



## NEW YORK STATE RECORDS

**If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.**

**POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift**

**E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P- POLICE/FIRE/MILITARY, N- NOVICE, SS-SLINGSHOT**

**Records will be in pounds and/or kilos but kilos will be converted into pounds.....**

### FULL POWERLIFTING RECORDS

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
105	60-64 R	CALDERONE-150	CALDERONE-95	CALDERONE-200	CALDERONE- 445
	65-69 R	TIRRELL- 140	TIRRELL- 80	TIRRELL- 185	TIRRELL- 405

114	15-16 R	DELANEY-205	DELANEY-95	DELANEY-230	DELANEY-530
	O-R	BABCOCK-250	BABCOCK-160	RAMOS-280	BABCOCK-690
	40-44 R	SUPINSKI 175	SUPINSKI 110	SUPINSKI 270	SUPINSKI 555
123	17-19 R	DELANEY-215	DELANEY-100	DELANEY-225	DELANEY-540
	17-19 RC	DELANEY-225	DELANEY-115	DELANEY-230	DELANEY-570
	O-R	BABCOCK-270	BABCOCK-165	BABCOCK-290	BABCOCK-725
	35-39 R	CARDIN-245	CARDIN- 145	CARDIN-315	CARDIN-700
	40-44 R	SUPINSKI-175	SUPINSKI- 110	SUPINSKI- 260	SUPINSKI-535
	50-54 R	POMARA-165	POMARA-110	POMARA-200	POMARA-475
132	JR-R	WEST-225	WEST-120	WEST-270	WEST-615
	JR-RC	LITTRELL- 225	LITTRELL- 105	LITTRELL- 260	LITTRELL- 590
	O-R	DEMBROW-210	DEMBROW-150	SOCHA- 265	DEMBROW-625
	SM-R	CARDIN- 240	CARDIN- 145	CARDIN- 320	CARDIN- 700
	40-44 R	SUSPINSKI- 185	SUSPINSKI- 110	SUSPINSKI- 235	SUSPINSKI- 530
	NV-R	COBB- 135	COBB-90	COBB- 170	COBB- 395
	JR-R	DEMBROW 205	DEMBROW 135	DEMBROW 245	DEMBROW 585
148	JR-R	FINK- 260	FINK- 145	FINK- 300	FINK- 70
	O-R	MARTIN-285	DEMBROW-175	VERDINE-320	MARTIN- 750
	O-RC	ARNOLD-235	ASSUMMA-145	ASSUMMA-315	ASSUMMA-675
	45-49 RC	GIFFORD- 195	GIFFORD- 135	GIFFORD- 245	GIFFORD- 565
	55-59R	HIGGS-160	HIGGS-130	HIGGS-295	HIGGS-585
	60-64R	HIGGS-175	HIGGS-125	HIGGS-310	HIGGS-610
	O-RC	ARNOLD 210	ARNOLD 135	ARNOLD 255	ARNOLD 600
	P-R	TOWNSEND-185	TOWNSEND-145	TOWNSEND-225	TOWNSEND-555
165	13-14 R	STODDARD-205	STODDARD-115	STODDARD-275	STODDARD-595
	17-19 RC	BOBISH- 300	BOBISH-150	BOBISH- 335	BOBISH- 785
	JR- RC	ROESCHER-265	ROESCHER- 170	ROESCHER- 285	RESCHER- 710
	40-44 R	BEAVER- 200	BEAVER- 130	BEAVER- 275	BEAVER- 605
	O-R	BROOKS- 305	TOWNSEND-170	BROOKS- 320	BROOKS- 790





