	WNPF UPSTATE NEW YORK CHAMPIONSHIPS									
	CATO NEW YORK									
	APRIL 14TH, 2024									
	! Denotes state record									
	BL denotes best lifter									
	POWERLIFTING RAW	SQT	BP	DL	TOTAL					
	WOMEN									
148lb										
20-23	Anya Fink (BL)	260!	145!	300!	705!	NY				
Shw										
40-44	Kim Bratt	315!	225!	365!	905!	NY				
	MEN									
105lb										
11--12	Mason Alnutt	70!	55!	140!	265!	NY				
114lb										
13-14	Mason Stevens	85	85	150	320	NY				
132lb										
Open	Joseph Draleskey	225	185	325	735	NY				
148lb										
13-14	Brock Kellogg	315!	200!	355!	870!	NY				
Open	Anthony Galpin	250	150	300	700	NY				
181lb										
65-69	Bernard Kristoff	185!	160!	360!	705!	NY				

198lb										
35-39	James Deferio	400	380!	500!	1280!	NY				
	Chris Holter	460!	300	455	1215	NY				
	Chad Gilmore	365	295	475	1135	NY				
	Ian Rossi	385	290	425	1100	NY				
40-44	Mark Stevens	330	260	430	1020	NY				
220lb										
Open	Adam Gow	320	265	400	985	NY				
35-39	Maurice Little	450!	330!	500!	1280!	NY				
	Joe Warren	375	335	460	1170	NY				
50-54	James Hull	365!	255	440!	1060!	NY				
	Chad Brader	315	260!	390	965	NY				
242lb										
20-23	Jonathan Rivera	500	325	525	1350	NY				
275lb										
45-49	Austin Crowell	490	395!	540	1425	NY				
308lb										
Open	Thomas McGertrich (BL)	615!	450!	650!	1715!	NY				
35-39	Thomas Brown	460!	265!	500!	1225!	MI				
	RAW CLASSIC MEN									
220lb										
45-49	Christopher Mineo	475!	325!	475!	1275!	NY				
60-64	Daniel Mandell Jr	360	200	460	1020	NY				
	IRONMAIDEN	BP	DL		TOTAL					
97lb										
15-16	Abigail Lascolea (BL)	80!	200!		280!	NY				
114lb										

11y-12	Olivia Omalley	55	135		190	NY				
148lb										
60-64	Christi Macri	120!	230!		350!	NY				
	IRONMAN									
148lb										
20-23	Matthew Barron (BL)	260!	365!		625!	NY				
198lb										
50-54	Jason Lascolea	280!	405!		685!	NY				
308lb										
65-69	Glen Mucicol	365!	440!		805!	NY				
SHW										
45-49	Ryan Becker	350!	300!		650!	NY				
	BENCH RAW	BP								
198LB										
40-44	Anthony Pellicano	340				NY				
45-49	Scott Shales Jr (BL)	370				NY				
Shw										
40-44	JD Freer	370				NY				
	BENCH EQUIPPED									
220lb										
60-64	Tim Sexton	300				NY				
	BENCH SLINGSHOT									
165lb										
60-64	Doug Schader	220!				PA				
198lb										

40-44	Anthony Pellicano	375!				NY				
198LB										
45-49	Ernest Carter	410!				NY				
	SQUAT ONLY RAW	SQT								
220lb										
Open	Brandon Bardo	585!				NY				
	DEADLIFT RAW	DL								
275lb										
60-64	Mike Brown	505!				NY				
	POWERCURL	Curl								
	WOMEN									
148lb										
60-69	Christi Macri	70!				NY				
Shw										
40-49	Kim Bratt	100!				NY				
	MEN									
165lb										
60-69	Doug Schader	95!				PA				
198lb										
40-49	Jeremy Barron	155!				NY				
	Mark Stevens	155				NY				
220lb										
60-69	Tim Sexton	135!				NY				
308lb										
Open	Thomas McGertrich	160!				NY				

	BENCH FOR REPS									
	WOMEN									
148 LB										
60-64	Christi Macri	26!				NY				
	MEN									
165lb										
60-64	Doug Schader	7!				PA				
198LB										
45-49	Scott Shales Jr	28				NY				
40-44	Jeremy Barron	16				NY				