MARUCCI- 420</b>   | <b>MARUCCI- 255</b>   | <b>WHITAKER- 540</b>  | <b>MARUCCI- 1200</b>   |
|                           | <b>JR-RC</b>    | <b>GOMEZ- 460</b>     | <b>GOMEZ- 340</b>     | <b>GOMEZ- 535</b>     | <b>GOMEZ- 1335</b>     |
|                           | <b>O-R</b>      | <b>DIMINNI-520</b>    | <b>MILLER-300</b>     | <b>JANNI-565</b>      | <b>DIMINNI-1330</b>    |
|                           | <b>O-RC</b>     | <b>GOMEZ- 460</b>     | <b>GOMEZ- 340</b>     | <b>GOMEZ- 535</b>     | <b>GOMEZ- 1335</b>     |
|                           | <b>LT-RC</b>    | <b>GOMEZ- 460</b>     | <b>GOMEZ- 340</b>     | <b>GOMEZ- 535</b>     | <b>GOMEZ- 1335</b>     |
|                           | <b>40-44 R</b>  | <b>COVELLO- 360</b>   | <b>COVELLO- 245</b>   | <b>COVELLO- 385</b>   | <b>COVELLO- 985</b>    |
|                           | <b>45-49 R</b>  | <b>ANDREWS-225</b>    | <b>ANDREWS-175</b>    | <b>ANDREWS-285</b>    | <b>ANDREWS-685</b>     |
|                           | <b>50-54 R</b>  | <b>GRANDRIMO-350</b>  | <b>GRANDRIMO-260</b>  | <b>GRANDRIMO-390</b>  | <b>GRANDRIMO-1000</b>  |
|                           | <b>50-54RC</b>  | <b>SCHADT-345</b>     | <b>SCHADT-255</b>     | <b>SCHADT-375</b>     | <b>SCHADT-975</b>      |
|                           | <b>65-69 R</b>  | <b>ROSEN-225</b>      | <b>NISSIM- 205</b>    | <b>ROSEN-335</b>      | <b>ROSEN-700</b>       |
|                           | <b>65-69 RC</b> | <b>ROSEN- 180</b>     | <b>ROSEN- 155</b>     | <b>ROSEN- 300</b>     | <b>ROSEN- 635</b>      |

|            |                 |                       |                       |                       |                        |
|------------|-----------------|-----------------------|-----------------------|-----------------------|------------------------|
|            | <i>P-R</i>      | <i>BOVINO-400</i>     | <i>BOVINO-340</i>     | <i>BOVINO-475</i>     | <i>BOVINO-1215</i>     |
| <i>181</i> | <i>11-12 R</i>  | <i>DOLCI III-365</i>  | <i>DOLCI III-215</i>  | <i>DOLCI III-400</i>  | <i>DOLCI III-980</i>   |
|            | <i>13-14 R</i>  | <i>JONES-285</i>      | <i>JONES-115</i>      | <i>JONES-320</i>      | <i>JONES-720</i>       |
|            | <i>13-14 RC</i> | <i>TORANZO-320</i>    | <i>TORANZO-185</i>    | <i>TORANZO-350</i>    | <i>TORANZO-855</i>     |
|            | <i>15-16 R</i>  | <i>KUTIN-415</i>      | <i>LOMBARDI- 255</i>  | <i>KUTIN-500</i>      | <i>KUTIN-1125</i>      |
|            | <i>17-19 R</i>  | <i>CAVALLARO- 425</i> | <i>CAVALLARO- 305</i> | <i>CAVALLARO- 585</i> | <i>CAVALLARO- 1315</i> |
|            | <i>JR-R</i>     | <i>GOMEZ- 450</i>     | <i>GOMEZ- 330</i>     | <i>GOMEZ- 575</i>     | <i>GOMEZ- 1355</i>     |
|            | <i>JR-RC</i>    | <i>GOMEZ-520</i>      | <i>GOMEZ-370</i>      | <i>GOMEZ-590</i>      | <i>GOMEZ-1480</i>      |
|            | <i>LT-RC</i>    | <i>GOMEZ-520</i>      | <i>GOMEZ-370</i>      | <i>GOMEZ-590</i>      | <i>GOMEZ-1480</i>      |
|            | <i>O-RC</i>     | <i>GOMEZ- 520</i>     | <i>DUNCAN-410</i>     | <i>GOMEZ- 590</i>     | <i>GOMEZ- 1480</i>     |
|            | <i>O-R</i>      | <i>PACHUTA- 560</i>   | <i>PACHUTA- 370</i>   | <i>PACHUTA- 700</i>   | <i>PACHUTA- 1630</i>   |
|            | <i>SUBS RC</i>  | <i>DUNCAN-445</i>     | <i>DUNCAN-410</i>     | <i>DUNCAN-565</i>     | <i>DUNCAN-1420</i>     |
|            | <i>40-44 R</i>  | <i>BUKER- 390</i>     | <i>JACKSON- 285</i>   | <i>BUKER- 450</i>     | <i>BUKER- 1080</i>     |
|            | <i>45-49 R</i>  | <i>TARANGIOLI-350</i> | <i>TARANGIOLI-260</i> | <i>TARANGIOLI-400</i> | <i>TARANGIOLI-1010</i> |
|            | <i>P-RC</i>     | <i>DUNCAN-445</i>     | <i>DUNCAN-410</i>     | <i>DUNCAN-565</i>     | <i>DUNCAN-1420</i>     |
|            | <i>P-R</i>      | <i>BOVINO-380</i>     | <i>BOVINO-320</i>     | <i>BOVINO-500</i>     | <i>BOVINO-1200</i>     |
|            | <i>NV-R</i>     | <i>MILLER-385</i>     | <i>MILLER-290</i>     | <i>MILLER-475</i>     | <i>MILLER-1150</i>     |
| <i>198</i> | <i>15-16 R</i>  | <i>DOLCE-285</i>      | <i>DOLCE-250</i>      | <i>DOLCE-340</i>      | <i>DOLCE-875</i>       |
|            | <i>17-19 R</i>  | <i>ROMAN-450</i>      | <i>ROMAN-300</i>      | <i>DEMARCO-535</i>    | <i>ROMAN-1225</i>      |
|            | <i>JR-R</i>     | <i>DESOUSA- 500</i>   | <i>DESOUSA- 295</i>   | <i>MCDONNELL-550</i>  | <i>DESOUSA- 1340</i>   |