			114	0	BABCOCK-85
148	JR	TOWSEND-37		80-89	MURPHY- 55
	40-44	RICH-45			
	50-54	MACRI- 31			
	60-64	MACRI-26	148	50-59	MACRI- 65
SHW	SM	BRATT-40	165	50-59	MACRI-60
	40-44	BRATT-40			
IRONMAIDEN		BENCH	DEADLIFT	TOTAL	
97	15-16R	LASCOLEA-80	LASCOLEA-200	LASCOLEA-280	
105	0-R	BABCOCK- 148	BABCOCK- 236	BABCOCK- 384	
	75-79 R	MURPHY-115	MURPHY- 225	MURPHY- 340	
	11-12 R	KILAYNE- 70	KILAYNE- 95	KILAYNE- 165	
114	11-12 R	SPAHLSKI-65	SPAHLSKI-160	SPAHLSKI-225	
	0-R	BABCOCK-160	BABCOCK-275	BABCOCK-435	
	80-84R	MURPHY-115	MURPHY-230	MURPHY-345	
	55-59R	GROLL- 65	GROLL- 110	GROLL-175	
123	0-R	BABCOCK-165	BABCOCK-290	BABCOCK-455	
	SM-R	BEYLER-125	BEYLER- 215	BEYLER- 340	
	65-69 R	LOUGHLIN- 115	LOUGHLIN- 200	LOUGHLIN- 315	
	15-16 R	BRADSHAW-85	BRADSHAW-250	BRADSHAW-335	
132	11-12 R	WILLIAMS- 70	WILLIAMS- 220	WILLIAMS- 290	
	15-16 R	BRADSHAW- 100	BRADSHAW- 250	BRADSHAW-350	
	50-54 R	MICUCIK- 115	MICUCHIK-285	MICUCHIK-395	
148	13-14 R	WILLIAMS-75	WILLIAMS- 230	WILLIAMS- 305	

	45-49 R	SIMIELE-115	FIELD-245	FIELD-345	
	60-64 R	MACRI-120	MACRI- 230	MACRI-350	
181	45-49 R	FAURA-110	FAURA-255	FAURA-365	
	0-R	STEIGLES-155	STEIGLES-315	STEIGLES-470	
SHW	0- R	MALDONALDO- 140	MALDONALDO-335	MALDONALDO-475	
	45-49 R	KLEMMANN-120	KLEMMANN-250	KLEMMANN-355	
MEN POWERLIFTING					
105	11-12	ALNUTT- 70	ALNUTT-55	ALNUTT-140	ALNUTT-265
114	9-10 R	ALNUTT-70	ALNUTT-50	ALNUTT-135	ALNUTT-255
	13-14R	FAZZARY-165	FAZZARY-105	FAZZARY-245	FAZZARY-515
123	11-12 R	DAILEVA-170	DAILEVA-85	DAILEVA-225	DAILEVA-480
	13-14 R	KELLOGG-285	KELLOGG-180	FRAZZARY-285	KELLOGG-750
	0-R	LONGO-215	LONGO- 145	LONGO-335	LONGO-695
	NV-R	BARBOSA-185	BARBOSA-90	BARBOSA-235	BARBOSA-510
132	13-14 R	KELLOGG-285	KELLOGG-195	KELLOGG-350	KELLOGG-830
	15-16 R	ZELINSKY-265	ZELINSKY-190	ZELINSKY-340	ZELINSKY-795
	17-19 R	DICEY-370	DICEY-245	DICEY-430	DICEY-1045
	JR-R	MARTINS-310	MARTINS-225	MARTINS-425	MARTINS-950
	0-R	MARTINS-305	MARTINS-220	MARTINS-430	MARTINS-955
	NV-R	PRINCIPE- 195	PRINCIPE-125	PRINCIPE-295	PRINCIPE-615
148	13-14 R	KELLOGG-315	KELLOGG-200	KELLOGG-355	KELLOGG-870
	15-16 R	FAZZARY-265	GROSSO-195	FAZZARY-335	FAZZARY-750
	17-19R	MARTINS- 325	MARTINS- 235	MARTINS- 430	MARTINS- 990
	JR-R	TILLOTSON-410	MARTINS-245	TILLOTSON-510	TILLOTSON-1160
	0-R	IODICE-325	MORRIS-205	MORRIS- 450	MORRIS-955

