



## **PENNSYLVANIA STATE RECORDS**

*If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.*

*POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift*

*E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT, SP- SINGLE PLY, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY*

*Records will be in pounds and/or kilos but kilos will be converted into pounds.....*

### **FULL POWERLIFTING RECORDS**

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
114	11-12 R	GIROSKI-155	GIROSKI-80	GIROSKI-235	GIROSKI-470
123	11-12 R	GIROSKI-160	GIROSKI-95	GIROSKI-235	GIROSKI-490
	0-R	JOHNSON-170	JOHNSON-95	JOHNSON-255	JOHNSON-520
132	0-R	SMITH-230	VOUDOURIS-135	JOHNSON-290	SMITH-620
	0-RC	JOHNSON-200	VOUDOURIS-135	VOUDOURIS-285	VOUDOURIS-615
	SM-R	RADER-190	KILLAM-90	RADER-215	RADER-450
148	13-14 RC	RADER-225	RADER-85	RADER-250	RADER-560

	15-16 RC	RADER-245	RADER-105	RADER-265	RADER-615
	15-16 R	QUIJANO-255	QUIJANO-125	QUIJANO-280	QUIJANO-660
	0-R	SEAL-205	SEAL-115	SEAL-315	SEAL- 635
	SM-R	MAFFEI-200	MAFFEI-130	MAFFEI-260	MAFFEI-590
	40-44 R	KIRSTNER-245	KIRSTNER-130	KIRSTNER-280	KIRSTNER-655
	40-44 RC	RADER-215	RADER-50	RADER-230	RADER-495
	45-49 RC	RADER-215	RADER-45	RADER-230	RADER-490
165	0-RC	NAZARIO-175	NAZARIO-115	NAZARIO-250	NAZARIO-540
	0-R	DEPRIMO- 195	DEPRIMO-120	DEPRIMO- 275	DEPRIMO-590
	40-44 RC	PERRY-105	PERRY-100	PERRY-175	PERRY-380
	50-54 RC	KUMMERER-185	KUMMERER-120	KUMMERER-245	KUMMERER-550
	50-54 R	KUMMERER-205	KUMMERER-115	KUMMERER-245	KUMMERER-565
181	13-14RC	KOLASA-185	KOLASA-105	KOLASA-225	KOLASA-515
	17-19 R	ROCK-185	ROCK-110	ROCK-255	ROCK-545
	0-R	ONIMUS- 290	ONIMUS- 155	ONIMUS- 340	ONIMUS- 785
	0-RC	KELLAR-210	KELLAR-120	KELLAR-300	KELLAR-630
	50-54 R	MCCRERY-235	MCCRERY-85	MCCRERY-275	MCCRERY-595
	P-R	ROCK-225	ROCK-120	ROCK-285	ROCK-600
SHW	13-14 R	KOLASA-170	KOLASA-95	KOLASA-235	KOLASA-500
	JR- R	FLEMMING-395	FLEMMING-265	FLEMMING-455	FLEMMING-1115
	0-RC	KAUFFMAN-210	KAUFFMAN-120	KAUFFMAN-250	KAUFFMAN-580
	0-R	FLEMMING-475	FLEMMING-280	FLEMMING-465	FLEMMING-1205
	45-49 R	ANDERSON-260	ANDERSON-135	ANDERSON-305	ANDERSON-700
	50-54 R	WEAVER-190	WEAVER-170	WEAVER-245	WEAVER-605
	55-59 R	WEAVER-180	WEAVER-170	WEAVER-245	WEAVER-595

<b>SPECIALIST</b>					
<b>BENCH PRESS ONLY</b>			<b>DEADLIFT ONLY</b>		
<b>WOMEN</b>			<b>WOMEN</b>		
<b>97</b>	<b>0-R</b>	<b>BENNER-110</b>	<b>114</b>		
	<b>55-59R</b>	<b>BENNER-110</b>		<b>11-12 R</b>	<b>LENZI- 165</b>
<b>105</b>	<b>0-R</b>	<b>BENNER-105</b>			
	<b>55-59 R</b>	<b>BENNER-105</b>	<b>165</b>	<b>17-19R</b>	<b>HENRY-355</b>
<b>123</b>	<b>40-44 R</b>	<b>BLACKENSTOSE-150</b>	<b>181</b>	<b>0-R</b>	<b>ONIMUS-340</b>
				<b>65-69 R</b>	<b>ROCK-155</b>
<b>SHW</b>	<b>JR-R</b>	<b>ROMO-130</b>			
	<b>0-R</b>	<b>ROMO-130</b>			
	<b>50-54 R</b>	<b>HORAN- 125</b>			

