



2026 WNPF WORLD CHAMPIONSHIPS

YOUNGSTOWN, OH – NOVEMBER 7-8, 2026

ENTRY DEADLINE- OCTOBER 3rd, 2026

USA, BRAZIL, REPUBLIC OF GEORGIA,

CANADA & INDIA

CONTACT INFORMATION- TROY FORD- wnpf@aol.com or 770.668.4841 or

RON DEAMICIS- 330.519.3870 or powerlt103@aol.com

Save your stamps, apply and pay online at [WORLD CHAMPIONSHIP ENTRY | wnpf-powerlifting](https://wnpf-powerlifting.com)

RECORDS: You can set State, National and World records at any of these events!!!! 4th attempt World records rules will be in effect!!! Please check the rulebook for 4th attempt rules. [Rules & Regulations \(wnpfpl.com\)](https://wnpfpl.com)

Qualifications- All lifters must have placed first to third in a WNPF meet within the 2026 season only. Lifters must lift in the weight class/division you qualified in, or you can go UP one weight class but not down! Lifters must also lift in the event in which they qualified! Full meet lifters can cross over into Ironman and any of the other single lift events such as bench only and finally all lifters must be DRUG FREE!!!!

DRUG TESTING WILL TAKE PLACE

ALL EVENT INFORMATION IS BELOW

IMMACULATE HEART OF MARY PARISH CENTER, 4490 NORQUEST BLVD,
YOUNGSTOWN, OH Hotel- Holiday Inn Express, 5555 Cerni Pl, Youngtown, OH & Quality Inn,
870 North Canfield Niles Rd, Youngstown, OH, Ron DeAmicis powerlt103@aol.com or
330.519.3870 or email **Karen DeAmicis** for hotel information as well as activities in the
Youngstown and surrounding areas. Her email is deamike@aol.com

Weigh-ins- 5-6pm on the night before you lift or 8-9am on the day you lift, Rules briefing 9am,
start time- 9:45am on both days. All women, youth 7-12 years old and men 114- 198 will lift on
Saturday and all men 220 and over will lift on Sunday.

MEET ENTRY- Meet shirts are given to all lifters as a part of their entry!

First event or division- \$220.00, Additional events, or division- \$85.00, (Late fee is \$50.00) (We are not taking entries at the door) **Cash-app or Venmo for Troy Ford- \$WNPFPOWER** or go to www.wnpfpl.com or lifters can send in an application to **WNPF, POBOX 142347, Fayetteville, GA 30214** by October 3rd.

THESE DEADLINES ARE STRICT, IF YOU WANT YOUR NAME LISTED ON THE T-SHIRT, YOU MUST HAVE YOUR ENTRY IN BY OCT. 3RD

ONCE AGAIN, WE WILL NOT BE TAKING ANY WALK-UP LIFTERS OR LIFTERS A WEEK OUT FROM THE DEADLINE, THE FINAL ROSTER WILL BE SET. IF YOU ARE LATE A \$50 LATE FEE MUST AND WILL BE ADDED FOR THE 1ST EVENT AND \$30 FOR ANY ADDITIONAL EVENT.

PAY ONLINE HERE: [WORLD CHAMPIONSHIP ENTRY | wnpf-powerlifting](https://wnpf-powerlifting.com)

TEAM FEES: \$150.00 to enter the WNPf World Championship Team Division- A roster must be submitted by 10/3/2026. Teams can enter any event such as Full Power or Bench only, Curl, etc.

WNPF MEMBERSHIPS All lifters must be members of the WNPf. You must have a current WNPf membership otherwise a membership must be purchased. [Online Membership form and payment | wnpf-powerlifting \(wnpfpl.com\)](#) This can be done before the event you enter, or you can pay cash at weigh-ins.

AWARDS- WNPf WORLD CHAMPIONSHIP UNIQUE AWARDS & RINGS WILL BE AWARDED TO ALL LIFTERS IN THIS EVENT.- We will post the awards online shortly after the deadline!

