



TENNESSEE STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties; you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specializes in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P- POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos, but kilos will be converted into pounds.....

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
NO RECORDS POSTED					
MEN					
198	17-19RC	BERL-450	BERL-250	BERL-500	BERL- 1200
	O-R	OWLE- 500	OWLE- 335	OWLE- 530	OWLE- 1365

SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
165	70-74 R	CREEKMORE-80			
			NO RECORDS POSTED		
MEN			MEN		
181	JR-R	STALEY-280	NO RECORDS POSTED		
BENCH FOR REPS			STRICT CURL		
NO RECORDS POSTED			WOMEN		
			165	60-69	CREEKMORE-50
			181	70-79	CREEKMORE-55
			POWERCURL		
			WOMEN		
			165	70-79	CREEKMORE-65
IRONMAN		BENCH	DEADLIFT	TOTAL	
181	55-59E	GARAFOLA- 285	GARAFOLA- 375	GARAFOLA- 660	