

These records are now **WNPF HISTORICAL RECORDS**,

This means they cannot be set or broken anymore. The

WNPF is starting a new chapter, divisions, records and rules

In 2016. Be a part of the new WNPF and set a record! Check

out the new WNPF records page in 2016. New WNPF Historical

Record certificates are available for all lifters with records.

TENNESSEE STATE RECORDS

(SP)- SINGLE PLY, RC- RAW CLASSIC

POWERLIFTING				
WOMEN				
105				
NOVICE	210	110	250	570
LIFETIME	215	126	270	612
165				
NOVICE	250 JOHNSON	120 JOHNSON	345 JOHNSON	715 JOHNSON
LIFETIME	286 JOHNSON	165 JOHNSON	352 JOHNSON	804 JOHNSON
BENCH ONLY		SQUAT		
123		165		
13-16	120	OPEN RC	185 HALL	
OPEN RAW	85 FRIDDLE			
SHW				
45-49 RAW	135 DUNCAN			
MEN				
114				
9-10 RC	100 ALFORD	75 ALFORD	135 ALFORD	310 ALFORD

123				
11-12 (SP)	185 ALFORD	95 ALFORD	190 ALFORD	470 ALFORD
132				
11-12 SP	240 ALFORD	125 ALFORD	260 ALFORD	625 ALFORD
148				
13-16 (SP)	300 ALFORD	170 ALFORD	330 ALFORD	800 ALFORD
OPEN	480	280	500	1260
165				
SPECIAL OLYMPIAN	230	190	290	710
17-19 RC	319 OWLE	231 OWLE	451 OWLE	1003 OWLE
50-54 (SP)	375 GARAFOLA	280 GARAFOLA	415 GARAFOLA	1055 GARAFOLA
55-59 (SP)	320 GARAFOLA	270 GARAFOLA	425 GARAFOLA	1015 GARAFOLA
181				
13-16 (SP)	425 ALFORD	250 ALFORD	440 ALFORD	1115 ALFORD
JUNIOR RAW	480 OWLE	310 OWLE	505 OWLE	1295 OWLE
LIFETIME	535 SESLER	305 SESLER	507 SESLER	1344 SESLER
198				
13-16 (SP)	500 ALFORD	315 ALFORD	450 ALFORD	1265 ALFORD
17-19	560	370	500	1430
OPEN RC	500 ARENA	340 GANN	565 ARENA	1365 ARENA
50-54 (SP)	365 GILBERT	255 GILBERT	430 GILBERT	1050 GILBERT
LIFETIME RC	512 BISHOP	400 BISHOP	578 BISHOP	1471 BISHOP
220				
NOVICE	620	400	630	1650
LIFETIME	661	369	650	1680
40-44 RC	275 LINGINFELTER	265 LINGINFELTER	365 LINGINFELTER	905 LINGINFELTER
275				
40-44 (SP)	400	300	515	1315
NOVICE RC	385 TOLBERT	250 TOLBERT	415 TOLBERT	1050 TOLBERT
LIFETIME (SP)	450 CHERRY	450 CHERRY	555 CHERRY	1455 CHERRY
OPEN RC	500 COLLINS	375 COLLINS	655 COLLINS	1530 COLLINS
SHW				
17-19 RC	350 GARAFOLA	225 GARAFOLA	350 GARAFOLA	925 GARAFOLA
NOVICE RC	600 CRISMAN	385	570 CRISMAN	1515 CRISMAN
SUBS	740 JOHNSON	495 JOHNSON	635 JOHNSON	1870 JOHNSON
OPEN	639 INGRAM	468 INGRAM	635 INGRAM	1746 INGRAM
45-49	639 INGRAM	468 INGRAM	635 INGRAM	1746 INGRAM
OPEN RC	720 JOHNSON	435 JOHNSON	645 JOHNSON	1800 JOHNSON
40-44 RC	720 JOHNSON	435 JOHNSON	645 JOHNSON	1800

				JOHNSON
BENCH ONLY		DEADLIFT ONLY		
132		181		
17-19 (SP)	185 SMITH	40-44 RAW	260 MCCURLEY	
148		220		
17-19 (SP)	225 SMITH	SUBS	565 ADCOCK	
JUNIOR RAW	187.5 SMITH	OPEN	640 ARENA	
		242		
165		50-54 RAW	425 PHILLIPS	
NOVICE (SP)	300			
JUNIOR RAW	300	275		
OPEN RAW	205 PORTER	LIFETIME	500	
WOMEN OPEN RAW	105 HALL	OPEN RAW	700 COLLINS	
181				
OPEN (SP)	300			
40-49 (SP)	360			
OPEN RAW	230 MCCURLEY			
SUBS RAW	237 MCCURLEY	POWERCURL		
198		198		
OPEN RAW	365 DUNCAN	50-59	170 SWANSON	
		220		
220		50-59	130 WOODS	
LIFETIME	455 BRICE			
OPEN RAW	405 DUNCAN	242		
OPEN	455 BRICE	50-59	145 PHILLIPS	
LIFETIME RAW	405 MOORE			
65-69 RAW	400 WOOTEN			
242		REPS		
LIFETIME RAW	405 MOORE	242		
OPEN (SP)	630 MILLRANY	50-54	10 PHILLIPS	
OPEN RAW	405 MOORE			
35-39 RAW	440 MORGAN			
40-44 (SP)	330			
40-44 RAW	430 MOORE			
45-49 (SP)	630			

	MILLRANY			
275				
40-44 RAW	285 MUNCY			
50-54 RAW	300 PHILLIPS			