<b>IRONMAIDEN</b>					
<b>114</b>	<b>11-12 R</b>	<b>LENZI-55</b>	<b>LENZI- 165</b>	<b>LENZI- 220</b>	
<b>132</b>	<b>0-R</b>	<b>JOHNSON-105</b>	<b>JOHNSON-275</b>	<b>JOHNSON-380</b>	
<b>165</b>	<b>0-R</b>	<b>NAZARIO-115</b>	<b>NAZARIO-240</b>	<b>NAZARIO-355</b>	
	<b>50-54R</b>	<b>KUMMERER-125</b>	<b>KUMMERER-235</b>	<b>KUMMERER-360</b>	
<b>181</b>	<b>13-14R</b>	<b>KOLSA-115</b>	<b>KOLSA-225</b>	<b>KOLSA-340</b>	
	<b>0-R</b>	<b>KELLAR-115</b>	<b>KELLAR-285</b>	<b>KELLAR-400</b>	
	<b>65-69 R</b>	<b>ROCK-85</b>	<b>ROCK-170</b>	<b>ROCK-255</b>	
<b>SHW</b>	<b>0-R</b>	<b>KAUFFMAN-125</b>	<b>KAUFFMAN-240</b>	<b>KAUFFMAN-365</b>	
	<b>JR-R</b>	<b>FLEMING-250</b>	<b>FLEMING-425</b>	<b>FLEMING-675</b>	
<b>BENCH FOR REPS</b>					
<b>97</b>	<b>55-59R</b>	<b>BENNER-40</b>			
	<b>0</b>	<b>BENNER-40</b>			

165	50-54	KUMMERER-24			
SHW	0	HORAN-19			
	50-54	HORAN-19			
POWERLIFTING					
MEN					
123	17-19 R	LEACH-170	LEACH-115	LEACH-165	LEACH-450
132	9-10 R	LENZI-130	LENZI-70	LENZI-155	LENZI-355
	17-19 RC	PERRY-80	PERRY-60	PERRY-120	PERRY-260
148	13-14 RC	KICHTA- 175	KICHTA- 135	KICHTA- 205	KICHTA- 515
	13-14 R	LAW-160	LAW-140	LAW-240	LAW-555
	JR-R	POLYCARPE-475	POLYCARPE-285	POLYCARPE-500	POLYCARPE-1260
	0-R	TOTH-355	TOTH-225	TOTH-380	TOTH-940
	0-RC	HUBER-265	HUBER- 205	HUBER- 315	HUBER- 785
	NV-R	TOTH- 340	TOTH- 220	TOTH- 405	TOTH- 965
165	15-16 R	DEBNAM-320	DEBNAM- 235	DEBNAM- 345	DEBNAM- 900
	17-19 R	WILLIAMS-300	WILLIAMS-280	WILLIAMS-425	WILLIAMS-1000

	JR-R	LIPSCOMB- 385	LIPSCOMB- 290	LIPSCOMB-510	LIPSCOMB- 1175
	JR-RC	BRADDOCK-285	BRADDOCK-205	BRADDOCK- 370	BRADDOCK- 860
	0-R	DELSIGNORE-480	DELSIGNORE-300	HART-610	DELSIGNORE-1290
	0-RC	K,BRADDOCK-405	K,BRADDOCK- 275	K, BRADDOCK- 455	K, BRADDOCK- 1125
	40-44 R	HART-400	HART-270	HART-585	HART-1255
	45-49 R	HART-415	HART-275	HART-590	HART-1265
	55-59 R	SCHADER- 325	SCHADER- 185	SCHADER- 300	SCHADER- 810
	65-69 E	CONWAY-305	CONWAY-165	CONWAY-435	CONWAY-905
	NV-R	LAZZARI-315	LAZZARI-165	LAZZARI-430	LAZZARI-910