|            | <i>JR-RC</i>    | <i>ALLESSIO-365</i>   | <i>ALLESSIO-225</i>   | <i>ALLESSIO-500</i>   | <i>ALLESSIO-1225</i>   |
|            | <i>O-R</i>      | <i>DELBERT-525</i>    | <i>BANCROFT-350</i>   | <i>DELBERT-630</i>    | <i>DELBERT-1440</i>    |
|            | <i>O-RC</i>     | <i>GERMAIN- 530</i>   | <i>MATMON-330</i>     | <i>GERMAIN-620</i>    | <i>GERMAIN- 1470</i>   |
|            | <i>SM-R</i>     | <i>LYTWYN-435</i>     | <i>LYTWYN-240</i>     | <i>LYTWYN-530</i>     | <i>LYTWYN-1205</i>     |
|            | <i>40-44 R</i>  | <i>TARANGIOLI-380</i> | <i>JACKSON-295</i>    | <i>TARANGOLI- 415</i> | <i>TARANGOLI-1055</i>  |
|            | <i>40-44 RC</i> | <i>MEYERS-370</i>     | <i>MEYERS- 240</i>    | <i>MEYERS- 450</i>    | <i>MEYERS- 1060</i>    |
|            | <i>45-49 RC</i> | <i>TARANGIOLI-365</i> | <i>TARANGIOLI-260</i> | <i>TARANGIOLI-425</i> | <i>TARANGIOLI-1100</i> |
|            | <i>45-49R</i>   | <i>RUBIO-315</i>      | <i>RUBIO-205</i>      | <i>RUBIO-375</i>      | <i>RUBIO-895</i>       |
|            | <i>50-54 R</i>  | <i>WOOD- 430</i>      | <i>SIRECI-315</i>     | <i>SADIV- 625</i>     | <i>SADIV- 1335</i>     |
|            | <i>50-54 RC</i> | <i>CARRICK-300</i>    | <i>CARRICK-275</i>    | <i>CARRICK-420</i>    | <i>CARRICK-995</i>     |
|            | <i>55-59R</i>   | <i>CALLARI-240</i>    | <i>CALLARI-205</i>    | <i>CALLARI-350</i>    | <i>CALLARI-795</i>     |
|            | <i>55-59 SP</i> | <i>ZNACZKO-275</i>    | <i>ZNACZKO-150</i>    | <i>ZNACZKO-300</i>    | <i>ZNACZKO-725</i>     |
|            | <i>65-69 RC</i> | <i>DAVIES-285</i>     | <i>DAVIES-145</i>     | <i>DAVIES-265</i>     | <i>DAVIES-680</i>      |
|            | <i>P-RC</i>     | <i>FORCINITO-425</i>  | <i>CAREY- 325</i>     | <i>CAREY-580</i>      | <i>CAREY-1325</i>      |

|            |                 |                         |                       |                       |                        |
|------------|-----------------|-------------------------|-----------------------|-----------------------|------------------------|
|            | <i>NV-R</i>     | <i>ANCION-405</i>       | <i>MATMON-290</i>     | <i>ANCION-505</i>     | <i>ANCION-1155</i>     |
| <i>220</i> | <i>13-14R</i>   | <i>BERNARDO-320</i>     | <i>BERNARDO-160</i>   | <i>BERNARDO-360</i>   | <i>BERNARDO-840</i>    |
|            | <i>13-14 RC</i> | <i>TORANZO-365</i>      | <i>TORANZO-200</i>    | <i>TORANZO-300</i>    | <i>TORANZO-865</i>     |
|            | <i>15-16 R</i>  | <i>BERNARDO-390</i>     | <i>BERNARDO-205</i>   | <i>BERNARDO-410</i>   | <i>BERNARDO-1005</i>   |
|            | <i>15-16 RC</i> | <i>TORANZO,M-470</i>    | <i>TORANZO, M-255</i> | <i>TORANZO,M-500</i>  | <i>TORANZO,M-1225</i>  |
|            | <i>17-19 R</i>  | <i>FANTOZZI- 435</i>    | <i>FANTOZZI- 345</i>  | <i>FANTOZZI- 500</i>  | <i>FANTOZZI- 1280</i>  |
|            | <i>JR-R</i>     | <i>ABBOTT-460</i>       | <i>WEIRICH-300</i>    | <i>ABBOTT-510</i>     | <i>ABBOTT-1270</i>     |
|            | <i>JR-RC</i>    | <i>GILLIS-505</i>       | <i>GILLIS- 335</i>    | <i>GILLIS- 520</i>    | <i>GILLIS- 1360</i>    |
|            | <i>O-R</i>      | <i>HOJNACKI- 525</i>    | <i>LAWRENCE-405</i>   | <i>PALMUCCI- 600</i>  | <i>LAWRENCE-1500</i>   |
|            | <i>O-RC</i>     | <i>SANTORELI-525</i>    | <i>GILLIS-365</i>     | <i>ALESSIO-560</i>    | <i>GILLIS-1350</i>     |
|            | <i>SM-R</i>     | <i>GORDON-470</i>       | <i>GORDON-275</i>     | <i>GORDON-530</i>     | <i>GORDON-1175</i>     |
|            | <i>SM-RC</i>    | <i>LOPEZ-480</i>        | <i>LOPEZ-275</i>      | <i>LOPEZ-585</i>      | <i>LOPEZ-1340</i>      |
|            | <i>40-44 R</i>  | <i>WALDRON-520</i>      | <i>WALDRON-415</i>    | <i>WALDRON-505</i>    | <i>WALDRON-1440</i>    |
|            | <i>45-49 R</i>  | <i>MARTORINA- 440</i>   | <i>MARTORINA- 355</i> | <i>MARTORINA- 460</i> | <i>MARTORINA- 1230</i> |
|            | <i>50-54 R</i>  | <i>SIRECI-450</i>       | <i>SIRECI-320</i>     | <i>SADIV- 615</i>     | <i>SIRECI-1285</i>     |
|            | <i>50-54E</i>   | <i>WILLIAMS-405</i>     | <i>WILLIAMS-365</i>   | <i>WILLIAMS-430</i>   | <i>WILLIAMS-1200</i>   |
|            | <i>55-59 R</i>  | <i>WILLIAMS-470</i>     | <i>WILLIAMS-355</i>   | <i>DUFFY- 470</i>     | <i>WILLIAMS-1285</i>   |
