



NEW YORK STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY, N- NOVICE, SS-SLINGSHOT

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
105	60-64 R	CALDERONE-150	CALDERONE-95	CALDERONE-200	CALDERONE- 445
	65-69 R	TIRRELL- 140	TIRRELL- 80	TIRRELL- 185	TIRRELL- 405

	15-16 R	DELANEY-205	DELANEY-95	DELANEY-230	DELANEY-530
114	O-R	BABCOCK-250	BABCOCK-160	RAMOS-280	BABCOCK-690
	40-44 R	SUPINSKI 175	SUPINSKI 110	SUPINSKI 270	SUPINSKI 555
123	17-19 R	DELANEY-215	DELANEY-100	DELANEY-225	DELANEY-540
	O-R	BABCOCK-270	BABCOCK-165	BABCOCK-290	BABCOCK-725
	35-39 R	CARDIN-245	CARDIN- 145	CARDIN-315	CARDIN-700
	40-44 R	SUPINSKI-175	SUPINSKI- 110	SUPINSKI- 260	SUPINSKI-535
	50-54 R	POMARA-165	POMARA-110	POMARA-200	POMARA-475
132	SM-R	CARDIN- 240	CARDIN- 145	CARDIN- 320	CARDIN- 700
	JR-R	WEST-225	WEST-120	WEST-270	WEST-615
	JR-RC	LITTRELL- 225	LITTRELL- 105	LITTRELL- 260	LITTRELL- 590
	O-R	DEMBROW-210	DEMBROW-150	SOCHA- 265	DEMBROW-625
	40-44 R	SUSPINSKI- 185	SUSPINSKI- 110	SUSPINSKI- 235	SUSPINSKI- 530
	NV-R	COBB- 135	COBB-90	COBB- 170	COBB- 395
	JR-R	DEMBROW 205	DEMBROW 135	DEMBROW 245	DEMBROW 585
148	O-R	MARTIN-285	DEMBROW-175	VERDINE-320	MARTIN- 750
	O-RC	ARNOLD-235	ARNOLD-140	ARNOLD-270	ARNOLD-650
	45-49 RC	GIFFORD- 195	GIFFORD- 135	GIFFORD- 245	GIFFORD- 565
	55-59R	HIGGS-160	HIGGS-130	HIGGS-295	HIGGS-585
	60-64R	HIGGS-175	HIGGS-125	HIGGS-310	HIGGS-610
	O-RC	ARNOLD 210	ARNOLD 135	ARNOLD 255	ARNOLD 600
	P-R	TOWNSEND-185	TOWNSEND-145	TOWNSEND-225	TOWNSEND-555
165	13-14 R	STODDARD-205	STODDARD-115	STODDARD-275	STODDARD-595
	40-44 R	BEAVER- 200	BEAVER- 130	BEAVER- 275	BEAVER- 605
	O-R	BROOKS- 305	TOWNSEND-170	BROOKS- 320	BROOKS- 790
	O-RC	STOUFFER- 215	STOUFFER- 115	STOUFFER- 350	STOUFFER- 680
	SM-R	ARSENAULT-280	ARSENAULT-140	ARSENAULT-335	ARSENAULT-755
	NV-R	GODELL-225	GODELL- 140	GODELL- 235	GODELL- 600
	NV-RC	BRUCE-250	BRUCE-130	KROPP-300	BRUCE-650
	55-59 R	HIGGS- 155	HIGGS- 120	HIGGS-300	HIGGS- 555
	60-64 R	HIGGS-170	HIGGS- 115	HIGGS-315	HIGGS- 610

132	O-R	DONOVAN-75	148	O-R	SMITH-255
				55-59R	HIGGS-285
				60-64 R	HIGGS-310
148	O-R	SMITH-110	165	45-49 R	ROLON-180
	45-49 R	GIFFORD- 120		55-59 R	HIGGS- 295
	55-59 R	MACRI- 115		60-64 R	HIGGS-315
	60-64 R	MACRI-110		65-69 R	HIGGS- 315
			SHW	45-49 R	KLEMMANN-260
165	45-49 R	MITCHELL- 185			
	60-64 R	MACRI-110			
SQUAT ONLY			POWERCURL		
114	O-R	BABCOCK-250	WOMEN		
			105	70-79	MURPHY-55
123	O-R	BABCOCK-270	132	O	DONOVAN-60
BENCH FOR REPS			148	40-49	GIFFORD- 75
WOMEN				60-69	MACRI-50
105	75-79	MURPHY-35			
			STRICT CURL		
114	80-84	MURPHY- 31	WOMEN		
	85-89	MURPHY-18			
			105	O	BABCOCK-80
123	40-44	SUPINSKI-40		70-79	MURPHY- 55
			114	O	BABCOCK-85
148	JR	TOWNSEND-37		80-89	MURPHY- 55
	50-54	MACRI- 31			
	60-64	MACRI-19	148	50-59	MACRI- 65
165	60-64	MACRI-19	165	50-59	MACRI-60
SHW	SM	BRATT-40			

