



ILLINOIS STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
SHW	SM-RC	DURR-235	DURR- 155	DURR- 365	DURR- 755
MEN					
NO RECORDS POSTED					

SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
NO RECORDS POSTED			181	O-R	ABERCROMBIE-315
			NO RECORDS POSTED		
MEN			MEN		
NO RECORDS POSTED			NO RECORDS POSTED		
BENCH FOR REPS			STRICT CURL		
NO RECORDS POSTED			WOMEN		
			165	40-49	JEFFERIES- 70
IRONMAIDEN		BENCH	DEADLIFT	TOTAL	
165	45-49R	JEFFERIES- 90	JEFFERIES- 275	JEFFERIES- 365	
181	NV-R	ABERCROMBIE- 125	ABERCROMBIE-315	ABERCROMBIE- 440	
	O-R	ABERCROMBIE- 75	ABERCROMBIE- 305	ABERCURMBIE- 375	