|            | <i>55-59 RC</i> | <i>WILLIAMS- 505</i>    | <i>WILLIAMS-355</i>   | <i>WILLIAMS-460</i>   | <i>WILLIAMS-1320</i>   |
|            | <i>70-74 R</i>  | <i>SMITH- 300</i>       | <i>SMITH- 235</i>     | <i>SMITH- 400</i>     | <i>SMITH- 935</i>      |
|            | <i>P-R</i>      | <i>HOJNACKI- 525</i>    | <i>HOJNACKI- 385</i>  | <i>HOJNACKI- 565</i>  | <i>HOJNACKI- 1474</i>  |
|            | <i>NV-R</i>     | <i>MANGIARACINA-435</i> | <i>WAGNER-275</i>     | <i>PASCAL- 500</i>    | <i>WAGNER-1190</i>     |
| <i>242</i> | <i>13-14 R</i>  | <i>BERNARDO-330</i>     | <i>BERNARDO-165</i>   | <i>BERNARDO-375</i>   | <i>BERNARDO-870</i>    |
|            | <i>17-19 RC</i> | <i>ELSAYED-425</i>      | <i>ELSAYED-250</i>    | <i>ELSAYED-500</i>    | <i>ELSAYED-1175</i>    |
|            | <i>JR-R</i>     | <i>SLAPKOWSKI-465</i>   | <i>KINSLEY- 300</i>   | <i>NEVIN-545</i>      | <i>NEVIN- 1285</i>     |
|            | <i>O-R</i>      | <i>LANDOLINA-585</i>    | <i>LANDOLINA-345</i>  | <i>LANDOLINA-690</i>  | <i>LANDOLINA-1620</i>  |
|            | <i>O-RC</i>     | <i>ARNOLD- 650</i>      | <i>ARNOLD- 375</i>    | <i>ARNOLD- 620</i>    | <i>ARNOLD- 1645</i>    |
|            | <i>LT-R</i>     | <i>LANDOLINA- 585</i>   | <i>LANDOLINA-345</i>  | <i>LANDOLINA- 690</i> | <i>LANDOLINA- 1620</i> |
|            | <i>40-44 R</i>  | <i>HACK-375</i>         | <i>HACK-285</i>       | <i>HACK-485</i>       | <i>HACK-1145</i>       |
|            | <i>40-44 RC</i> | <i>GAUDETTE-340</i>     | <i>GAUDETTE-240</i>   | <i>GAUDETTE-435</i>   | <i>GAUDETTE-1015</i>   |
|            | <i>45-49 R</i>  | <i>LANDOLINA-560</i>    | <i>LANDOLINA-340</i>  | <i>LANDOLINA-665</i>  | <i>LANDOLINA-1550</i>  |
|            | <i>45-49 RC</i> | <i>TRAUTWEIN-395</i>    | <i>TRAUTWEIN-305</i>  | <i>TRAUTWEIN-475</i>  | <i>TRAUTWEIN- 1170</i> |
|            | <i>50-54R</i>   | <i>CAFFREY-400</i>      | <i>CAFFREY-280</i>    | <i>CAFFREY-440</i>    | <i>CAFFREY-1095</i>    |
|            | <i>55-59 R</i>  | <i>WILLIAMS-515</i>     | <i>WILLIAMS-360</i>   | <i>WILLIAMS-500</i>   | <i>WILLIAMS-1375</i>   |



|                      |                 |                      |                       |                       |                        |
|----------------------|-----------------|----------------------|-----------------------|-----------------------|------------------------|
| <b>242 CONT.....</b> | <b>60-64 R</b>  | <b>MAGUIRE- 285</b>  | <b>MAGUIRE- 250</b>   | <b>MAGUIRE- 370</b>   | <b>MAGUIRE- 890</b>    |
|                      | <b>60-64 RC</b> | <b>MAGUIRE- 290</b>  | <b>MAGUIRE- 245</b>   | <b>MAGUIRE- 375</b>   | <b>MAGUIRE- 905</b>    |
|                      | <b>NV-R</b>     | <b>LONG- 435</b>     | <b>LONG- 345</b>      | <b>LONG- 530</b>      | <b>LONG- 1310</b>      |
|                      | <b>P-RC</b>     | <b>ARNOLD- 650</b>   | <b>ARNOLD- 375</b>    | <b>ARNOLD- 620</b>    | <b>ARNOLD- 1645</b>    |
|                      |                 |                      |                       |                       |                        |
| <b>275</b>           | <b>17-19 R</b>  | <b>RAMIREZ-415</b>   | <b>RAMIREZ- 250</b>   | <b>RAMIREZ-405</b>    | <b>RAMIREZ- 1065</b>   |
|                      | <b>JR-R</b>     | <b>GUPTA-435</b>     | <b>GUPTA- 275</b>     | <b>GUPTA- 500</b>     | <b>GUPTA- 1210</b>     |
|                      | <b>O-R</b>      | <b>BOSTICK-630</b>   | <b>BOSTICK-430</b>    | <b>BOSTICK-715</b>    | <b>BOSTICK-1770</b>    |
|                      | <b>SM-R</b>     | <b>BALDWIN-455</b>   | <b>BALDWIN-290</b>    | <b>BALDWIN-580</b>    | <b>BALDWIN-1325</b>    |
|                      | <b>SM-RC</b>    | <b>JONES-605</b>     | <b>JONES-405</b>      | <b>JONES-600</b>      | <b>JONES-1610</b>      |
|                      | <b>40-44 R</b>  | <b>RATKAY-485</b>    | <b>RATKAY-315</b>     | <b>RATKAY-505</b>     | <b>RATKAY-1305</b>     |
|                      | <b>40-44 RC</b> | <b>RATKAY-600</b>    | <b>RATKAY-350</b>     | <b>RATKAY-565</b>     | <b>RATKAY-1500</b>     |
|                      | <b>55-59 R</b>  | <b>SMITH-525</b>     | <b>SMITH-355</b>      | <b>SMITH-510</b>      | <b>SMITH-1385</b>      |
|                      | <b>55-59 RC</b> | <b>ALBERTSON-365</b> | <b>ALBERTSON-250</b>  | <b>ALBERTSON-550</b>  | <b>ALBERTSON-1165</b>  |