IRONMAIDEN		BENCH	DEADLIFT	TOTAL	
105	O-R	BABCOCK- 148	BABCOCK- 236	BABCOCK- 384	
	75-79 R	MURPHY-115	MURPHY- 225	MURPHY- 340	
	11-12 R	KILAYNE- 70	KILAYNE- 95	KILAYNE- 165	
114	11-12 R	SPAHLSKI-65	SPAHLSKI-160	SPAHLSKI-225	
	O-R	BABCOCK-160	BABCOCK-275	BABCOCK-435	
	80-84R	MURPHY-115	MURPHY-230	MURPHY-345	
	55-59R	GROLL- 65	GROLL- 110	GROLL-175	
123	O-R	BABCOCK-165	BABCOCK-290	BABCOCK-455	
	65-69 R	LOUGHLIN- 115	LOUGHLIN- 200	LOUGHLIN- 315	
	15-16 R	BRADSHAW-85	BRADSHAW-250	BRADSHAW-335	
132	11-12 R	WILLIAMS- 70	WILLIAMS- 220	WILLIAMS- 290	
	15-16 R	BRADSHAW- 100	BRADSHAW- 250	BRADSHAW-350	
	50-54 R	MICUCIK- 115	MICUCHIK-285	MICUCHIK-395	
148	13-14 R	WILLIAMS-75	WILLIAMS- 230	WILLIAMS- 305	
	JR-R	TOWSEND-130	TOWSEND-250	TOWSEND-390	
	O-R	SMITH- 110	SMITH-253	SMITH- 363	
	40-44 R	FIELD-95	FIELD-115	FIELD-210	
	45-49 R	SIMIELE-115	SIMIELE-225	SIMIELE-340	
181	45-49 R	FAURA-110	FAURA-255	FAURA-365	
	O-R	STEIGLES-155	STEIGLES-315	STEIGLES-470	
SHW	45-49 R	KLEMANN-120	KLEMANN-250	KLEMANN-355	
MEN POWERLIFTING					
114	13-14R	FAZZARY-165	FAZZARY-105	FAZZARY-245	FAZZARY-515
123	11-12 R	DAILEVA-170	DAILEVA-85	DAILEVA-225	DAILEVA-480
	O-R	LONGO-215	LONGO- 145	LONGO-335	LONGO-695

