



CALIFORNIA STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, C- COLLEGIATE, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

FULL MEET RECORDS	SQ	BP	DL	TOTAL
WOMEN				
NO RECORDS POSTED				
MEN				
220	STARR-385	STARR-285	STARR-485	STARR-1145
SPECIALIST				
BENCH PRESS ONLY		DEADLIFT ONLY		
WOMEN		WOMEN		
NO RECORDS POSTED		NO RECORDS POSTED		

MEN		MEN		
SQUAT ONLY		POWERCURL		
NO RECORDS POSTED		275	AFARO	115
BENCH FOR REPS				