FORMAT: IF YOU ENTER ONE DIVISION YOU WILL RECEIVE ONE RESIN AWARD & ONE RING, TWO EVENTS- TWO RESIN AWARDS & TWO RINGS, THREE EVENTS- YOU WILL RECEIVE THREE RESIN AND THREE CHAMPIONSHIP RINGS, ETC.

CHAMPIONSHIP BELTS FOR THE BEST LIFTERS AND EXTRA-LARGE AWARDS FOR TEAMS!

DIVISIONS

Youth 9-10, 11-12, Teens- 13-14, 15-16 & 17-19, Juniors 20-23, Natural Open- 3 years drug free or more, Submasters- 35-39, Masters in 5-year increments, Disabled and Special Olympians (Curl division for masters in 10-year increments), Police/Fire/Military- Current or former service and proof must be shown at weigh-ins. ***Were adding a LIFETIME DRUG FREE division to this World Championship! You can only enter this division if you are LIFETIME DRUG FREE and enter it as an additional division. This division is an open division, not masters, etc. State, National and World records can be set in this division.***

EVENTS

Full Powerlifting, Bench only, Deadlift only, Squat only, Ironman- Bench and deadlift combined, Bench for reps, Power Curl & Strict curl. (Lifters that did not have the opportunity to qualify in the strict curl can enter the strict curl. We will be using the gopher bar at this event)

RAW- Knee sleeves or bare knees, RAW CLASSIC- Knee wraps, EQUIPPED- Single or Double ply. Please read the rules for all equipment. [Rules & Regulations \(wnpfpl.com\)](#)

ADMISSION FOR EACH EVENT

\$20.00 admission. Please let your audience and cheering section know that there is a charge to see the show. Thanks

MEET ATTIRE AND MORE- meet shirts, knee sleeves, knee wraps, wrist wraps, singlets, hoodies, sweatshirts & pants, WNPf caps and more.

CALIBRATED PLATES WILL BE USED, INCLUDING A MONOLIFT FOR SQUATS



MEET SHIRT- The entire roster will be on all shirts!

2026 WNPf WORLD CHAMPIONSHIPS ENTRY FORM- Deadline 10/03/2026

ENTRY FORM- Your entry fees and form must be in by the deadline listed; otherwise, a late fee of \$50.00 & \$30.00 must be paid along with your entry fee. Save your stamps and enter online at [WORLD CHAMPIONSHIP ENTRY | wnpf-powerlifting](https://www.wnpf.com/entry)

NAME _____ NICK NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____ DOB _____

AGE ON MEET DAY? _____

Are you a 2026-27 WNPf member? Yes, ___ No ___ If yes expiration date? _____

Wt. class competing in? _____ Wt. class qualified in? _____

All entry fees are final, they cannot be exchanged, transferred and are non-refundable!

Amount enclosed \$ _____ Meet shirt size _____

First attempts- SQUAT _____ BENCH _____ DEADLIFT _____ CURL _____

Full meet- Youth ___ Teen ___ Junior ___ Open ___ Lifetime Open ___ Subs ___ Masters ___ P/F/M ___ Raw ___

Raw classic ___ Single ply ___ Double ply ___

Bench only- Youth ___ Teen ___ Junior ___ Open ___ Lifetime Open ___ Subs ___ Masters ___ P/F/M ___

Slingshot Single ply ___ Slingshot Double ply ___ Raw ___ Single ply ___ Double ply ___

Deadlift only- Youth ___ Teen ___ Junior ___ Open ___ Lifetime Open ___ Subs ___ Masters ___ P/F/M ___ Raw ___
Equipped ___

Squat only- Youth ___ Teen ___ Junior ___ Open ___ Lifetime Open ___ Subs ___ Masters ___ P/F/M ___ Raw ___

Raw classic ___ Single ply ___ Double ply ___

Ironman- Youth ___ Teen ___ Junior ___ Open ___ Lifetime Open ___ Subs ___ Masters ___ P/F/M ___ Raw ___ Equipped ___