|                      | <b>55-59R</b>   | <b>SMITH-530</b>     | <b>SMITH-355</b>      | <b>SMITH-525</b>      | <b>SMITH-1410</b>      |
|                      | <b>60-64 R</b>  | <b>SMITH-530</b>     | <b>SMITH-355</b>      | <b>SMITH-500</b>      | <b>SMITH-1370</b>      |
| <b>308</b>           | <b>17-19 R</b>  | <b>NAZARIO-500</b>   | <b>NAZARIO-265</b>    | <b>NAZARIO-500</b>    | <b>NAZARIO-1265</b>    |
|                      | <b>O-R</b>      | <b>NARCISE-600</b>   | <b>NARCISE- 405</b>   | <b>NARCISE- 630</b>   | <b>NARCISE- 1635</b>   |
|                      | <b>JR-R</b>     | <b>NARCISE- 600</b>  | <b>NARCISE- 405</b>   | <b>NARCISE- 630</b>   | <b>NARCISE- 1635</b>   |
|                      | <b>LT-RC</b>    | <b>ANDERSON-675</b>  | <b>ANDERSON-275</b>   | <b>ANDERSON-650</b>   | <b>ANDERSON-1600</b>   |
|                      | <b>SM-R</b>     | <b>BOYD-585</b>      | <b>BOYD-385</b>       | <b>BOYD-565</b>       | <b>BOYD-1500</b>       |
|                      | <b>40-44 R</b>  | <b>VASEV-550</b>     | <b>VASEV-425</b>      | <b>VASEV-580</b>      | <b>VASEV-1555</b>      |
|                      | <b>50-54 R</b>  | <b>WEST-530</b>      | <b>WEST-365</b>       | <b>WEST-535</b>       | <b>WEST-1430</b>       |
|                      | <b>P-R</b>      | <b>BOYD-585</b>      | <b>INSALACO- 395</b>  | <b>BOYD-565</b>       | <b>BOYD-1500</b>       |
|                      |                 |                      |                       |                       |                        |
| <b>SHW</b>           | <b>JR-R</b>     | <b>FANTOZZI- 550</b> | <b>FANTOZZI- 425</b>  | <b>FANTOZZI- 610</b>  | <b>FANTOZZI- 1565</b>  |
|                      | <b>O-R</b>      | <b>BOYD-615</b>      | <b>RICHARDSON-465</b> | <b>FANTOZZI-645</b>   | <b>BOYD-1610</b>       |
|                      | <b>SM-R</b>     | <b>BOYD-605</b>      | <b>BOYD-390</b>       | <b>BOYD-585</b>       | <b>BOYD-1580</b>       |
|                      | <b>45-49 RC</b> | <b>BONDER-500</b>    | <b>BONDER-305</b>     | <b>BONDER-435</b>     | <b>BONDER-1240</b>     |
|                      | <b>45-49 R</b>  | <b>HEAPY-330</b>     | <b>HEAPY-310</b>      | <b>HEAPY-375</b>      | <b>HEAPY-1015</b>      |
|                      | <b>50-54 RC</b> | <b>BONDER-425</b>    | <b>HEAPY- 350</b>     | <b>BONDER-420</b>     | <b>BONDER-1125</b>     |
|                      | <b>NV-R</b>     | <b>GITTO- 425</b>    | <b>GITTO- 325</b>     | <b>GITTO- 500</b>     | <b>GITTO- 1250</b>     |
|                      | <b>P-R</b>      | <b>BOYD-605</b>      | <b>RICHARDSON-465</b> | <b>RICHARDSON-605</b> | <b>RICHARDSON-1600</b> |
|                      |                 |                      |                       |                       |                        |
|                      |                 |                      |                       |                       |                        |

|                         |                |                      |                      |                |                      |
|-------------------------|----------------|----------------------|----------------------|----------------|----------------------|
|                         |                |                      |                      |                |                      |
|                         |                |                      |                      |                |                      |
| <b>SPECIALIST</b>       |                |                      |                      |                |                      |
|                         |                |                      |                      |                |                      |
| <b>BENCH PRESS ONLY</b> |                |                      | <b>DEADLIFT ONLY</b> |                |                      |
|                         |                |                      |                      |                |                      |
| <b>MEN</b>              |                |                      | <b>MEN</b>           |                |                      |
| <b>132</b>              | <b>O-R</b>     | <b>NASOR-190</b>     |                      |                |                      |
