



MISSISSIPPI STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
SHW	40-44 R	ATTERBERRY-295	ATTERBERRY- 160	ATTERBERRY- 325	ATTERBERRY- 780
	40-44 RC	ATTERBERRY- 385	ATTERBERRY- 225	ATTERBERRY- 375	ATTERBERRY- 985
MEN					
242	17-19E	SEABROOKS- 590	SEABROOKS- 350	SEABROOKS- 585	SEABROOKS- 1525
275	O-RC	RUSSELL-530	RUSSELL-480	RUSSELL-680	RUSSELL-1690

308	O-RC	RUSSELL-560	RUSSELL-500	RUSSELL-700	RUSSELL-1760
SHW	17-19R	PICKENS- 455	PICKENS- 335	PICKENS- 550	PICKENS- 1340
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
NO RECORDS POSTED			NO RECORDS POSTED		
MEN			MEN		
308	O-R	RUSSELL-545	114	0	WEST- 80
			STRICT CURL		
			114	0	WEST-45
BENCH FOR REPS					
WOMEN			148	0	MORROW-140
SHW	40-44	ATTERBERRY- 15			
			SQUAT ONLY		
MEN			308	O-R	RUSSELL-515
308	0	RUSSELL-25			
IRONMAN		BENCH	DEADLIFT	TOTAL	
NO RECORDS POSTED					