	<i>NV-R</i>	<i>BARBOSA-185</i>	<i>BARBOSA-90</i>	<i>BARBOSA-235</i>	<i>BARBOSA-510</i>
	<i>13-14 R</i>	<i>FRAZZARY-200</i>	<i>FRAZZARY-105</i>	<i>FRAZZARY-275</i>	<i>FRAZZARY-580</i>
132	<i>13-14 R</i>	<i>JONES-160</i>	<i>JONES-115</i>	<i>HOLLAND- 260</i>	<i>HOLLAND-525</i>
	<i>15-16 R</i>	<i>MARTINS- 225</i>	<i>MARTINS-155</i>	<i>MARTINS-335</i>	<i>MARTINS- 715</i>
	<i>17-19 R</i>	<i>MARTINS- 325</i>	<i>MARTINS- 225</i>	<i>MARTINS- 425</i>	<i>MARTINS- 975</i>
	<i>JR-R</i>	<i>MARTINS-310</i>	<i>MARTINS-225</i>	<i>MARTINS-425</i>	<i>MARTINS-950</i>
	<i>O-R</i>	<i>MARTINS-305</i>	<i>MARTINS-220</i>	<i>MARTINS-430</i>	<i>MARTINS-955</i>
148	<i>13-14 R</i>	<i>JONES-205</i>	<i>JONES-160</i>	<i>FAURA-265</i>	<i>JONES-625</i>
	<i>15-16 R</i>	<i>FAZZARY-265</i>	<i>FAZZARY-150</i>	<i>FAZZARY-335</i>	<i>FAZZARY-750</i>
	<i>17-19R</i>	<i>MARTINS- 325</i>	<i>MARTINS- 235</i>	<i>MARTINS- 430</i>	<i>MARTINS- 990</i>
	<i>JR-R</i>	<i>TILLOTSON-410</i>	<i>TILLOTSON-240</i>	<i>TILLOTSON-510</i>	<i>TILLOTSON-1160</i>
	<i>O-R</i>	<i>IODICE-325</i>	<i>IODICE-175</i>	<i>IODICE-430</i>	<i>IODICE-930</i>
	<i>O-RC</i>	<i>ALDARONDO-285</i>	<i>ALDARONDO-260</i>	<i>ALDARONDO-405</i>	<i>ALDARONDO-950</i>
	<i>50-54 RC</i>	<i>RAWN-400</i>	<i>RAWN- 235</i>	<i>RAWN- 375</i>	<i>RAWN- 1010</i>
	<i>50-54 SP</i>	<i>DiFRANCISCO- 415</i>	<i>DiFRANCISCO- 250</i>	<i>DiFRANCISCO- 400</i>	<i>DiFRANCISCO- 1055</i>
	<i>55-59 SP</i>	<i>DIFRANCISCO-415</i>	<i>DIFRANCISCO-240</i>	<i>DIFRANCISCO-400</i>	<i>DIFRANCISCO-1055</i>
	<i>60-64 R</i>	<i>BARRECA-220</i>	<i>BARRECA-175</i>	<i>BARRECA-350</i>	<i>BARRECA-745</i>
	<i>70-74R</i>	<i>CALDERONE-250</i>	<i>CALDERONE-135</i>	<i>CALDERONE- 340</i>	<i>CALDERONE- 725</i>
	<i>NV-R</i>	<i>IODICE-285</i>	<i>IODICE- 195</i>	<i>IODICE- 405</i>	<i>IODICE- 885</i>
165	<i>13-14 R</i>	<i>LLEWELLYN-345</i>	<i>LLEWELLYN-205</i>	<i>LLEWELLYN-380</i>	<i>LLEWELLYN-930</i>
	<i>15-16 R</i>	<i>HICKS- 400</i>	<i>HICKS- 225</i>	<i>HICKS- 460</i>	<i>HICKS- 1085</i>
	<i>15-16 RC</i>	<i>SANFORD-385</i>	<i>SANFORD-225</i>	<i>JONES-465</i>	<i>JONES- 1015</i>
	<i>17-19R</i>	<i>BUFALINI-365</i>	<i>CAPPIELLO-230</i>	<i>CAPPIELLO-405</i>	<i>CAPPIELLO-910</i>
	<i>JR-R</i>	<i>CRAWFORD- 420</i>	<i>CRAWFORD- 265</i>	<i>CRAWFORD- 525</i>	<i>CRAWFORD- 1210</i>
	<i>JR-RC</i>	<i>COOK- 395</i>	<i>ALTAMIRANO-260</i>	<i>ALTAMIRANO-510</i>	<i>ALTAMIRANO-1155</i>
	<i>O- R</i>	<i>BRADT 430</i>	<i>HOCHHEIMER-315</i>	<i>HANLON-600</i>	<i>HANLON-1325</i>
	<i>O-RC</i>	<i>VINSON- 405</i>	<i>ALDARONDO-260</i>	<i>VINSON- 445</i>	<i>VINSON- 1075</i>
	<i>SM-R</i>	<i>BLAKE-315</i>	<i>BLAKE-215</i>	<i>BLAKE-450</i>	<i>BLAKE-970</i>
	<i>SM-RC</i>	<i>HOFFMAN-330</i>	<i>HOFFMAN-210</i>	<i>HOFFMAN- 365</i>	<i>HOFFMAN- 905</i>
	<i>45-49 R</i>	<i>CRITELLI-180</i>	<i>CRITELLI- 140</i>	<i>CRITELLI-280</i>	<i>CRITELLI- 600</i>
	<i>50-54 R</i>	<i>LIVOLSI-300</i>	<i>LIVOLSI-240</i>	<i>LIVOLSI-330</i>	<i>LIVOLSI-870</i>
	<i>50-54 RC</i>	<i>HUNT-335</i>	<i>HUNT-205</i>	<i>HUNT-375</i>	<i>HUNT-915</i>