	50-54 SP	DiFRANCISCO- 415	DiFRANCISCO- 250	DiFRANCISCO- 400	DiFRANCISCO-1055
	55-59 SP	DIFRANCISCO-415	DIFRANCISCO-240	DIFRANCISCO-400	DIFRANCISCO-1055
	60-64 R	BARRECA-220	BARRECA-175	BARRECA-350	BARRECA-745
	70-74R	CALDERONE-250	CALDERONE-135	CALDERONE- 340	CALDERONE- 725
	NV-R	IODICE-285	IODICE- 195	IODICE- 405	IODICE- 885
165	13-14 R	LLEWELLYN-345	LLEWELLYN-205	LLEWELLYN-380	LLEWELLYN-930
	15-16 R	HICKS- 400	HICKS- 225	HICKS- 460	HICKS- 1085
	15-16 RC	SANFORD-385	SANFORD-225	JONES-465	JONES- 1015
	17-19R	BUFALINI-365	CAPPIELLO-230	CAPPIELLO-405	CAPPIELLO-910
	JR-R	CRAWFORD- 420	CRAWFORD- 265	CRAWFORD- 525	CRAWFORD- 1210
	JR-RC	COOK- 395	ALTAMIRANO-260	ALTAMIRANO-510	ALTAMIRANO-1155
	O- R	BRADT 430	HOCHHEIMER-315	HANLON-600	HANLON-1325
	O-RC	VINSON- 405	ALDARONDO-260	VINSON- 445	VINSON- 1075
	SM-R	BLAKE-315	BLAKE-215	BLAKE-450	BLAKE-970
	SM-RC	HOFFMAN-330	HOFFMAN-210	HOFFMAN- 365	HOFFMAN- 905
	45-49 R	CRITELLI-180	CRITELLI- 140	CRITELLI-280	CRITELLI- 600
	50-54 R	LIVOLSI-325	LIVOLSI-250	LIVOLSI-355	LIVOLSI-930
	50-54 RC	HUNT-335	LIVOLSI-235	HUNT-375	HUNT-915
	55-59 R	RAWN-415	RAWN-225	RAWN-415	RAWN-1050
	55-59 RC	RAWN-400	HUNT-230	HUNT-410	RAWN-1040
	55-59 E	DEFRANCISCO-385	DEFRANCISCO-255	DEFRANCISCO-400	DEFRANCISCO-1040
	P-RC	ALTAMIRANO-390	ALTAMIRANO- 255	ALTAMIRANO-505	ALTAMIRANO-1150
	P-R	FIORSI-315	FIORISI-215	FIORISI-370	FIORRISI-900
	NV- RC	CABRERA-215	CABRERA-140	CABRERA-300	CABRERA-655
	NV-R	DOLINAK-160	DOLINAK-120	DOLINAK-250	DOLINAK-530
181	17-19 RC	COOK-360	COOK- 225	COOK- 425	COOK- 1010
	17-19 R	GUTIERREZ-390	GUTIERREZ- 255	GUTIERREZ- 490	GUTIERREZ- 1135
	JR-R	LYONS- 465	LYONS- 375	LYONS- 525	LYONS- 1365
	JR-RC	WILLIAMS-205	WILLIAMS-180	WILLIAMS-315	WILLIAMS-700
	O-R	LYONS- 500	LYONS- 400	HUGHES-550	LYONS- 1430
	O-RC	VINSON-445	VINSON-260	VINSON-520	VINSON-1210
	SM-R	HOLTER-435	ROSSI-280	ROSSI-430	HOLTER-1120