|                         | <b>50-54 R</b> | <b>EDWARDS- 220</b>  | <b>132</b>           | <b>17-19 R</b> | <b>NASOR- 350</b>    |
|                         |                |                      |                      | <b>O-R</b>     | <b>NASOR-350</b>     |
| <b>148</b>              | <b>13-14 R</b> | <b>MCCLAIN-185</b>   |                      |                |                      |
|                         | <b>15-16 R</b> | <b>FRANCO-235</b>    | <b>148</b>           | <b>O-R</b>     | <b>LETSON-380</b>    |
|                         | <b>45-49 R</b> | <b>LIVOLSI-230</b>   |                      | <b>70-74 R</b> | <b>LITTLE-335</b>    |
| <b>165</b>              | <b>17-19 R</b> | <b>MEROLA-245</b>    |                      | <b>60-64 R</b> | <b>FREIDES-365</b>   |
|                         | <b>O-R</b>     | <b>SANKOH-320</b>    |                      |                |                      |
|                         | <b>SM-R</b>    | <b>BATTEN-305</b>    |                      |                |                      |
|                         | <b>40-44 R</b> | <b>COVELLO-245</b>   | <b>165</b>           | <b>O-R</b>     | <b>SANKOH-540</b>    |
|                         | <b>90-94 R</b> | <b>WEISS-70</b>      |                      | <b>45-49 R</b> | <b>JOSEPH- 275</b>   |
|                         |                |                      |                      |                |                      |
| <b>181</b>              | <b>15-16 R</b> | <b>DOLCE-215</b>     |                      |                |                      |
|                         | <b>17-19 R</b> | <b>FARINARO-290</b>  |                      |                |                      |
|                         | <b>O-R</b>     | <b>FARRALES- 365</b> | <b>181</b>           | <b>17-19 R</b> | <b>DOLCE-400</b>     |
|                         | <b>40-44 R</b> | <b>JACKSON- 285</b>  |                      | <b>JR-R</b>    | <b>NAZARIO-680</b>   |
|                         | <b>NV-R</b>    | <b>BOVINO- 305</b>   |                      | <b>O-R</b>     | <b>NAZARIO- 700</b>  |
|                         | <b>70-74R</b>  | <b>GENTZEL-145</b>   |                      | <b>40-44 R</b> | <b>JACKSON-390</b>   |
|                         |                |                      |                      | <b>45-49 R</b> | <b>JACKSON- 450</b>  |
| <b>198</b>              | <b>15-16 R</b> | <b>DOLCE- 250</b>    |                      | <b>50-54 R</b> | <b>WOOD- 455</b>     |
|                         | <b>JR-R</b>    | <b>MCDONNELL-280</b> |                      | <b>17-19 R</b> | <b>CARDONA-525</b>   |
|                         | <b>O-R</b>     | <b>MATMON-345</b>    |                      |                |                      |
|                         | <b>45-49R</b>  | <b>JACKSON-295</b>   |                      |                |                      |
|                         |                |                      | <b>198</b>           | <b>15-16 R</b> | <b>DOLCE-340</b>     |
|                         | <b>55-59 R</b> | <b>EHRHARDT-375</b>  |                      | <b>JR-R</b>    | <b>MCDONNELL-550</b> |
|                         | <b>55-59 E</b> | <b>DIAZ-225</b>      |                      | <b>O-R</b>     | <b>HASTINGS- 610</b> |
|                         | <b>P-R</b>     | <b>FARRALES-360</b>  |                      | <b>45-49R</b>  | <b>JACKSON-485</b>   |
|                         |                |                      |                      | <b>50-54 R</b> | <b>SADIV- 640</b>    |

|     |          |                   |     |         |                |
|-----|----------|-------------------|-----|---------|----------------|
|     | 17-19 R  | GEORGIU- 235      |     | 55-59 E | DOAZ-440       |
| 220 | O-R      | CAFFREY-275       |     | NV-R    | GABER- 485     |
|     | 40-44 R  | MALTEZOS-350      |     |         |                |
|     | 45-49 R  | MALTEZOS- 365     |     |         |                |
|     | 45-49 SS | MALTEZOS- 400     |     |         |                |
|     | 50-54 R  | DRABIK-385        |     |         |                |
|     | 50-54 SS | MALTEZOS-380      |     |         |                |
|     | 55-59R   | EHRHARDT-365      |     |         |                |
|     | 60-64 R  | EHRHARDT-355      |     |         |                |
|     | 60-64 SS | DIAZ-250          | 220 | JR-R    | HATZHOFFER-500 |