	55-59 R	RAWN-415	RAWN-225	RAWN-415	RAWN-1050
	55-59 RC	RAWN-400	HUNT-230	HUNT-410	RAWN-1040
	55-59 E	DEFRANCISCO-385	DEFRANCISCO-255	DEFRANCISCO-400	DEFRANCISCO-1040
	P-RC	ALTAMIRANO-390	ALTAMIRANO- 255	ALTAMIRANO-505	ALTAMIRANO-1150
	P-R	FIORSI-315	FIORISI-215	FIORISI-370	FIORRISI-900
	NV- RC	CABRERA-215	CABRERA-140	CABRERA-300	CABRERA-655
	NV-R	DOLINAK-160	DOLINAK-120	DOLINAK-250	DOLINAK-530
181	17-19 RC	COOK-360	COOK- 225	COOK- 425	COOK- 1010
	17-19 R	GUTIERREZ-390	GUTIERREZ- 255	GUTIERREZ- 490	GUTIERREZ- 1135
	JR-R	LYONS- 465	LYONS- 375	LYONS- 525	LYONS- 1365
	JR-RC	WILLIAMS-205	WILLIAMS-180	WILLIAMS-315	WILLIAMS-700
	O-R	LYONS- 500	LYONS- 400	HUGHES-550	LYONS- 1430
	O-RC	VINSON-445	VINSON-260	VINSON-520	VINSON-1210
	SM-R	HOLTER-435	HOLTER- 265	HOLTER- 420	HOLTER-1120
	45-49 R	BATISTA-425	BATISTA-315	BATISTA-550	BATISTA-1290
	45-49 RC	CARTER-400	CARTER-335	BOWERS- 500	BOWERS- 1125
	50-54 R	BOWERS- 410	BOWERS- 315	BOWERS- 545	BOWERS- 1240
	55-59 R	BOWERS-415	BOWERS-290	BOWERS-550	BOWERS-1255
	60-64 R	FIORISI,P-295	FIORISI,P-225	FIORISI,P-350	FIORISI-900
	60-64RC	DILIBERTO-265	DILIBERTO-200	DILIBERTO-365	DILIBERTO-825
	60-64 E	GLAZER-475	GLAZER-255	GLAZER-415	GLAZER-1145
	65-69 RC	DILIBERTO-265	DILIBERTO-200	DILIBERTO-350	DILIBERTO-815
	P-R	FIORISI-310	FIORISI-240	FIORISI-400	FIORISI-925
	NV-R	ESPINOSA- 225	ESPINOSA- 135	ESPINOSA- 300	ESPINOSA- 660
198	15-16 R	BROWER-365	BROWER-240	BROWER-435	BROWER-1040
	17-19 R	ALTAMURO-415	ALTAMURO-285	LOPEZ-505	ALTAMURO-1205
	JR-R	GUTIERREZ-505	FORTE-345	GUTIERREZ-590	GUTIERREZ-1410
	LT-R	KATZMANN-290	KATZMANN- 175	KATZMANN- 365	KATZMANN- 830
	O-R	LYONS 535	LYONS 405	LONGAN-605	LYONS 1500
	O-RC	LYONS-550	LYONS-390	LYONS-540	LYONS-1480
	O-SP	LANZILLOTTO-430	LANZILOTTO-330	LANZILOTTO-480	LANZILOTTO-1215
	P-R	MONAHAN-365	MONAHAN-235	MONAHAN-500	MONAHAN-1100
	40-44 R	WATTS-440	WATTS- 265	WATTS- 525	WATTS- 1230

