

WNPF CAN-AM POWERLIFTING CHAMPIONSHIPS

SEPTEMBER 7, 2024 LOCKPORT, NY

*	Denotes state record						
! Denotes National record							
(BL) Denotes Best Lifter							
	POWERLIFTING RAW	SQT	BP	DLIFT	TOTAL		
	WOMEN						
132lb							
Open	Lindsey Ellis	220*	125	280*	625	Ny	
148lb							
20-23	Anyia Fink (BL)	270*!	145	315*	730*!	Ny	

40-44	Bonnie Stegman	150*	115*	265*	530*	NY	
SHW							
Open	Morgan Brader	300	190*	315	805	Ny	
	MEN						
165lb							
17-19	Brayden Secrist	405*	235*	500*!	1140*!	Ny	
198lb							
Open	Nicholas McCormick	375	280	410	1065	Ny	
40-44	Jesse Watts	465*!	270	555*!	1290*!	Ny	
	Adam Gow	340	280	420	1040	Ny	
220lb							
35-39	Maurice Little	475*!	335*!	555*	1365*!	Ny	
40-44	Jesse Snyder	470*	385*	470	1325*	Ny	
50-54	James Hull	355	225	420	1000	Ny	
	Chad Brader	320	250	400	970	Ny	
242lb							
20-23	Jonathan Rivera	480	320	505	1305	Ny	
Open	Triston Heckman (BL)	550	340	550	1440	Ny	
	IRONMAIDEN RAW	BP	Dlift	Total			

Shw							
40-44	Lisa Thrash	155*!	245*!	400*!		NY	
	IRONMAN RAW						
132lb							
65-69	Robert Barreca	120*!	305*!	425*!		Ny	
165lb							
20-23	Bryce Freeman	255*!	450*!	705*!		Ny	
198lb							
Open	Zachary Motley	240	405	645		Ny	
50-54	Ernest Carter	375*!	475*	850*		Ny	
220lb							
60-64	Gerry Peak	315*	385*	700*		Ny	
242lb							
35-39	Sean McGarry	245*	405*	650*		Ny	
	BENCH PRESS RAW	BP					
	WOMEN						

Shw							
40-44	Lisa Thrash	155*!				Ny	
	BENCH PRESS RAW						
	MEN						
165lb							
20-23	Bryce Freeman	255				Ny	
Open	Edward Leno	335*!				Ny	
	Robert Sanders III	305				Ny	
35-39	Mike Coppola	295				Ny	
198lb							
55-59	Robert Sanders Jr	310				Ny	
220lb							
50-54	Ed Carter (BL)	405*!				Ny	
275lb							
35-39	Shaun Wimble	430				Ny	
	SLINGSHOT						
220lb							
60-64	Gerry Peak	390*!				Ny	
65-69	Dave Herbst	315*!				Ny	

242lb							
65-69	Mike Arcarisi	250*!				Ny	
	BENCH FOR REPS						
165lb							
20-23	Bryce Freeman	22*!					
220lb							
65-69	Dave Herbst	15*!					
	DEADLIFT RAW	Dlift					
	WOMEN						
Shw							
40-44	Lisa Thrash	245*!					
45-49	Melanie Murphy	200					
	MEN						
60LB							
7-8YR	John Dolce	100*					
165lb							
20-23	Bryce Freeman	450*!					

	POWERCURL	curl					
	WOMEN						
Shw							
40-49	Melanie Murphy	50!					
	MEN						
132LB							
60-69	Robert Barrecca	90*!					
165lb							
OPEN	Mike Coppola	170*!					