



DELAWARE STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

FULL MEET RECORDS	SQBPDLTotal				
	WOMEN				
132	60-64 R	FIORUCCI- 95	FIORUCCI-75	FIORUCCI- 160	FIORRUCCI -330
165	JR-R	BROWN- 350	BROWN-170	BROWN- 405	BROWN- 925
	SM-R	THOMAS-135	THOMAS-125	THOMAS-305	THOMAS-565
	40-44 R	THOMAS-240	THOMAS-140	THOMAS-340	THOMAS-715
	45-49 R	HARELSTON-225	HARELSTON-115	HARELSTON-345	HARELSTON-655
SHW	O-R	GRACE-200	GRACE-135	GRACE-315	GRACE-650

WOMEN			WOMEN		
BENCH ONLY			DEADLIFT ONLY		
165	40-44 R	THOMAS-140	132	JR-R	BROWN-405
			165	45-49 R	HARELSTON-320
POWERCURL					
165	40-44	THOMAS-90	SHW	O	GRACE-90
IRONMAIDEN	DIV	BP	DL	TOTAL	
132	SUBS-R	LUGO-90	LUGO-200	LUGO-290	
148	50-54 R	McKRACKEN-85	McKRACKEN-175	McKRACKEN-260	
	60-64 R	GREENE-75	GREENE-205	GREENE-280	
165	40-44 R	TROMBI-100	TROMBI-300	TROMBI-400	
	45-49 R	HARELSTON-120	HARELSTON-320	HARELSTON-440	
	50-54 R	ACHOLA-105	ACHOLA-305	ACHOLA-410	
MEN					
POWERLIFTING					
165	O-R	GATTINELLA-320	GATTINELLA-275	GATTINELLA-360	GATTINELLA-955
181	O-RC	RODRIGUEZ-475	RODRIGUEZ-315	RODRIGUEZ-575	RODRIGUEZ-1365
	O-R	MUHAMMED-405	MUHAMMED-345	MUHAMMED-385	MUHAMMED-550

198	O-R	MORONESE-405	MORONESE-345	MORONESE-515	MORONESE-1265
220	11-12 R	HARRISON-160	HARRISON-105	HARRISON-230	HARRISON-495
242	40-44 RC	RUSNAK-490	RUSNAK-305	RUSNAK-505	RUSNAK-1300
	45-49 R	SELLERS-365	SLEERS-385	SELLERS-530	SELLERS-1280
275	O-R	WASHINGTON-365	WASHINGTON-315	WASHINGTON-500	WASHINGTON-1180
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
165	O-R	GATTINELLA-260	198	55-59 R	GATTINELLA-420
181	50-54 SS	GATTINELLA-400	242	45-49 R	SELLERS-520
	50-54 R	GATTINELLA-345			
	55-59R	GATTINELLA-275			
	55-59 SS	GATTINELLA-315			
220	JR-R	GROPP-335			
	40-44 R	SELLER-350			
	55-59E	PLUMMER-420			
242	40-44 R	SELLERS-385			
275	17-19 R	PRIOR-275			
	45-49 R	WILLIAMS-375			
	50-54 R	WILLIAMS- 365			

SHW	45-49 R	MCNEILL-425	POWERCURL		
			181	50-59	GATTINELLA-140
SQUAT ONLY					
242	55-59R	EDGERTON-405			
			198	50-59	GATTINELLA-145
BENCH FOR REPS					
181	50-54	GATTINELLA-29	220	11-12	HARRISON-65
				O	GROPP-190
198	17-19	THOMPSON-20		40-49	SELLERS-170
220	40-44	SELLERS-30	242	40-49	SELLERS-180
242	40-44	SELLERS-26			
	45-49	SELLERS-25	STRICT CURL		
			NO CURRENT RECORDS		
IRONMAN					
198	O-R	MUHAMMED-355	MUHAMMED- 555	MUHAMMED-910	
242	45-49 R	SELLERS-400	SELLERS-520	SELLERS-910	