WNPF FURMAN CHALLENGE

(Open to lifters in all states) **4.22.23**

GREENVILLE, SOUTH CAROLINA

This is a Drug Free event!

LOCATION: FURMAN UNIVERSITY 3300 POINSETT HWY, GREENVILLE, SC (HERMAN LAY PHYSICAL ACTIVITY CENTER OR PAC BUILDING). ACROSS THE STREET FROM TIMMONS STADIUM. Looking for lodging- check the Travelers Rest or Greenville area.

TIMES: WEIGH-INS (MANDATORY NIGHT BEFORE WEIGH-IN FROM 5-6PM) or limited request for day of WEIGH-INS FROM 8-8:30AM. RULES BRIEFING 8:30AM, START TIME 9:15AM RULES: <u>Click here for rules</u>

ENTRY FEE: \$120.00 FOR THE FIRST DIVISION OR EVENT. \$60 FOR ANY ADDITIONAL DIVISION OR EVENT. ENTRY DEADLINE 3.25.23, LATE FEES WILL APPLY AFTER THIS DATE \$30.00 AND NO EXCEPTIONS. IF YOU PLAN TO LIFT AND MISS THE DEADLINE YOU MUST EMAIL ME AT WNPF@AOL.COM! ALL FEES ARE NON-REFUNDABLE AND CANNOT BE TRANSFERRED OR EXCHANGED! SAVE YOUR STAMPS AND SIGN-UP ONLINE AT WWW.WNPFPL.COM. https://www.wnpfpl.com/2023-schedulepayment THERE IS A 3.5 % PAYPAL FEE WHEN YOU SIGN UP ONLINE. WE DO OFFER PAYMENT BY VENMO & CASHAPP. PERSONAL CHECKS ARE NOT ACCEPTED!!!

TEAM FEES: \$100 PER TEAM

WNPF MEMBERSHIP: ALL LIFTERS MUST BE MEMBERS TO COMPETE. \$30-YOUTH & TEENS, \$40- JUNIORS AND SENIORS OVER 65, \$60 ALL OTHERS. <u>Online Membership form and payment</u>

EVENTS INCLUDE: FULL POWER, BENCH ONLY, DEADLIFT ONLY, SQUAT ONLY, IRONMAN (BP/DL COMBINED), BENCH FOR REPS, POWERCURL AND STRICT CURL

DIVISIONS: YOUTH 9-10, 11-12, TEEN 13-14, 15-16, 17-19, JUNIOR 20-23, OPEN, NOVICE, SUBS 35-39, MASTERS IN 5 YEAR INCREMENTS AND POLICE/FIRE/MILITARY



THIS MEET WILL BE LIMITED TO THE FIRST 25 FULL MEET LIFTERS ONLY AND 50 TOTAL LIFTERS.

RECORDS: WNPF STATE RECORDS CAN BE SET AT THIS EVENT. NO 4Th ATTEMPTS. <u>CLICK FOR</u> <u>RECORDS</u>

AWARDS: LIFTERS THAT PLACE 1ST TO 5TH IN EACH WEIGHT CLASS AND DIVISION WILL RECEIVE AWARDS. BEST LIFTER AWARDS AND TEAM AWARDS.

ATTIRE: WNPF ATTIRE WILL BE SOLD AT THE EVENT. (TEES, SWEATS, SINGLETS, KNEE SLEEVES, WRIST WRAPS, MULTI SPORT SOCKS AND MORE). ALL LIFTERS MUST WEAR A SINGLET TO LIFT!

ALL LIFTERS WILL RECEIVE A WNPF TEE SHIRT WITH THEIR ENTRY

ADMISSION: \$12.00 FOR ALL NON-LIFTERS! NO ONE IS ADMITTED FREE EXCEPT LIFTERS. PLEASE TELL EVERYONE COMING TO WATCH YOU LIFT THERE IS A FEE TO ATTEND THE SHOW. THANKS

EQUIPMENT: IVANKO POUND PLATES (ALL PLATES ARE PRE-WEIGHED FOR ACCURACY), TSS RACK, ELEIKO DEADLIFT AND SQUAT BAR. WALK OUT SQUAT RACKS AND BENCHES AS WELL AS PLENTY OF WARM-UP PLATES IN THE WARMUP ROOM!