|     | 65-69E   | LEVINE-265        |     | O-R     | CAFFREY-420    |
|     | 65-69 R  | LEVINE- 255       |     | 45-49 R | MARTORINA- 460 |
|     |          |                   |     | 50-54 R | SADIV- 615     |
| 242 | 13-14R   | MYERS-135         |     | 55-59R  | WILLIAMS- 440  |
|     | 17-19 R  | FISCHER-260       |     | 60-64 R | DIAZ-455       |
|     | LT-R     | MANCUSO- 365      |     | 60-64 E | DIAZ-450       |
|     | O-R      | EICHHORN-375      |     | 70-74 R | SMITH-400      |
|     | SM-R     | EICHHORN-375      |     | NV-R    | PASCAL- 500    |
|     | 40-44 R  | FENIELLO-365      |     |         |                |
|     | 50-54 R  | CAFFEREY-280      |     | P-R     | WALL-460       |
|     | P-R      | HECKSHER- 370     |     |         |                |
|     |          |                   |     |         |                |
|     |          |                   | 242 | 13-14R  | MYERS-215      |
|     |          |                   |     | 17-19 R | FISCHER- 480   |
|     |          |                   |     | JR-R    | KINSLEY- 540   |
|     |          |                   |     | O-R     | CAFFREY- 460   |
| 275 | 17-19 R  | NARCISE- 320      |     | LT-R    | CAFFREY- 420   |
|     | SM-R     | JONES-405         |     | 50-54R  | CAFFREY-440    |
|     | 40-44 R  | SANTIAGO- 435     |     | 55-59 R | BACKOS-475     |
|     | 45-49 R  | SANTIAGO-445      |     |         |                |
|     | 50-54 R  | HEAPHY-285        |     |         |                |
|     | 60-64R   | MYERS-415         |     |         |                |
|     | 60-64 SS | MYERS-415         |     |         |                |
|     |          |                   | 275 | 17-19 R | NARCISE- 425   |
| 308 | JR-R     | WESTENBERGER- 420 |     | JR-R    | FINLEY-675     |

|                      |                 |                      |                    |                |                     |
|----------------------|-----------------|----------------------|--------------------|----------------|---------------------|
| <b>308 CONT.....</b> | <b>40-44 R</b>  | <b>SANTIAGO- 455</b> |                    | <b>O-R</b>     | <b>POTIS- 565</b>   |
|                      | <b>45-49 R</b>  | <b>SANTIAGO-460</b>  |                    | <b>SM-R</b>    | <b>JONES-600</b>    |
|                      |                 |                      |                    | <b>65-69 R</b> | <b>SULLIVAN-350</b> |
| <b>SHW</b>           | <b>O-R</b>      | <b>PETERSON-355</b>  |                    |                |                     |
|                      |                 |                      |                    |                |                     |
| <b>SQUAT ONLY</b>    |                 |                      | <b>POWERCURL</b>   |                |                     |
| <b>MEN</b>           |                 |                      | <b>148</b>         | <b>O</b>       | <b>BARROS-110</b>   |
| <b>148</b>           | <b>O-R</b>      | <b>LETSON-315</b>    |                    |                |                     |
|                      |                 |                      | <b>165</b>         | <b>70-79</b>   | <b>DESIMONE-100</b> |
|                      |                 |                      |                    |                |                     |
| <b>198</b>           | <b>45-49R</b>   | <b>JACKSON-435</b>   | <b>181</b>         | <b>O</b>       | <b>DARLING- 135</b> |
|                      | <b>50-54 R</b>  | <b>JACKSON-400</b>   |                    |                |                     |
|                      |                 |                      |                    | <b>40-49</b>   | <b>DARLING- 135</b> |
| <b>220</b>           | <b>O-R</b>      | <b>CAFFREY-400</b>   |                    |                |                     |
|                      | <b>40-44 RC</b> | <b>MALTEZOS-530</b>  |                    |                |                     |
|                      | <b>45-49RC</b>  | <b>MALTEZOS- 540</b> | <b>198</b>         | <b>O</b>       | <b>CARR-160</b>     |
|                      | <b>45-49 DP</b> | <b>MALTEZOS-580</b>  |                    | <b>40-49</b>   | <b>MEYERS-145</b>   |
|                      | <b>50-54 DP</b> | <b>MALTEZOS-530</b>  |                    | <b>50-59</b>   | <b>CARR-160</b>     |