	45-49 R	BATISTA-425	BATISTA-315	BATISTA-550	BATISTA-1290
	45-49 RC	CARTER-400	CARTER-335	BOWERS- 500	BOWERS- 1125
	50-54 R	BOWERS- 410	BOWERS- 315	BOWERS- 545	BOWERS- 1240
	55-59 R	BOWERS-415	BOWERS-300	BOWERS-550	BOWERS-1255
	55-59 RC	BOWERS-385	BOWERS-300	BOWERS-515	BOWERS-1200
	60-64 R	FIORISI,P-295	FIORISI,P-225	FIORISI,P-350	FIORISI-900
	60-64RC	DILIBERTO-265	DILIBERTO-200	DILIBERTO-365	DILIBERTO-825
	60-64 E	GLAZER-475	GLAZER-255	GLAZER-415	GLAZER-1145
	65-69 R	KRISTOFF- 185	KRISTOFF-160	KRISTOFF- 360	KRISTOFF- 705
	65-69 RC	DILIBERTO-265	DILIBERTO-200	DILIBERTO-350	DILIBERTO-815
	70-74 R	DILIBERTO- 240	DILIBERTO-165	DILIBERTO- 335	DILIBERTO- 740
	P-R	FIORISI-310	FIORISI-240	FIORISI-400	FIORISI-925
	NV-R	ESPINOSA- 225	ESPINOSA- 135	ESPINOSA- 300	ESPINOSA- 660
198	15-16 R	BROWER-365	BROWER-240	BROWER-435	BROWER-1040
	17-19 R	GORMAN-455	ALTAMURO-285	GORMAN-510	GORMAN-1235
	17-19 RC	SIERRA-410	SIERRA-285	SIERRA- 475	SIERRA- 1170
	JR-R	GUTIERREZ-505	FORTE-345	GUTIERREZ-590	GUTIERREZ-1410
	LT-R	KATZMANN-290	KATZMANN- 175	KATZMANN- 365	KATZMANN- 830
	O-R	LYONS 535	LYONS 405	LONGAN-605	LYONS 1500
	O-RC	LYONS-550	LYONS-390	SHARP-635	SHARP-1560
	O-SP	LANZILLOTTO-430	LANZILOTTO-330	LANZILOTTO-480	LANZILOTTO-1215
	SM-R	HOLTER-460	DEFERIO-380	DEFERIO-500	DEFERIO-1280
	P-R	MONAHAN-365	MONAHAN-235	MONAHAN-500	MONAHAN-1100
	40-44 R	WATTS-460	WATTS- 270	WATTS- 550	WATTS- 1280
	40-44 RC	HESSEL-360	HESSEL- 220	HESSEL- 455	HESSEL- 1035
	45-49 R	CARTER-470	CARTER-390	BATISTA- 575	WATTS-1355
	45-49 RC	CARTER-485	CARTER-375	CARTER-510	CARTER- 1370
	50-54 R	PEREZ- 425	BOWERS-300	BOWERS-520	BATISTA-1220
	50-54 RC	ST.FLEUR- 405	ST.FLEUR- 270	ST.FLEUR- 540	ST.FLEUR- 1215
	55-59 R	ST.FLEUR-420	MURRAY-335	ST.FLEUR- 530	ST.FLEUR- 1240
	55-59 RC	FOX-490	MURRAY- 335	ST.FLEUR-505	FOX-1200
	60-64 R	ST.FLEUR-405	ST.FLEUR-280	ST.FLEUR-470	ST.FLEUR-1155
	60-64 RC	ST.FLEUR- 380	ST.FLEUR- 265	ST.FLEUR-470	ST.FLEUR- 1115
	60-64 SP	GLAZER-500	GLAZER- 300	GLAZER- 430	GLAZER- 1230



