



OKLAHOMA STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
75	9-10 R	SMITH- 130	SMITH- 65	SMITH- 165	SMITH- 360
MEN					
242	50-54 R	PARKS- 525	PARKS- 360	PARKS- 550	PARKS- 1435
	O-R	PARKS-455	PARKS-185	PARKS-505	PARKS-1145
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
			NO RECORDS POSTED		
MEN			MEN		