	40-44 RC	HESSEL-360	HESSEL- 220	HESSEL- 455	HESSEL- 1035
	45-49 R	CARTER-470	CARTER-390	BATISTA- 575	WATTS-1355
	45-49 RC	PEREZ-465	PEREZ-295	PEREZ-505	PEREZ-1265
	50-54 R	PEREZ- 425	BOWERS-300	BOWERS-520	BATISTA-1220
	50-54 RC	ST.FLEUR- 405	ST.FLEUR- 270	ST.FLEUR- 540	ST.FLEUR- 1215
	55-59 R	ST.FLEUR-420	MURRAY-335	ST.FLEUR- 530	ST.FLEUR- 1240
	55-59 RC	FOX-490	MURRAY- 335	ST.FLEUR-505	FOX-1200
	60-64 R	ST.FLEUR-405	ST.FLEUR-280	ST.FLEUR-470	ST.FLEUR-1155
	65-69 R	KITCHING-400	KITCHING-280	KITCHING-430	KITCHING-1110
	75-79 RC	MILLER-245	MILLER-195	MILLER-340	MILLER-780
	NV-R	ESCOBAR-415	ESCOBAR-285	ESCOBAR-455	ESCOBAR-1155
220	17-19 R	SIAPANIDES-400	SIAPANIDES-265	SIAPANIDES-455	SIAPANIDES-1120
	JR-R	GUTIERREZ-500	GUTIERREZ-310	LOPEZ-615	GUTIERREZ-1410
	JR-RC	LOPEZ-410	LOPEZ-275	LOPEZ-605	LOPEZ-1280
	LT-R	GISONDI III-315	GISONDI III- 215	GISONDI III-470	GISONDI III-1000
	O-R	POWELL-600	POWELL-450	MCDOWELL 650	POWELL-1700
	O-RC	FOX-515	FOX-375	WALKER-615	WALKER-1450
	40-44 RC	HANINGTON-365	HANINGTON-245	HANINGTON-440	HANINGTON-1050
	40-44 R	NORVILLE-400	NORVILLE-315	NORVILLE-525	NORVILLE-1240
	45-49 R	HOLTON- 370	HOLTON- 240	HOLTON- 465	HOLTON- 1075
	45-49 RC	BRADER-370	BRADER-235	BRADER-410	BRADER-1015
	50-54 R	HULL-335	BRADER-250	HULL-415	HULL-990
	50-54 RC	CREGO-500	CREGO-345	CREGO-525	CREGO-1370
	55-59 R	PEAK- 415	MURRAY-370	MURRAY-450	MURRAY-1220
	55-59 RC	PEAK- 430	MURRAY-370	ST.FLEUR-500	PEAK/MURRAY-1220
	55-59 E	MANDELL-400	MANDELL-205	MANDELL-460	MANDELL-1065
	60-64 R	KITCHING- 405	KITCHING- 310	KITCHING- 485	KITCHING- 1200
	60-64 RC	KITCHING- 415	KITCHING- 325	KITCHING- 490	KITCHING- 1230
	60-64 SP	MANDELL-380	MANDELL-205	MANDELL-460	MANDELL-1045
	65-69 R	KITCHING-350	KITCHING-275	KITCHING-430	KITCHING-1055
	P-R	MONAHAN-420	MONAHAN- 255	MONAHAN-525	MONAHAN-1200
	P-RC	FOX-515	FOX-375	FOX-525	FOX-1415
	70-74	WOODS 185	WOODS 135	WOODS 280	WOODS 600
	NV-R	SHEARER-265	SHEARER-210	SHEARER-350	SHEARER-825

242	15-16 R	BROWER- 350	BROWER- 260	BROWER- 450	BROWER- 1060
	17-19 R	ALTAMURO-600	ALTAMURO- 370	ALTAMURO- 750	ALTAMURO- 1720
	JR-R	ALTAMURO-610	ALTAMURO- 375	ALTAMURO- 740	ALTAMURO- 1725
	O-R	GERRINGER-500	BROWN-400	BROWN-625	BARDO-1460
	O-RC	EMMICK- 550	EMMICK- 330	EMMICK- 600	EMMICK- 1480
	SM-R	MCDOWELL-575	MCDOWELL-425	MCDOWELL-550	MCDOWELL-1550
	SM-RC	PHENES- 455	PHENES- 325	PHENES- 460	PHENES- 1255
	40-44 RC	GAUDETTE-345	GAUDETTE-245	GAUDETTE-460	GAUDETTE-1050
	40-44 R	JUREWICZ-405	JUREWICZ-315	JUREWICZ-500	JUREWICZ-1220
	45-49 R	DEIGAN-525	DEIGAN- 350	DEIGAN-565	DEIGAN- 1440
	45-49 RC	BIGELOW- 460	BIGELOW- 335	JUREWICZ-535	JUREWICZ-1285
	50-54 R	MURRAY-400	MURRAY-370	MURRAY-450	MURRAY-1220
	50-54 RC	PHILMON-580	PHILMON-405	PHILMON-705	PHILMON-1690
	55-59 RC	ROLON-440	ROLON-365	ROLON-625	ROLON-1430
	60-64 R	GIZZO-420	GIZZO-180	GIZZO- 465	GIZZO- 1065
	65-69 R	GIZZO-315	GIZZO-155	GIZZO-385	GIZZO-855
	P-R	LOPEZ-430	LOPEZ-310	LOPEZ-620	LOPEZ-1350
	NV-R	KAHAUOLOPUA-365	KAHAUOLOPUA-265	KAHAUOLOPUA-365	KAHAUOLOPUA-995
275	JR-R	ALTAMURO-675	ALTAMURO-415	ALTAMURO-755	ALTAMURO-1800
	O-R	ARCHETKO- 605	BROWN-400	ARCHETKO- 630	ARCHETKO- 1615
	O-RC	PHENES- 500	APENOWICH-410	PHENES- 500	PHENES- 1300
	SM-R	PHENES-435	CROWELL-385	CROWELL-490	CROWELL-1275
	40-44 R	CROWELL-445	CROWELL-405	BIGELOW-540	CROWELL-1330
	45-49 R	RAY-545	RAY- 355	RAY- 605	RAY- 1485
	50-54 RC	BRADER-390	BRADER-260	BRADER-430	BRADER-1080
	50-54 R	RAY-485	RAY-355	RAY-500	RAY-1310
	55-59 R	GISONDI-475	GISONDI- 370	GISONDI- 600	GISONDI- 1430
	60-64R	GIZZO-410	GISONDI-340	GISONDI-540	GISONDI-1260
	NV-R	FIERRO-285	FIERRO-215	FIERRO-425	FIERRO-925
308	JR-R	ALTAMURO-685	ALTAMURO-420	ALTAMURO-760	ALTAMURO-1865
	O-R	WHITE-525	WHITE-340	WHITE-600	WHITE-1465

