

World Natural Powerlifting Federation											
	“Chalk Up” 2017 Powerlifting Meet										
April 29th, 2017		Huntsville, Alabama									
NAME	WT.	AGE	STATE	DIVISION	SQ	BP	DL	TOTAL	SC	REPS	
Powerlifting											
Amy Lentz Tucker	SHW	40	AL	W-40-44-R	xxx	xxx	xxx				
La'Toya Atterberry	SHW	40	MA	W-40-44-R	295	160	325	780			
Jescelia Burr	SHW	36	IL	W-SM-RC	235	155	365	755			
Zac Denson	165	19	AL	17-19R	425	250	495	1170			
Ryan Montgomery	165	25	GA	O-R	375	300	475	1150			
Bobby Morris	181	37	AL	SM-RC	400	310	520	1230			
Israel Berl	198	18	TN	17-19-RC	450	250	500	1200			
Joe Owle	198	25	TN	O-R	500	335	530	1365			
Cornel Moore	198	49	AL	O-SP	415	275	440	1130			
Ryan Anderson	242	34	AL	NV-R	455	315	520	1290			
Eli Seabrooks	242	17	MS	17-19SP	525	340	465	1330			
Alexander Mercieca	242	38	AL	SM-RC	500	365	625	1490			
Chan Darby	242	40	AL	NV-R	440	335	505	1280			
Floyd Pickens	SHW	18	MS	17-19R	455	335	550	1340			
Josh Laster	SHW	34	AL	O-R	500	300	565	1365			
Iron Man/Maiden											
Millicent Jefferies	165	45	IL	W-45-49-R	xxx	90	275	365			
Lareina Abercrombie	181	27	IL	W-NV-R	xxx	120	300	420			
Jamar Robinson	198	28	AL	O-R	xxx	305	480	785			

No Show OR Injured											
Christopher Simpson	220	32	AL	O-R-PL							
Amy Lentz Tucker	182+	40	AL	W-M-R							
Duane Drisdorn	220	51	FL	50-54R							
() Denotes A State Record											
			WNPF BEST LIFTERS:								
Womens PL - Jescelia Durr; Men PL - Alexander Mercieca; Strict Curl - Vemar Wilson; Iron Man - Jamar Robinson											
REALITY EXECUTIVES - SPECIAL FIRST TIME BEST LIFTER AWARD:											
La'Toya Atterberry and Zac Denson											
NASH IRON CARTEL - SPECIAL POWERLIFTING POWERPAK GIVEAWAY											
Israel Berl											
<p><i>“Chalk Up” 2017 really packed a HUGE punch!! This was the first WNPF Alabama meet held in 10 years. We had lifters representing the states of Alabama, Tennessee, Mississippi, Ohio, Georgia and Illinois. 27 lifters arrived and set the tone for one of the most electrifying meets in the south! It went down at the host facility, Rocket City CF. This place rocks! It was just right to hold all the awesomeness of the day!! A special thank you to Kara Anderson and Vanessa Branning for allowing WNPF to host our meet at the facility. Rocket City also provided a few of their athletes to serve as spotters for the day – Scott Camp, Justin King, Vanessa Branning, Alanah Burney and Yelena Howell Thanks A Million for keeping our lifters safe!!! Thanks to Troy Ford, Adrian Locklear (Mr. Voice), Tom Isbell and Anthony Calhoun for helping to ensure the meet ran smoothly. Thanks to Moms Ford for managing the apparel table, Terri and Cathy Readus for handling admissions/sign-ins & Heather and Lonnie Randall for setting up their THRIVE booth. A big thanks also goes to Melody Brown Hollingsworth for the awesome photography work of the entire meet! We were especially excited to have Meagan Wimbs and Daniel Fletcher on the platform, going through the practical examination of WNPF official’s certification. To our individual and corporate sponsors – Thank You for your generosity. Your kindness helped “Chalk Up” be a great success! Now to the good stuff...</i></p>											

Many, many thanks to all of the lifters that attended this meet! All lifters that placed in this meet are now qualified for the WNPF National Qualifier meet on June 17th in Atlanta, GA. Remember all lifters must qualify to lift in the World meet in November (Kissimmee, FL). We had a lot of first time lifters in this meet and they absolutely rocked the platform!! Their hard work paid off! Our veteran lifters showed up and rocked as well! We had state records flying all over the place and one or two personal best lifts!! We wondered how our lifters would perform after transitioning from the power curl to the strict curl... It didn't seem to phase our biggest male curler of the day, Vemar Wilson with 165lbs! The biggest female curler of the day was actually tied by Millicent (Vanessa J. Boom) Jefferies and Paula King curling 70lbs! Looks like these two have some unfinished business down the road!!! The biggest male squat of the day was (Big Daddy E) Eli Seabrooks getting low with 525! The biggest female squat of the day was La'Toya Atterberry breaking parallel with 295lbs! The biggest female bench press of the day was also La'Toya Atterberry pressing 160lbs (they don't call her Big Baby and Quiet Storm for nothing)! The biggest male bench of the day was John LouAllen pressing 460lbs! Talk about reppin' the platform (no pun intended) – Paula King smoked 16 reps in the bench for reps event! The biggest female deadlift of the day was Jescelia (Taboo) Burr pulling 365lbs! The biggest male deadlift of the day belongs to Alexander Mercieca pulling a savage 625! Again thanks to everyone including the spectators that came to cheer on the lifters. WNPF