	75-79 RC	MILLER-245	MILLER-195	MILLER-340	MILLER-780
	NV-R	ESCOBAR-415	ESCOBAR-285	ESCOBAR-455	ESCOBAR-1155
220	17-19 R	SIAPANIDES-400	SIAPANIDES-265	SIAPANIDES-455	SIAPANIDES-1120
	JR-R	GUTIERREZ-500	GUTIERREZ-310	LOPEZ-615	GUTIERREZ-1410
	JR-RC	LOPEZ-410	LOPEZ-275	LOPEZ-605	LOPEZ-1280
	LT-R	GISONDI III-315	GISONDI III- 215	GISONDI III-470	GISONDI III-1000
	O-R	POWELL-600	POWELL-450	MCDOWELL 650	POWELL-1700
	O-RC	FOX-515	FOX-375	WALKER-615	WALKER-1450
	SM-R	LITTLE-450	WARREN- 335	LITTLE-500	LITTLE-1280
	SM-RC	WALKER- 525	WALKER- 340	WALKER- 600	WALKER- 1455
	40-44 RC	HANINGTON-365	HANINGTON-245	HANINGTON-440	HANINGTON-1050
	40-44 R	D'AGOSTINO-425	D'AGOSTINO-380	NORVILLE-525	D'AGOSTINO-1260
	45-49 R	CARTER- 385	CARTER- 415	CARTR-470	CARTR- 1270
	45-49 RC	MINEO-475	MINEO-325	MINEO-475	MINEO-1275
	50-54 R	HULL-365	BRADER-260	HULL-440	HULL-1060
	50-54 RC	CREGO-500	CREGO-345	CREGO-525	CREGO-1370
	55-59 R	PEAK- 415	MURRAY-370	MURRAY-450	MURRAY-1220
	55-59 RC	PEAK- 430	MURRAY-370	ST.FLEUR-500	PEAK/MURRAY-1220
	55-59 E	MANDELL-400	MANDELL-205	MANDELL-460	MANDELL-1065
	60-64 R	KITCHING- 405	KITCHING- 310	KITCHING- 485	KITCHING- 1200
	60-64 RC	KITCHING- 415	KITCHING- 325	KITCHING- 490	KITCHING- 1230
	60-64 SP	MANDELL-380	MANDELL-205	MANDELL-460	MANDELL-1045
	65-69 R	KITCHING-350	KITCHING-275	KITCHING-430	KITCHING-1055
	P-R	MONAHAN-420	MONAHAN- 255	MONAHAN-525	MONAHAN-1200
	P-RC	FOX-515	FOX-375	FOX-525	FOX-1415
	70-74	WOODS 185	WOODS 135	WOODS 280	WOODS 600
	NV-R	SHEARER-265	SHEARER-210	SHEARER-350	SHEARER-825
242	15-16 R	BROWER- 350	BROWER- 260	BROWER- 450	BROWER- 1060
	17-19 R	ALTAMURO-600	ALTAMURO- 370	ALTAMURO- 750	ALTAMURO- 1720
	JR-R	ALTAMURO-610	ALTAMURO- 375	ALTAMURO- 740	ALTAMURO- 1725