	40-44 R	MAJOR-360	MAJOR-360	MAJOR-360	MAJOR-1080
	55-59R	GISONDI-460	GISONDI-365	GISONDI-570	GISONDI-1395
	60-64-RC	SCHIEMANN 515	SCHIEMANN 295	SCHIEMANN 600	SCHIEMANN 1410
SHW	JR-R	BARBAGALLO-415	BARBAGALLO-240	BARBAGALLO-365	BARBAGALLO-1020
	O-R	CLANCY-635	CLANCY-475	CLANCY-650	CLANCY-1760
	45-49 R	MCDEVITT- 505	BECKER-365	MCDEVITT- 500	MCDEVITT- 1305
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
MEN			MEN		
123	13-14 R	MOTLEY-85			
132	15-16 E	CLARK-175	132	15-16 R	CLARK-350
	O-R	TEAGUE-185		O-R	TEAGUE-205
148	O-R	ALDARONDO-260	148	SM-R	MENDEZ-225
	SM-R	MENDEZ- 185			
	45-49 R	LIVOLSI- 240			
	50-54 R	BUTLER-195			
	50-54 RC	BUTLER-195	148	70-74 R	CALDERONE-310
	P-R	BUTLER- 190		OPEN R	RINGER 500
165	17-19 R	CONANT- 275	165	15-16 R	JONES- 465
	JR-R	CONANT-295		O-R	HANLON-600
	O-R	COPPOLA-330		LT-R	STAGNITTO- 505
	SM-R	ALVEREZ-305		45-49 R	BOWER-350
	45-49 R	LIVOLSI- 280		17-19R	GREEN-415
	65-69 R	CAMPAGNA-330			
181	SM-R	PELLICANO-325	181	JR-R	BOWERS JR-450

	40-44 R	BARRON- 305		SM-R	HOLTER-450
	45-49 R	PROUDFOOT- 300		60-64 R	IOVINELLA-420
	P-R	FIORISI- 225		65-69 R	MARTIN-340
	70-74 R	CAMPAGNA- 330		70-74 R	SWINGLE- 455
198	O-SP	CHEVEREZ- 255	198	O-R	LONGAN-605
	O-R	VELAZQUEZ-340		60-64 SP	MANZO-465
	SM-R	BARRON-335		65-69 R	KITCHING-405
	40-44 R	SHALES-355		70-74 R	MILLER-340
	45-49 R	CARTER, E-385		75-79 R	MILLER- 340
	55-59 R	MURRAY-335		NV-R	ALVITO-515
	70-74 R	MILLER-190			
	75-79 R	MILLER-195	220	JR-R	ELZAYET-605
				O-R	WALKER-615
				55-59 R	PEAK-440
220	17-19 R	DELIA- 290		70-74 R	SEABROOKS- 300
	JR-R	ELZAYET-335			
	O-R	MCDOWELL- 420	242	JR-R	LU-530
	O-SP	CHEVEREZ 320		40-44 R	HANINGTON- 475
	40-44 R	CARTER- 420		50-54 R	ROLON-625
	45-49 R	CARTER-425		50-54 E	DIBELLA- 575
	45-49 SP	WEINSTEIN-440		55-59 R	ROLON-635
	45-49 SS	CRTER-445		60-64 E	BIGROW- 415
	50-54 SP	SEXTON- 315			
	55-59 R	MURRAY-370	275	50-54 R	ROLON-570
	55-59 SP	HERBST 350		P-R	ROLON-540
	60-64 SS	KITCHING-340			
	70-74 R	HOPKINS-240	308	40-44 R	HUESTIS- 660
	70-74 E	SEABROOKS- 270			
	60-64 SS	KITCHING-380	SHW	17-19 R	MEJIAS,J-550
242					