Bench for Reps- Youth ___ Teen ___ Junior ___ Open ___ Lifetime Open ___ Subs ___ Masters ___ P/F/M ___

Strict curl- Youth ___ Teen ___ Open ___ Lifetime Open ___ Masters ___

Power Curl- Youth ___ Teen ___ Open ___ Lifetime Open ___ Masters ___

Make your payment to: WNPf **Send to:** WNPf, POBOX 142347, Fayetteville, GA 30214

Bank checks, cash, and money orders only. No personal checks accepted. Please do not send your entry form by certified or registered mail; it will not be picked up. If you want confirmation, please email us at wnpf@aol.com or powerlit103@aol.com a \$50 + \$30 late fee will apply after the deadline date. Fees must and will be applied in advance or at weigh-ins, no exceptions. Cash only at weigh-ins

In consideration of your accepting this entry, I hereby for myself and my heirs, release any & all rights/claims for damages for injuries I may have against the contest facility in use, World Natural Powerlifting Federation, Troy Ford, Ron DeAmicis, all other meet directors & staff, and any & all other participating sponsors, supporters, referees, and spotter/loaders as a result of my traveling to, and/or from and/or participating in, the above listed competition. I make this release and waiver of claim with full knowledge of the hazards and inherent risks associated with the above-listed competition. I hereby assume the risk of injury and property damage/loss. Also, in consideration of your accepting this entry I hereby sign over my rights to be videotaped and/or photographed by the directors and/or his designees. I am fully aware that I will receive no royalties and/or compensation for the sale/use of the videotapes and/or photographs. I also realize that if I do not attend this event for any reason, I will forfeit all fees and cannot transfer them to another event. In consideration of the acceptance of my entry in this Powerlifting competition I intend to be legally bound, for not only myself but also for my heirs, my executors, and my administrators. In signing this release from liability, I waive and release everyone connected with the competition from any and all liability, including any results of negligence which may arise from this competition. Moreover, I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength-inducing drugs SHALL BE CONCLUSIVE. That is, whether I think results of the tests are right or wrong I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical tests which may be necessary to complete drug testing. Should I fail to pass drug tests, I agree to forfeit any trophy or award which I otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, whom I may sue in an effort to challenge this Release from Liability form. I understand that my agreement to pay attorney fees and litigation expenses is the *Sine Qua Non* for the acceptance of my entry in this contest. If a court of competent jurisdiction shall deem any provision of this release form liability to be invalid, the remainder of this Release of Liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally. **Certification:** I hereby give my word of honor as an athlete that I have not used any strength inducing drugs (i.e. any anabolic steroid, natural hormone or synthetic growth hormone) as part of my training during the past thirty-six months, nor have I used prescription diuretics or psychomotor stimulants during the seven days prior to this meet

Signature in full of applicant or parent/guardian if lifter is under 18.

No refunds, exchanges, or transfers on any fees if you do not attend. MUST BE POSTMARKED BY THE Deadline 10/03/2026

Which team will be the 2026 WNPf World Champions?

TEAM ROSTER

Please fill this out and screenshot and email to wnpf@aol.com or send it in by mail.

Note: lifters that are lifting on a team must still pay their individual entry fees to lift in a meet. The team fee is an extra event that your team will compete in for a team championship. Please send this in with your entry fee by the deadline. \$150.00 team fee.....

TEAM NAME _____

EVENT ENTERING _____ (EX: FULL POWER, BENCH ONLY, ETC.)

DIVISION ENTERING – Teens only__ master's only__ Women only__ multiple divisions__

NAME

WT.CLASS

DIVISION

1

2

3

4

5

6

7

8

9

10

11

12

Rules: Your team cannot have more than 3 lifters in the same weight class.

All lifters must lift in the same event. You are allowed a maximum of twelve lifters and a minimum of three lifters. Final team rosters must be turned in by 10/3/2026.