	JR-RC	ROBINSON-475	ROBINSON-330	ROBINSON-585	ROBINSON-1390
	O-R	DAVENPORT-600	McGETRICK-405	BROWN-625	DAVENPORT-1585
	O-RC	EMMICK- 550	EMMICK- 330	EMMICK- 600	EMMICK- 1480
	SM-R	MCDOWELL-575	MCDOWELL-425	MCDOWELL-550	MCDOWELL-1550
	SM-RC	PHENES- 455	PHENES- 325	PHENES- 460	PHENES- 1255
	40-44 RC	GAUDETTE-345	GAUDETTE-245	GAUDETTE-460	GAUDETTE-1050
	40-44 R	JUREWICZ-405	JUREWICZ-315	JUREWICZ-500	JUREWICZ-1220
	45-49 R	DEIGAN-525	DEIGAN- 350	DEIGAN-565	DEIGAN- 1440
	45-49 RC	BIGELOW- 460	BIGELOW- 335	JUREWICZ-535	JUREWICZ-1285
	50-54 R	MURRAY-400	MURRAY-370	MURRAY-450	MURRAY-1220
	50- 54 RC	PHILMON-580	PHILMON-405	PHILMON-705	PHILMON-1690
	55-59 RC	ROLON-440	ROLON-365	ROLON-625	ROLON-1430
	60-64 R	GIZZO-420	GIZZO-180	GIZZO- 465	GIZZO- 1065
	65-69 R	GIZZO-355	GIZZO-175	GIZZO-450	GIZZO-980
	70- 74 RC	CRANS-200	CRANS- 165	CRANS- 310	CRANS- 675
	P-R	LOPEZ-440	LOPEZ-350	LOPEZ-620	LOPEZ-1395
	P-RC	LOPEZ-435	LOPEZ-345	LOPEZ-650	LOPEZ-1430
	NV-R	KAHAUOLOPUA-365	KAHAUOLOPUA-265	KAHAUOLOPUA-36	KAHAUOLOPUA-99
275	JR-R	ALTAMURO-675	ALTAMURO-415	ALTAMURO-755	ALTAMURO-1800
	O-R	ARCHETKO- 605	McGERTRICK- 405	ARCHETKO- 630	ARCHETKO- 1615
	O-RC	PHENES- 500	APENOWICH-410	PHENES- 500	PHENES- 1300
	SM-R	KELLOGG-495	KELLOGG-405	KELLOGG-550	KELLOGG-1450
	40-44 R	CROWELL-465	CROWELL-405	BIGELOW-540	CROWELL-1400
	40- 44 RC	MALDONALDO-375	MALDONALDO-270	MALDONALDO-450	MALDONALDO-1095
	45-49 R	RAY-545	CROWELL-395	RAY- 605	RAY- 1485
	50-54 RC	BRADER-390	BRADER-260	BRADER-430	BRADER-1080
	50-54 R	RAY-485	RAY-355	RAY-500	RAY-1310
	55-59 R	GISONDI-475	GISONDI- 370	GISONDI- 600	GISONDI- 1430
	60-64R	GIZZO-410	GISONDI-340	GISONDI-540	GISONDI-1260
	NV-R	FIERRO-285	FIERRO-215	FIERRO-425	FIERRO-925
	P-R	LOPEZ-435	LOPEZ-335	LOPEZ- 640	LOPEZ- 1410



	65-69 R	CAMPAGNA-330			
181	0-R	DANIYELAN-300			
	SM-R	PELLICANO-325	181	JR-R	BOWERS JR-450
	40-44 R	BARRON- 305		SM-R	HOLTER-450
	45-49 R	PROUDFOOT- 300		60-64 R	IOVINELLA-420
	P-R	FIORISI- 225		65-69 R	MARTIN-340
	70-74 R	CAMPAGNA- 330		70-74 R	SWINGLE- 455
198	0-SP	CHEVEREZ- 255	198	0-R	LONGAN-605
	0-R	VELAZQUEZ-340		60-64 SP	MANZO-465
	SM-R	BARRON-335		65-69 R	KITCHING-405
	40-44 R	SHALES-355		70-74 R	MILLER-340
	40-44 SS	PELLICANO-375		75-79 R	MILLER- 340
	45-49 R	CARTER, E-385		NV-R	ALVITO-515
	45-49 SS	PELLICANO- 365			
	55-59 R	MURRAY-335			
	70-74 R	MILLER-190			
	75-79 R	MILLER-195	220	JR-R	ELZAYET-605
				0-R	BARDO-625
				SM-R	WALKER- 600
				40-44 E	MANDELL-440
				55-59 R	PEAK-440
220	17-19 R	DELIA- 290		70-74 R	SEABROOKS- 300
	JR-R	ELZAYET-335			
	0-R	MCDOWELL- 420	242	JR-R	LU-530
	0-SP	CHEVEREZ 320		0-R	BARDO-625
	40-44 R	CARTER- 420		40-44 R	HANINGTON- 475
	45-49 R	CARTER-425		50-54 R	ROLON-625
	45-49 SP	WEINSTEIN-440		50-54 E	DIBELLA- 575
	45-49 SS	CARTER-475		55-59 R	ROLON-635
	50-54 SP	SEXTON- 315		55-59 E	DIBELLA- 425
	55-59 R	MURRAY-370		60-64 E	BIGROW- 415

