

WNPF NEW YORK STATES



NEW YORK STATE CHAMPIONSHIPS					
MARCH 12 2016					
ROCHESTER, NEW YORK					
! DENOTES BEST LIFTER					
WOMENS POWERLIFTING					
		SQT	BP	DL	TOTAL
RAW					
105LB					
60-64	Peggy Tirrell	115	85	185	385
123lb					
open	Natalie Rommacher	175	100	190	465
132lb					
35-39	Hillary Cardin !	240	145	315	700
165lb					
40-44	Melanie Beaver	150	110	220	480
165lb					
Novice	Jamie Godell	225	140	235	600
RAW CLASSIC					
148LB					
45-49	Sherry Gifford	195	135	235	565
MENS POWERLIFTING					
RAW					
148lb					
13-14	Joseph Chedzoy	190	135	260	585
165lb					
15-16	Nicholas Hicks	400	225	460	1085

165lb						
Open	Andrew Nesbitt	400	275	475	1150	
	Chris Finley	345	265	435	1045	
181lb						
20-23	David Lyons !	465	375	525	1045	
181lb						
open	Paul Bauman	405	260	515	1180	
	Nick Ross	415	240	450	1105	
198lb						
Novice	Dylan Bissonette	270	180	275	725	
198lb						
open	Tim Giagios	475	275	455	1205	
220lb						
20-23	Tinayi Lu	425	305	505	1235	
Shw						
45-49	Patrick McDevitt	505	300	500	1305	
	RAW CLASSIC					
198LB						
40-45	Brian Hessel	335	215	440	990	
198LB						
50-54	Daniel Mandell Jr	400	185	470	1055	
242lb						
Open	Nick Emmick	550	330	600	1480	
242lb						
35-39	James Phenes	455	325	465	1254	
242lb						
50-54	Thomas Crego Jr	450	340	460	1250	
	SINGLE PLY					

148LB						
50-54	Phil DiFrancesco	405	250	400	1055	
	POWERCURL	PC				
	WOMEN					
105LB						
75-79	Willie Murphy	55				
148lb						
45-49	Sherry Gifford	75				
	MEN					
275LB						
40-44	Jacob Bigelow	140				
	BENCH FOR REPS					
	WOMEN					
105lb						
75-79	Willie Murphy	31 reps				
	MEN					
242lb						
open	Jeremy Brown	16 reps				
	IRONWOMEN RAW	BP	DL	TOTAL		
105lb						
75-79	Willie Murphy	115	225	340		
105lb						
you 11-	Madeleine Kilayne	70	95	165		

12						
123lb						
65-69	Nancy Loughlin	115	200	315		
132lb						
you 11-12	Madeline Williams	70	220	290		
132lb						
50-54	Leanne Hitchcock	110	265	375		
	IRONMAN					
105LB						
13-14	Dylan Markley	90	185	275		
165lb						
15-16	Kendale Crout	150	300	450		
165lb						
17-19	Tyler Berry !	250	350	600		
220lb						
13-14	Wrett Brower	150	300	450		
242lb						
13-14	Wyatt Brower	230	365	595		
242lb						
Open	Jeremy Brown	380	600	980		
275lb						
15-16	Dylan Houseknecht	185	265	450		
275lb						
17-19	Cole Saunders	185	285	470		
308lb						
17-19	Joseph DeSantis	185	430	615		

	BENCH PRESS	BP				
	WOMEN RAW					
105lb						
75-79	Willie Murphy	115				
165lb						
45-49	Denise Mitchell	185				
	MEN RAW					
220lb						
17-19	Hunter Delia	290				
220lb						
55-59	Mike Knox	315				
242lb						
open	Jacob Zangerle !	425				
242lb						
35-39	Jacob Zangerle					
242lb						
P/F/M	Jacob Zangerle	425				
275lb						
40-44	Jacob Bigelow	285				
275lb						
55-59	Mark Pullyblank	350				
	SINGLE PLY					
198lb						
open	Roberto Cheverez	255				
220lb						
45-49	Juan Cheverez	330				