|                      | <b>70-74 R</b>  | <b>SMITH-300</b>     |                    |                |                     |
|                      |                 |                      |                    |                |                     |
| <b>242</b>           | <b>LT-R</b>     | <b>CAFFREY- 415</b>  |                    |                |                     |
|                      | <b>O-R</b>      | <b>CAFFREY- 415</b>  | <b>220</b>         | <b>50-59</b>   | <b>LOOMIS-155</b>   |
|                      | <b>45-49 DP</b> | <b>MALTEZOS-560</b>  |                    | <b>60-69</b>   | <b>LEVINE-130</b>   |
|                      | <b>50-54R</b>   | <b>CAFFREY-400</b>   |                    |                |                     |
|                      |                 |                      |                    |                |                     |
| <b>275</b>           | <b>JR-R</b>     | <b>SEIFERT-550</b>   | <b>242</b>         | <b>O</b>       | <b>MANCUSO-145</b>  |
|                      |                 |                      |                    | <b>40-49</b>   | <b>FENIELLO-185</b> |
|                      |                 |                      | <b>275</b>         | <b>17-19</b>   | <b>NARCISE- 150</b> |
|                      |                 |                      |                    |                |                     |
|                      |                 |                      | <b>SHW</b>         | <b>O</b>       | <b>PETERSON-165</b> |
|                      |                 |                      |                    |                |                     |
|                      |                 |                      | <b>STRICT CURL</b> |                |                     |
|                      |                 |                      | <b>165</b>         | <b>O</b>       | <b>BATTEN-115</b>   |
|                      |                 |                      |                    |                |                     |
|                      |                 |                      | <b>198</b>         | <b>O</b>       | <b>CARR- 130</b>    |
|                      |                 |                      |                    | <b>60-69</b>   | <b>CARR-130</b>     |
|                      |                 |                      |                    |                |                     |

|                       |        |               |               |               |  |
|-----------------------|--------|---------------|---------------|---------------|--|
|                       |        |               |               |               |  |
| <b>BENCH FOR REPS</b> |        |               |               |               |  |
| 132                   | O      | EDWARDS- 23   |               |               |  |
|                       |        |               |               |               |  |
| 165                   | O      | JOSEPH- 37    |               |               |  |
|                       | LT     | JOSEPH- 36    |               |               |  |
|                       | 45-49  | JOSEPH- 36    |               |               |  |
|                       | 50-54  | JOSEPH-37     |               |               |  |
|                       |        |               |               |               |  |
| 181                   | O      | FARRALES- 33  |               |               |  |
|                       | P      | JOSEPH-25     |               |               |  |
|                       |        |               |               |               |  |
| 198                   | O      | MATMON-26     |               |               |  |
|                       | P      | FARRALES-27   |               |               |  |
|                       | 40-44  | MEYERS-15     |               |               |  |
|                       | 45-49  | CAMPBELL- 11  |               |               |  |
|                       | 50-54  | CAMPBELL-11   |               |               |  |
|                       | 55-59  | EHRHARDT-23   |               |               |  |
|                       |        |               |               |               |  |
| 242                   | LT     | MANCUSO- 14   |               |               |  |
|                       | O      | MANCUSO-17    |               |               |  |
