

**WNPF CAN-AM  
CHAMPIONSHIPS**

**9.9.23**

**LOCKPORT, NY**



! Denotes National Record						
* Denotes State Record						
BL Denotes Best Lifter						
	POWERLIFTING RAW	Squat	Bench	Deadlift	TOTAL	Age
	WOMEN					
148lb						
20-23	Anya Fink	245!*	130*	290**	665*	21
	MEN					

<b>123lb</b>						
<b>13-14</b>	Brock Kellogg	285!*	180!*	285!*	750!*	14
<b>132lb</b>						
<b>17-19</b>	Zackary Dicey (BL)	370!*	245!*	430!*	1045!*	19
<b>165lb</b>						
<b>15-16</b>	Christoher Grosso	275	195	310	780	16
<b>198lb</b>						
<b>Open</b>	Adam Gow	275	245	395	915	42
<b>40-44</b>	Jesse Watts (BL)	460!*	270*	550!*	1280!*	42
<b>220lb</b>						
<b>50-54</b>	James Hall	355*	250	430*	1035*	53
	Chad Brader	290	245	375	910	51
<b>242lb</b>						
<b>20-23</b>	Jonathan Rivera	500	290	460	1250	20



	BENCH PRESS RAW	Bench					
	WOMEN						
<b>148lb</b>							
<b>60-64</b>	Christi Macri	115!					61
	MEN						
<b>165lb</b>							
<b>35-39</b>	Mike Coppola	290					38
<b>198lb</b>							
<b>40-44</b>	Anthony Pellicano	340!					40
<b>45-49</b>	Scott Shales	365					48
<b>220lb</b>							
<b>45-49</b>	Ed Carter (BL)	415!					49
	SLING SHOT						
<b>198lb</b>							
<b>40-44</b>	Anthony Pellicano	365!*					40
<b>220LB</b>							
<b>45-49</b>	Ed Carter	475!					49
	BENCH FOR REPS						



	MEN						
<b>165lb</b>							
<b>O</b>	Michael Coppola	155!*					38