BENCH PRESS	55-59 SP	HERBST 350			
	60-64 SS	KITCHING-380	275	45-49 R	KAHAUOLOPUA-355
	60-64 DP	SEXTON-300		50-54 R	ROLON-570
				60-64 R	BROWN-505
	70-74 R	HOPKINS-240		P-R	ROLON-540
	70-74 E	SEABROOKS- 270			
			308	40-44 R	HUESTIS- 660
			DEADLIFT		
242			SHW	17-19 R	MEJIAS,J-550
	0-R	DIXON-460			
	P-R	ZANGERLE- 455			
	SM-R	DIXON-440			
	45-49 SS	CARTER-430			
	45-49 R	CARTER-485			
	45-49 SP	CHEBEREZ 345			
	50-54 R	KLEIN-425			
	55-59 R	MITCHELL- 410			
	50-54 E	ROGERS-335			
	55-59 R	RAMIREZ-245			
	60-64 R	KNOX-285			
	60-64 SP	SATTA-315			
	70-74R	HOPKINS III-250			
	P-R	DIXON-460			
	P-E	DIXON-440	POWERCURL		
275	0-R	LUTIDZE-515			
	0-SP	DIXON-475			
	SM-R	COLEY-525	MEN		
	SM- SP	DIXON-475	148	0	ALDARONDO-130
	40-44 R	BIGELOW- 355	165	0	COPPOLA- 155
	40-44 SS	BIGELOW-385 415		50-59	SANICANDRO-130
	45-49 R	HARNISCHFERGER-			
	50-54E	ROLON-425	181	0	TSURTSUMIA-210

BENCH PRESS	50-54 R	HARNISHFEGER-405	198	0	GISONDI-100
	50-54 SS	HARNISHFERGER-565	198	40-49	BARRON-155
	55-59 R	PULLYBLANK- 365		70-79	MILLER-90
	60-64 R	PIERCE-305			
	P-R	DIXON-475	220	60-69	SEXTON-135
	P-E	DIXON-475			
			242	50-59	KLEIN-170
			275	40-49	BIGELOW- 145
308	40-44 R	HUESTIS- 375		50-59	ROLON-155
	0-R	COLEY 545	308	0	McGERTRICH-160
			STRICT CURL		
SHW	17-19 R	MEJIAS,J- 415	MEN		
	LT-R	MEJIAS- 610	90	11-12	WEEDEN-50
	SM-R	MEJIAS- 610	148	60-69	BARIECA-75
	0-R	MEJIAS-640	165	0	COPPOLA-140
	40-44 R	MEJIAS-620	198	70-79	MILLER-85
			220	50-59	SEXTON- 125
			242	40-49	BIGELOW-140
SQUAT ONLY			275	40-49	130
132	0-R	TEAGUE-185			
165	0-R	SCHADER-305			
	60-64 R	SCHADER-305			
198	75-79 RC	MILLER-245			
220	55-59 RC	PEAK- 430			
	0-R	BARDO- 585			
242	0-R	BARDO- 515			
BENCH FOR REPS					
MEN					
148	0	DESIMONE- 44			
165	0	COPPOLA-28			
	SM	ALVEREZ-31			

	0	MOTLEY-18			
	SM	ALVEREZ-31			
	40-44	BARRON-25			
198	0	THEISEM-22			
	SM	BARRON-28			
	40-44	SHALES-30			
	45-49	SHALES- 31			
220	JR	GISONDI,C-7			
	0	VELAZQUEZ-32			
	40-44	MUHLNICKEL-20			
242	0	BROWN- 16			
	40-44	CARLSON-13			
275	0	RICCI-12			
	50-54	ROLON-17			
	P	ROLON-17			
IRONMAN					
114	9-10 R	MEJIAS-85	MEJIAS-175	MEJIAS-260	
	11-12 R	SIMIELE-95	SIMIELE-185	SIMIELE-280	
	13-14 R	MARKLEY- 90	MOONEY-200	MARKLEY- 275	
123	13-14R	MOTLEY-100	MOTLEY-225	MOTLEY-325	
132	13-14 R	IRWIN- 110	IRWIN- 205	IRWIN- 310	
	15-16 E	CLARK-175	CLARK-350	CLARK-525	
	JR-R	DIAL- 145	DIAL- 320	DIAL- 465	
148	13-14 R	JONES-160	HOLLAND-315	HOLLAND-465	
	15-16 R	IRWIN-135	IRWIN- 260	IRWIN- 395	
	17-19 R	HOLLAND-160	HOLLAND-95	HOLLAND-255	

