

DELAWARE STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS									
		SQ	BP	DL	Total				
WOMEN									
132	60-64 R	FIORUCCI-95	FIORUCCI-75	FIORUCCI-160	FIORRUCCI-330				
165	JR-R	BROWN-350	BROWN-170	BROWN-405	BROWN-925				
	SM-R	THOMAS-135	THOMAS-125	THOMAS-305	THOMAS-565				
	40-44 R	THOMAS-240	THOMAS-140	THOMAS-340	THOMAS-715				
	45-49 R	HARLESTON-225	HARLESTON-115	HARLESTON-345	HARLESTON-655				
SHW	O-R	GRACE-200	GRACE-135	GRACE-315	GRACE-650				
WOMEN									
BENCH ONLY			DEADLIFT ONLY						
165	40-44 R	THOMAS-140	132	JR-R	BROWN-405				
			165	45-49 R	HARLESTON-320				