HELPERS AND WORKERS- IF YOU ARE INTERESTED IN HELPING AT THE MEET, PLEASE EMAIL ME AT <u>WNPF@AOL.COM</u> FOR MORE INFORMATION. WE NEED SPOTTER/LOADERS, SCORE KEEPERS AND MORE TO HELP MAKE THIS A SUCCESSFUL MEET.

CONTACT THE WNPF AT <u>WNPF@AOL.COM</u> OR <u>WNPFPL@GMAIL.COM</u> OR SEND A TEXT MESSAGE TO 770.668.4841 WNPF WEBSITE- WWW.WNPFPL.COM

WNPF FURMAN CHALLENGE ENTRY FORM DEADLINE 3.25.23

NAME	NICK NAME		
STREET ADDRESS			
CITY			P CODE
AGE DATE OF BIRTH			
TEL. #EMAIL ADDRESS			
OCCUPATION			

ARE YOU A CURRENT WNPF CAR EXPIRATION DATE ON YOUR CAI			F YES WHAT IS THE
ESTIMATED OPENERS: SQ	BP	DL	CURL
FULL MEET- YOUTH TEEN JU POLICE/FIRE/MILT NOVICE BENCH PRESS ONLY- YOUTH T POLICE/FIRE/MILT NOVICE PLY DEADLIFT ONLY- YOUTH TEEN 3 POLICE/FIRE/MILT NOVICE POLICE/FIRE/MILT NOVICE	RAWRAW-CL EENJUNIOR MASTERS SLING JUNIOROP RAWEQUIPPE JUNIOROPEN_	ASSICSINGI OPENSUBS GSHOTRAW PENSUBSI ED _SUBSMAS	LE PLY DOUBLE PLY S MASTERS ' SINGLE PLY DOUBLE MASTERS STERS
POWERCURL- YOUTH TEEN OPEN MASTERS			
IRONMAN/MAIDEN <mark>- YOUTH_ TI</mark> POLICE/FIRE/MILT_ NOVICE BENCH FOR REPS- YOUTH TEE	EEN JUNIOR RAW EQUIPPE	OPEN SUBS	
			BLE AND CANNOT BE EXCHANGED.
PLEASE DO NOT SEND YOUR ENTRY IN B YOU WANT CONFIRMATION, PLEASE EMA hold them for you or return them to you a paid before the deadline otherwise a late of divisions, entry, or late fees, etc. we access WNPF@AOL.COM in consideration of your accepting this entry. I hereby for DeAmics, all other meet directors & staff, and any & all other participating sponsors, supporters, refer worked of the harards and inherent rights associated with the above listed competition. I hereby a meet directors and/or his designee. Lam fully aware that I will receive no royalities and/or compensati event. In consideration of the access that I will receive no royalities and/or compensati event. In consideration of the accession of one spinores, which may arise from this competition that is, whether in this results of hereits are right or wrong 1 agree that I have no right to challenge t trophy or award which I otherwise have won, I understand and agree that I if fail to pass the drug test spin or award which I otherwise have wond. I understaft if hall to pass the drug test wirs and have on symptoms of the virus. I also agree that I if fail to pass the drug test wirs and have on symptoms of the virus. I also agree that I if all to pass the drug test wirs and have on symptoms of the virus. I also agree that I if all to pass the drug test wirs and have on symptoms of the virus. I also agree that I if all to ovid 9 virus will not hold it wirs signature that this release/agreement cannot be modified orally. Certification: I hereby give my we the past thirty sis months, nor have I used prescription diuretics or psychomotor stimulants during the	AIL ME AT WNPF@/ and have you send in fee will be added. If pt cash only at weig myself and my heir, release any & all right/dain trees, and spotter/loaders as a result of my travel sume the risk of njury and property damage/fo gally bound, for not only myself but also for my i. Moreover, 1 appear on a publicht also for my he results of the drug tests. I hurther agree to su mysel to the drug tests. I hurther agree to su i. may sue to challenge this Release from Liability i. may sue to challenge this Release from Liability of of honor as an athlete that i have not used an	AOL.COM We do n a money order or you owe any fees h-ins. Thank you. ms for damages for injuries I may have again ing to, and/or for and/or participating in, s. Ako, in consideration of your accepting the meet director and/or participations, ich the meet director and the sponsors of the members. If it is determined that I from. I understand that my agreement to his Release of Liability shall remain in fulf for his Release of Liability shall remain in fulf for	the section of a section of the standard standar

Signature in full of applicant or parent/guardian if lifter is under 18

SEND TO: WNPF, POBOX 142347, FAYETTEVILLE, GA. 30214