

WNPf CAN-AM CHAMPIONSHIPS

ROCHESTER, NEW YORK

AUGUST 28, 2021

! Denotes state record

* Denotes national record

BL Denotes best lifter

	POWERLIFTING RAW	SQT	BENCH	DLIFT	TOTAL	STATE
WOMEN						
148 lb						
Open	Danielle Dembro (BL)	235	175!	285	695	NY
SHW						
Open	Morgan Brader	280!	165!	300	746!	NY
MEN						
148lb						
Open	Jornathan Pacheco	305	240!	265	810	NY
181lb						
35-39	Chris Holter	435!*	265!	420!	1120!*	NY
198lb						
45-49	Ernest Carter	460*	390*	490	1340	NY
55-59	Jim Greene	370	230	420	1020	NY
65-69	Walter Sedorus	280*	200*	365!*	845*	NY
220lb						
Open	Nicholas Lanzillotto	410	310	500	1220	NY
	Tom Ritz	380	245	475	1100	NY
45-49	Chad Brader	300	235	405	940	NY
242lb						
Open	Adam Gerringe	500!	325	550	1375	NY

275lb						
20-23	Brandon Few	445	310	485	1240	NY

SHW						
Open	Tylar Clancy (BL)	635!*	475!*	650!*	1760!*	NY

45-49	Ryan Becker	330	345!*	425*	1100*	NY
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RAW CLASSIC

MEN

220lb						
55-59	Tom Crego	400!	335!	480!*	1215!*	PA

242lb						
45-49	Jacob Bigelow	460!*	335!*	405!	1200!*	NY

275lb						
50-54	Marc Brader	365!	245!	400!	1010!	NY

SINGLE PLY

MEN

181LB						
60-64	Gary Glazer	475!*	255!	415!	1145!*	NY

220lb						
55-59	Daniel Mandell Jr	400!	205!	460!	1065!	NY

	IRON MAIDEN RAW	Bench	Dlift	Total		
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181lb						
Open	Samantha Steigles	155!	315!	470!		NY

IRONMAN RAW

198lb						
Open	Chris Vincelli	310	540!	850		NY

220lb					
55-59	Tom Crego	335!*	480!*	815!*	PA
	BENCH PRESS RAW	Bench			
	MEN				
181lb					
35-39	Hugo Alvarez	315!			NY
198lb					
40-44	Jeremy Barron	305			
220lb					
45-49	Ed Carter	410!*			NY
275lb					
60-64	Al Pierce	305!			NY
	SLINGSHOT				
275lb					
50-54	John Harnishferger	555!*			NY
	BENCH FOR REPS				
181lb					
35-39	Hugo Alvarez	31 reps!*			NY
198lb					
40-44	Jeremy Barron	28 reps			NY
	DEADLIFT RAW	Dlift			
	WOMEN				
115lb					
80-84	Willie Murphy	155			NY