|                       | 40-44  | FENIELLO-25   |               |               |  |
|                       |        |               |               |               |  |
| 275                   | 40-44  | SANTIAGO- 23  |               |               |  |
|                       | 45-49  | SANTIAGO-24   |               |               |  |
|                       | 60-64  | MYERS-15      |               |               |  |
| 308                   | 40-44  | SANTIAGO- 21  |               |               |  |
|                       |        |               |               |               |  |
| SHW                   | P-R    | SOLOMON- 425  |               |               |  |
|                       |        |               |               |               |  |
| <b>IRONMAN</b>        |        |               |               |               |  |
|                       |        |               |               |               |  |
| <b>MEN</b>            |        |               |               |               |  |
| 148                   | JR-R   | BARROS-180    | BARROS-345    | BARROS-525    |  |
|                       | 75-79R | TORTORETE-155 | TORTORETE-180 | TORTORETE-335 |  |

|            |                 |                       |                       |                       |  |
|------------|-----------------|-----------------------|-----------------------|-----------------------|--|
|            |                 |                       |                       |                       |  |
| <b>165</b> | <b>JR-R</b>     | <b>REFATULLAH-210</b> | <b>REFATULLAH-380</b> | <b>REFATULLAH-590</b> |  |
|            | <b>40-44 R</b>  | <b>COVELLO-245</b>    | <b>COVELLO-345</b>    | <b>COVELLO-590</b>    |  |
|            |                 |                       |                       |                       |  |
| <b>181</b> | <b>O-R</b>      | <b>PACHUTA-355</b>    | <b>PACHUTA- 585</b>   | <b>PACHUTA- 940</b>   |  |
|            | <b>P-R</b>      | <b>BOVINO-315</b>     | <b>BOVINO-500</b>     | <b>BOVINO-815</b>     |  |
|            |                 |                       |                       |                       |  |
| <b>198</b> | <b>O-R</b>      | <b>YOGG-265</b>       | <b>YOGG-475</b>       | <b>YOGG-740</b>       |  |
|            | <b>55-59R</b>   | <b>SADIV-320</b>      | <b>SADIV-640</b>      | <b>SADIV-945</b>      |  |
|            | <b>60-64 SP</b> | <b>VOGEL-165</b>      | <b>VOGEL-230</b>      | <b>VOGEL-395</b>      |  |
|            |                 |                       |                       |                       |  |
| <b>220</b> | <b>O-R</b>      | <b>SOBCZAK-300</b>    | <b>SOBCZAK-525</b>    | <b>SOBCZAK-825</b>    |  |
|            | <b>45-49 R</b>  | <b>BRICKER-335</b>    | <b>BRICKER-505</b>    | <b>BRICKER-840</b>    |  |
|            | <b>55-59R</b>   | <b>WILLIAMS-355</b>   | <b>WILLIAMS-475</b>   | <b>WILLIAMS-825</b>   |  |
|            | <b>55-59E</b>   | <b>DIAZ-260</b>       | <b>DIAZ-475</b>       | <b>DIAZ-735</b>       |  |
|            |                 |                       |                       |                       |  |
| <b>242</b> | <b>O-R</b>      | <b>MANCUSO-375</b>    | <b>MANCUSO-550</b>    | <b>MANCUSO-925</b>    |  |
|            | <b>50-54R</b>   | <b>CAFFREY-260</b>    | <b>CAFFREY-425</b>    | <b>CAFFREY-685</b>    |  |
|            |                 |                       |                       |                       |  |
| <b>308</b> | <b>JR-R</b>     | <b>GUPTA-315</b>      | <b>GUPTA-500</b>      | <b>GUPTA-815</b>      |  |
|            |                 |                       |                       |                       |  |
| <b>SHW</b> | <b>SM-R</b>     | <b>ELMER-195</b>      | <b>ELMER-400</b>      | <b>ELMER-595</b>      |  |
|            |                 |                       |                       |                       |  |
|            |                 |                       |                       |                       |  |
|            |                 |                       |                       |                       |  |
|            |                 |                       |                       |                       |  |
|            |                 |                       |                       |                       |  |