	<i>0-R</i>	<i>DIXON-460</i>			
	<i>P-R</i>	<i>ZANGERLE- 455</i>			
	<i>45-49 R</i>	<i>CARTER-430</i>			
	<i>45-49 SS</i>	<i>CARTER-485</i>			
	<i>45-49 SP</i>	<i>CHEBEREZ 345</i>	<i>POWERCURL</i>		
	<i>50-54 R</i>	<i>PHILMON- 380</i>			
	<i>55-59 R</i>	<i>MITCHELL- 410</i>			
	<i>50-54 E</i>	<i>ROGERS-335</i>			
	<i>55-59 R</i>	<i>RAMIREZ-245</i>	<i>MEN</i>		
	<i>60-64 R</i>	<i>KNOX-285</i>			
	<i>60-64 SP</i>	<i>SATTA-315</i>	<i>165</i>	<i>O</i>	<i>HANLON-140</i>
	<i>70-74R</i>	<i>HOPKINS III-250</i>		<i>50-59</i>	<i>SANICANDRO-130</i>
	<i>P-R</i>	<i>DIXON-460</i>			
			<i>181</i>	<i>O</i>	<i>TSURTSUMIA-210</i>
<i>275</i>	<i>O-R</i>	<i>LUTIDZE-515</i>	<i>198</i>	<i>O</i>	<i>GISONDI-100</i>
	<i>O-SP</i>	<i>DIXON-475</i>		<i>70-79</i>	<i>MILLER-90</i>
	<i>SM-R</i>	<i>COLEY-525</i>			
	<i>SM- SP</i>	<i>DIXON-475</i>	<i>242</i>	<i>50-59</i>	<i>RAMIREZ-145</i>
	<i>40-44 R</i>	<i>BIGELOW- 355</i>			
	<i>40-44 SS</i>	<i>BIGELOW-385</i>	<i>275</i>	<i>40-49</i>	<i>BIGELOW- 145</i>
	<i>45-49 R</i>	<i>HARNISCHFERGER-415</i>		<i>50-59</i>	<i>ROLON-155</i>
	<i>50-54E</i>	<i>ROLON-425</i>			
	<i>50-54 R</i>	<i>HARNISHFEGER-405</i>	<i>STRICT CURL</i>		
	<i>50-54 SS</i>	<i>HARNISHFEGER-565</i>	<i>MEN</i>		
	<i>55-59 R</i>	<i>PULLYBLANK- 365</i>	<i>90</i>	<i>11-12</i>	<i>WEEDEN-50</i>
	<i>60-64 R</i>	<i>PIERCE-305</i>	<i>148</i>	<i>60-69</i>	<i>BARIECA-75</i>
	<i>P-R</i>	<i>DIXON-475</i>	<i>165</i>	<i>O</i>	<i>COPPOLA-140</i>
	<i>P-E</i>	<i>DIXON-475</i>	<i>198</i>	<i>70-79</i>	<i>MILLER-85</i>
			<i>220</i>	<i>50-59</i>	<i>SEXTON- 125</i>
<i>308</i>	<i>40-44 R</i>	<i>HUESTIS- 375</i>	<i>242</i>	<i>40-49</i>	<i>BIGELOW-140</i>
	<i>O-R</i>	<i>COLEY 545</i>	<i>275</i>	<i>40-49</i>	<i>130</i>
<i>SHW</i>	<i>17-19 R</i>	<i>MEJIAS,J- 415</i>			
	<i>LT-R</i>	<i>MEJIAS- 610</i>			