181	15-16 RC	TOVAR- 375	TOVAR- 205	TOVAR- 460	TOVAR- 1040
	15-16 R	QUIJANO-415	QUIJANO- 220	QUIJANO- 410	QUIJANO- 1045
	17-19 R	WILLIAMS-405	WILLIAMS-340	WILLIAMS-535	WILLIAMS-1280
	JR-R	LIPSCOMB-410	WILLIAMS-325	LIPSCOMB-490	LIPSCOMB- 1195
	40-44 R	LEUCHTER- 310	LEUCHTER- 275	LEUCHTER- 450	LEUCHTER- 1035
	70-74 R	OHR- 245	OHR- 180	OHR- 265	OHR- 690
	75-79 R	DICKERSON-300	DICKERSON- 240	DICKERSON- 340	DICKERSON- 875
	75-79 RC	DENNISON-345	DICKERSON- 240	DENNISON-500	DENNISON-1010
	NV-R	ZBOYOVSKY-285	ZBOYOVSKY-200	ZBOYOVSKY-345	ZBOYOVSKY-830
198	13-14 R	LUGO-195	LUGO-155	LUGO-285	LUGO-635
	17-19 R	GRUBE-490	GRUBE-250	GRUBE-570	GRUBE-1310
	JR-R	JARMUZ- 405	KELEMEN-345	JARMUZ-585	JARMUZ-1305
	O-R	CAPARONI-600	LIPSCOMB-340	CAPARONI- 605	CAPARONI-1540
	O-RC	LEVANDUSKI-400	LEVANDUSKI-250	LEVANDUSKI-435	LEVANDUSKI-1085
	O-E	ERDOGAN-405	ERDOGAN-275	ERDOGAN-400	ERDOGAN-1030
	SM-R	MARTIN-355	MARTIN-220	MARTIN-500	MARTIN-1075
	SM-RC	SMITH-300	SMITH-230	SMITH-420	SMITH-950
	40-44 E	UPHOFF-335	UPHOFF-225	UPHOFF-405	UPHOFF-965
	40-44 R	MARA-300	MARA-275	MARA-350	MARA-925
	45-49 R	HUBER-420	HUBER-315	HUBER-510	HUBER-1245
	45-49 SP	UPHOFF-330	UPHOFF-220	UPHOFF-395	UPHOFF-945
	50-54 E	ERDOGAN-405	ERDOGAN-275	ERDOGAN-320	ERDOGAN-1000
	55-59 RC	CATINA- 400	CATINA- 225	CATINA- 400	CATINA- 1000
	70-74 R	LHOTA-405	LHOTA-225	LHOTA-440	LHOTA-1070
	75-79 R	AMOROSO-240	AMOROSO-140	AMOROSO-325	AMOROSO-705
	NV-R	COLOMBO-300	COLOMBO-205	COLOMBO-360	COLOMBO-865
220	15-16 R	FARMER-375	FARMER-265	FARMER-415	FARMER-1055
	40-44 R	REESE-420	REESE-335	REESE-500	REESE-1255
	45-49 R	DERISI- 430	MARA-315	DERISI- 500	DERISI- 1230
	50-54 RC	CREGO-475	CREGO-335	CREGO-515	CREGO-1325
	50-54 E	ERDOGAN-475	ERDOGAN-280	ERDOGAN-455	ERDOGAN-1205

