

WNPF OHIO POWERLIFTING CHAMPIONSHIPS MARCH 16, 2019











	WNPFF Ohio Championships					
	March 16 2019					
	Salem Ohio					
	! Denotes state record					
	BL Denotes Best Lifter					
	POWERLIFTING RAW					
	WOMEN					
114LB						
13-14	Genna Golab	125!	75!	200!	400!	MI
165lb						
15-16	Makala Lewis	175!	75!	200!	450!	MI

OPEN	Shirlee Simon	285!	145!	340!	770!	Oh
	MEN					
148lb						
17-19	Brock Schaper	305!	190!	305!	800!	Oh
165 lb						
Open	Michael Hart	415	275	540	1230	Pa
198lb						
45-49	Richard Burt III	330	165	380	875	MI
55-59	Dave Polis	415	250	465	1130	Oh
75-79	Robert Nicholas	300!	215!	425!	940!	OH
220 lb						
17-19	Noah Burt	385!	225!	500!	1110!	Mi
Open	Giovanni Pagliari	455	390	550	1395	Oh
242 lb						
15-16	Ethan Golab	300!	185!	300!	785!	MI
308lb						
20-23	Aaron Proakis	600!	335!	500!	1400!	Oh
	RAW CLASSIC					
	WOMEN					
SHW						
Open	Arica Pfirsch	305!	140!	320!	765!	Oh
	MEN					
242LB						
60-64	Nate Matthews	475!	415!	625!	1515!	Oh

308 lb						
Open	Mario Germany BL	670!	515!	700!	1885!	Pa
	EQUIPPED					
	MEN					
165 lb						
Open	Allen McVaney	600!	365!	525	1490	Oh
181lb						
65-69	Jarriel Koplín	325	205	330	860	Mi
220 lb						
45-49	Eric Bauer	600!	385	515!	1500!	Oh
	BENCH PRESS RAW	BP				
	MEN					
165 LB						
15-16	Ethan Shaw	210!				Oh
181 lb						
Open	Jacob Williams BL	430				Pa
198lb						
pol/Fire	John Henkel	205!				Oh
275 lb						
17-19	Jake Hurst	330!				Oh
Open	Jerry Williams	325				
50-54	Paul Sundy	425!				Oh
308 lb						
Open	Mario Germany	515				Pa
275lb						
45-49	Jerry Matthews	360!				Mi

SHW		500!				
Open	Marvin Bishop	500				Oh
	Lonnie Atkins	440				Oh
40-44	Marvin Bishop	500!				Oh
45-49	Lonnie Atkins	440				Oh
	DEADLIFT RAW	DL				
165LB						
OPEN	Michael Hart	540				Pa
40-44	Michael Hart	540				Pa
198lb						
50-54	Randy Golab	405!				Mi
220 lb						
50-54	Patrick Eberly	500!				Oh
	STRICT CURL					
	WOMEN	Curl				
148 LB	148 LB					
45-49	Darby Colian	65!				Oh
	MEN					
198lb						
Pol/Fire	John Henkel	110!				Oh
242lb						
60-64	Nate Matthews	165!				Oh
275lb						
45-49	Jerry Matthews	160!				Mi