

ALABAMA STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record a

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBM

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS				
		SQ	BP	DL
WOMEN				
NO RECORDS				
POSTED				
MEN				
165	17-19R	DENSON-425	DENSON-250	DENSON- 495
181	SM-RC	MORRIS-400	MORRIS- 310	MORRIS-520
198	O-E	MOORE-440	MOORE-295	MOORE-440
	50-54 E	MOORE- 440	MOORE- 295	MOORE- 440
220	O-R	PEPPER-490	BRAND-365	BRAND-600
	O-RC	BRAND-480	BRAND-405	BRAND-605
	O-SP	MOORE-450	MOORE-300	MOORE-440
	45-49 R	DARBY-525	DARBY-325	DARBY-585
	50-54 SP	MOORE- 445	MOORE- 300	MOORE- 425
242	NV-R	ANDERSON- 455	DARBY-335	ANDERSON- 520
	O-R	ANDERSON- 455	ANDERSON- 330	ANDERSON- 540
	SM-R	MERCIECA- 500	MERCIECA- 365	MERCIECA-625
	40-44 R	DARBY- 480	DARBY-350	DARBY- 570
	45-49 RC	DICKEY-475	DICKEY-390	DICKEY-500
308	45-49RC	SMITH-405	SMITH-350	SMITH-510
SHW	O-R	LASTER- 500	LASTER-300	LASTER-565
SPECIALIST				
BENCH PRESS ONLY				DEADLIFT ONLY

WOMEN				WOMEN
148	SM-R	SCOBLE- 135		
165	O-R	NASH-185		NO RECORDS POSTED
MEN				MEN
220	O-R	ROBINSON-405		181
308	O-R	WILSON-430		
SHW	O-R	WILSON-425		198
	40-44 SS	HUNT-675		
				220
POWERCURL				STRICT CURL
WOMEN				WOMEN
165	O	NASH-85		165
MEN				220
220	60-69	NASH-110		
				275
308	O	WILSON-215		
				308
BENCH FOR REPS				
WOMEN				
165	O	NASH-31		
MEN				
308	O	WILSON- 17		
IRONMAN		BENCH	DEADLIFT	TOTAL
198	O-R	ROBINSON- 305	ROBINSON-480	ROBINSON-785
220	O-R	SIMPSON- 405	SIMPSON- 585	SIMPSON- 990
IRONMAIDEN				
165	NASH-190	NASH- 365	NASH- 555	

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