	SM-R	MEJIAS- 610			
	O-R	MEJIAS-640			
	40-44 R	MEJIAS-620			
SQUAT ONLY					
132	O-R	TEAGUE-185			
165	O-R	SCHADER-305			
	60-64 R	SCHADER-305			
198	75-79 RC	MILLER-245			
220	55-59 RC	PEAK- 430			
BENCH FOR REPS					
MEN					
148	O	DESIMONE- 43			
165	O	COPPOLA-28			
	SM	ALVEREZ-31			
181	JR	MOTLEY-18			
	O	MOTLEY-18			
	SM	ALVEREZ-31			
	40-44	BARRON-25			
198	O	THEISEM-22			
	SM	BARRON-28			
	40-44	SHALES-30			
220	JR	GISONDI,C-7			
	O	VELAZQUEZ-32			
242	O	BROWN- 16			

275	O	RICCI-12			
	50-54	ROLON-17			
	P	ROLON-17			
IRONMAN					
114	9-10 R	MEJIAS-85	MEJIAS-175	MEJIAS-260	
	11-12 R	SIMIELE-95	SIMIELE-185	SIMIELE-280	
	13-14 R	MARKLEY- 90	MOONEY-200	MARKLEY- 275	
123	13-14R	MOTLEY-100	MOTLEY-225	MOTLEY-325	
132	13-14 R	IRWIN- 110	IRWIN- 205	IRWIN- 310	
	15-16 E	CLARK-175	CLARK-350	CLARK-525	
	JR-R	DIAL- 145	DIAL- 320	DIAL- 465	
148	13-14 R	JONES-160	HOLLAND-315	HOLLAND-465	
	15-16 R	IRWIN-135	IRWIN- 260	IRWIN- 395	
	17-19 R	HOLLAND-160	HOLLAND-95	HOLLAND-255	
	60-64 R	BARIECA-170	BARIECA-355	BARIECA-515	
165	13-14 R	FIELD-140	FIELD-325	FIELD-465	
	15-16 R	CROUT- 150	CROUT- 300	CROUT- 450	
	17-19 R	BERRY- 250	BERRY- 350	BERRY- 600	
	O-R	COPPOLA-320	COPPOLA-155	COPPOLA-455	
181	13-14 R	FERRELL-105	DAY-260	DAY-360	
	15-16 R	FIELD-185	FIELD-315	FIELD-500	
	JR-R	MOTLEY-270	MOTLEY-425	MOTLEY-695	
	O-R	MURRAY-200	MURRAY-275	MURRAY-475	
198	13-14R	FARRELL-120	FARRELL-225	FARRELL-345	
	O-R	LUCERO- 325	LUCERO- 530	LUCERO- 855	
	SM-R	CLARK-160	CLARK- 315	CLARK- 475	
	45-49 R	CARTER-385	CARTER-505	CARTER-895	

	70-74 R	MILLER-190	MILLER-340	MILLER-525	
	75-79 R	MILLER-195	MILLER-340	MILLER-535	
	P-R	LUCERO-325	LUCERO-500	LUCERO-820	
220	13-14 R	BROWER- 150	BROWER- 300	BROWER-450	
	15-16 R	BARBER-185	BARBER-365	BARBER-550	
	O-R	MCDOWELL-440	MCDOWELL-600	MCDOWELL- 1040	
	45-49 R	CARTER-395	CARTER-510	CARTER-905	
	55-59R	PEAK-360	PEAK-440	PEAK-800	
242	13-14 R	WYATTBROWER- 245	WYATTBROWER- 380	WYATTBROWER- 625	
	15-16 R	BROWER- 255	BROWER- 430	BROWER- 685	
	O-R	BROWN- 400	BROWN- 600	BROWN- 1000	
	45-49 R	CARTER-420	CARTER-505	CARTER-925	
	55-59 R	ROLON-350	ROLON-635	ROLON-985	
275	15-16 R	BROWER- 200	BROWER- 405	BROWER- 630	
	17-19 R	BROWER-205	BROWER-405	BROWER-610	
	O-R	RICCI-345	RICCI-440	RICCI-785	
	40-44R	ZANE- 385	ZANE- 550	ZANE- 935	
	50-54E	ROLON- 400	ROLON-570	ROLON-970	
308	17-19 R	DESANTIS- 185	DESANTIS- 430	DESANTIS- 615	
	40-44 R	HUESTIS- 375	HUESTIS- 660	HUESTIS- 1035	