	55-59 RC	CREGO-400	CREGO- 335	CREGO-480	CREGO- 1215
	60-64 R	LHOTA-445	LHOTA-305	LHOTA- 490	LHOTA- 1220
	65-69 R	LHOTA-450	LHOTA-285	LHOTA-485	LHOTA-1210
	75-79 R	AMOROSO-275	AMOROSO-155	AMOROSO-365	AMOROSO-775
242	11-12 R	SALVINI- 225	SALVINI- 135	SALVINI- 260	SALVINI- 620
	15-16 R	FARMER-425	FARMER-290	FARMER-475	FARMER-1190
	17-19 R	NESTER- 415	NESTER- 310	NESTER- 520	NESTER- 1245
	JR-R	YOUNG-550	YOUNG-350	YOUNG-615	YOUNG-1515
	JR-RC	YOUNG-525	YOUNG-370	YOUNG-640	YOUNG-1535
	O-R	PRIORE-465	DANIELS-345	PRIORE-570	PRIORE-1350
	SM-R	TAMBURRI-455	TAMBURRI-330	TAMBURRI-555	TAMBURRI-1340
	40-44 R	REESE-465	REESE- 385	MANZO- 535	REESE- 1375
	50-54 RC	DERISI-530	DERISI-325	DERISI-555	DERISI-1410
	50-54 R	FEAIRHELLER-405	FEAIRHELLER-285	FEAIRHELLER-525	FEAIRHELLER-1215
	NV-R	LEACH-390	LEACH-290	LEACH-475	LEACH-1155
275	13-14 RC	SALVINI-350	SALVINI-190	SALVINI-315	SALVINI-810
	11-12 RC	SALVINI-250	SALVINI-160	SALVINI-300	SALVINI-710
	JR-R	FISHER-485	LEACH-305	FISHER-625	FISHER-1385
	O-R	COLLINS-540	COLEMAN-305	COLEMAN-605	COLLINS-1400
	SM-E	LENZI-460	LENZI-265	LENZI-425	LENZI-1075

	40-44 R	REESE-485	REESE-405	REESE-475	REESE-1365
	45-49 R	JACKSON- 425	JACKSON- 405	JACKSON- 525	JACKSON- 1355
	45-49 RC	KILLICH-500	KILLICH-245	KILLICH-400	KILLICH-1145
	50-54 RC	DERISI- 500	DERISI- 320	DERISI- 530	DERISI- 1350
	50-54 R	CONDRAD-385	CONDRAD-330	CONDRAD-500	CONDRAD-1215
	P- R	LENZI-435	LENZI-220	LENZI- 355	LENZI- 1010
308	15-16 R	LENZI- 335	LENZI- 185	LENZI- 405	LENZI- 925
308	JR-R	McCULLOUGH-475	McCULLOUGH-280	McCULLOUGH-470	McCULLOUGH-1225

	O-RC	GERMANY-670	GERMANY-515	GERMANY-700	GERMANY-1885
SHW	40-44 R	JACKSON- 530	JACKSON- 465	JACKSON- 585	JACKSON- 1580
SPECIALIST BENCH PRESS MEN			DEADLIFT MEN		
			132	9-10 R	LENZI-135
165	0-R	STRINGA-335			
	45-49 R	STRINGA-335			
	50-54 R	STRINGA- 320			
	55-59 R	TRACY-245			
	60-64 R	LEGG-200	148	9-10 R	LENZI- 155
	65-69 R	LEGG-170		NV-R	HEALY- 320
	75-79 R	DICKERSON-225			
	75-79 RC	DICKERSON-215			
	80-84 R	DICKERSON-245			
181	0-R	WILLIAMS-440	165	15-16 R	MITCHELL-380
	45-49 R	WILLIAMS-425		0-R	HART-610
	75-79 R	DICKERSON- 250		40-44 R	HART-585
	80-84 R	DICKERSON- 250		45-49 R	HART- 610
				45-49 E	GREGORY-515
				50-54 E	GREGORY-500
198	45-49 SS	UPHOFF-250		60-64 R	LEGG-305
	70-74 R	HANSBERRY- 260		65-69 R	LEGG-250
				65-69 E	DENNISON-500
220	JR-R	DVALISHVILI-330		70-74 R	DENNISON-530
	0-R	HAMRAQUL-375		70-74 E	DENNISON-520
	40-44 R	MAZANISHVILI- 340		75-79 R	DICKERSON-155
	55-59 R	HICKS-300		75-79 E	DENNISON-540
	55-59 SS	ERDOGAN-250			
	60-64 R	HICKS-275			
			181	40-44 R	COLONDRILLO- 465