	JR-R	BARRON-260	BARRON- 365	BARRON- 625	
	O-R	ALDARONDO-295	ALDARONDO-445	ALDARONDO-740	
	60-64 R	BARIECA-170	BARIECA-355	BARIECA-515	
165	13-14 R	FIELD-140	FIELD-325	FIELD-465	
	15-16 R	CROUT- 150	CROUT- 300	CROUT- 450	
	17-19 R	BERRY- 250	BERRY- 350	BERRY- 600	
	O-R	COPPOLA-320	COPPOLA-155	COPPOLA-455	
	55-59 R	HUNT-240	HUNT-425	HUNT-665	
181	13-14 R	FERRELL-105	DAY-260	DAY-360	
	15-16 R	FIELD-185	FIELD-315	FIELD-500	
	JR-R	MOTLEY-270	MOTLEY-425	MOTLEY-695	
	O-R	MURRAY-200	MURRAY-275	MURRAY-475	
198	13-14R	FARRELL-120	FARRELL-225	FARRELL-345	
	15-16 R	FIELD-210	FIELD- 335	FIELD- 545	
	O-R	LUCERO- 325	LUCERO- 530	LUCERO- 855	
	SM-R	PELLICANO- 315	PELLICANO- 365	PELLICANO- 680	
	45-49 R	CARTER-385	CARTER-505	CARTER-895	
	50-54 R	LASCOLEA-280	LASCOLEA-405	LASCOLEA-685	
	70-74 R	MILLER-190	MILLER-340	MILLER-525	
	75-79 R	MILLER-195	MILLER-340	MILLER-535	
	P-R	LUCERO-325	LUCERO-500	LUCERO-820	
220	13-14 R	BROWER- 150	BROWER- 300	BROWER-450	
	15-16 R	BARBER-185	BARBER-365	BARBER-550	
	O-R	MCDOWELL-440	MCDOWELL-600	MCDOWELL- 1040	
	45-49 R	CARTER-395	CARTER-510	CARTER-905	
	55-59R	PEAK-360	PEAK-440	PEAK-800	
			380		
242	13-14 R	WYATTBROWER- 245	WYATTBROWER-	WYATTBROWER- 62	
	15-16 R	BROWER- 255	BROWER- 430	BROWER- 685	
	O-R	BROWN- 400	BROWN- 600	BROWN- 1000	



	55-59 R	ROLON-365	ROLON-635	ROLON-985	
	70-74 R	CRANS- 165	CRANS- 310	CRANS- 475	
275	15-16 R	BROWER- 200	BROWER- 405	BROWER- 630	
	17-19 R	BROWER-205	BROWER-405	BROWER-610	
	0-R	RICCI-355	RICCI-445	RICCI-800	
	40-44R	ZANE- 385	ZANE- 550	ZANE- 935	
	50-54E	ROLON- 400	ROLON-570	ROLON-970	
308	17-19 R	DESANTIS- 185	DESANTIS- 430	DESANTIS- 615	
	0-R	RICCI-360	RICCI-480	RICCI-840	
	40-44 R	HUESTIS- 375	HUESTIS- 660	HUESTIS- 1035	
	65-69 R	MUCICOL- 365	MUCICOL- 440	MUCICOL- 805	
SHW	45-49R	BECKER-350	BECKER- 300	BECKER-650	