242	JR-R	YOUNG-370		70-74 R	DENNISON-540
	O-R	FITCHER-430		70-74 E	DENNISON-550

	40-44 R	PARILLO- 320		75-79 R	DICKERSON-340
	45-49 R	EGAN- 325			
	55-59 R	VELLUCCI- 340		85-89 R	STEWART- 135
	60-64 R	VELLUCCI-300			
	P-R	TOMON- 375	198	55-59 E	ERDOGAN-420
				70-74 R	DENNISON- 530
275	O-R	INGRAM-490		85-89 R	STEWART-190
	45-49 R	JACKSON- 405			
	55-59R	VELLUCCI- 340			
	60-64 R	REEDER-340	220	17-19 R	BALDWIN- 420
				45-49 R	DERISI- 525
				O-E	ELEUTERI-455
				O-R	ELEUTERI-135
				60-64 E	ELEUTERI-455
308	O-R	GERMANY-515		65-69 R	ELEUTERI-135
	45-49R	SAVINI-335			
			242	JR-R	YOUNG-640
				O-R	ELEUTERI-505
SHW	60-64 R	KATINOWSKY-300		50-54 R	DERISI- 555
				55-59 R	VELLUCCI- 565
				60-64 R	ELEUTERI-505
				P-R	TOMON- 600
			275	O-R	COLLINS-560
				45-49 R	JACKSON- 550
				55-59 R	VELLUCCI- 550
				60-64 R	BRADLEY- 500
				65-69R	ELEUTERI-460
			308	15-16 R	ROSALES- 425



<b>SQUAT ONLY</b>			Powercurl		
181	75-79 R	DICKERSON-200	132	9-10	LENZI-20
242	JR-RC	YOUNG-525	165	50-59	GREGORY-125
	55-59 E	SCHLEICH-500		60-69	SCHADER- 95
			181	40-49	COLONDRILLO- 160
275	SM-E	LENZI-460			
			198	0	CLARKE-155
	45-49 R	JACKSON- 425		40-49	MARA-135

			220	0	CLARKE,D- 180
				40-49	MAZANISHVILI-155
			242	0	CLARKE-180
<b>BENCH FOR REPS</b>				40-49	PARILLO- 155
165	75-79	DICKERSON-14		70-79	FEENEY-130
	60-64	SCHADER- 7			
	80-84	DICKERSON-15	275	0	FEENEY-145
				60-69	BRADLEY-170
				70-79	FEENEY- 135
181	0	WILLIAMS-50	SHW	60-69	KATINOWSKY-130
	40-44	LEUCHTER-17			
	75-79	DICKERSON- 13			
	80-84	DICKERSON-15			
220	40-44	MAZANISHVILI-25			
			Strict curl		
242	SM	KWEDER-19			
			181	0	CLARKE-110
275	45-49	JACKSON- 18			
			198	0	CLARKE-145
			220	0	CLARKE,D-175

			242	0	CLARKE,D-180
				60-69	FEENEY-115
			275	0	FEENEY-120
				40-49	JACKSON- 150
				60-69	FEENEY- 130
				70-79	FEENEY- 105
IRONMAN					
105	11-12 R	MARA-75	MARA-155	MARA-230	
123	13-14 R	MARA-85	MARA-210	MARA-295	
165	0-R	WEST-245	WEST-425	WEST-670	
	65-69R	LEGG-180	LEGG-250	LEGG-430	
	75-79 R	DICKERSON-220	DICKERSON-155	DICKERSON-375	
181	JR-R	LIPSCOMB-330	LIPSCOMB-550	LIPSCOMB-885	
	0-R	FISHER-285	FISHER-530	FISHER-815	

	75-79R	DICKERSON-250	DICKERSON-340	DICKERSON-565	
198	JR-R	KELEMEN-345	KELEMEN-485	KELEMEN-825	
	0-R	ALVAREZ-375	ALVAREZ-550	ALVAREZ-915	
	45-49 SP	UPHOFF-250	UPHOFF-400	UPHOFF-650	
220	0-R	VALECCE-345	VALECCE-455	VALECCE-800	
	40-44E	UPHOFF- 225	UPHOFF- 405	UPHOFF-630	
	55-59 R	CREGO-335	CREGO- 480	CREGO- 815	
242	11-12R	SALVINI-115	SALVINI-240	SALVINI-355	
	0-R	FICHTER-425	FICHTER-620	GICHTER-1045	
	SM-R	KWEDER- 350	TRUBILLA-510	TRUBILLA-840	

