



WASHINGTON STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W- WOMEN

Records will be in pounds and/or kilos but kilos will be converted into pounds and listed as such

60 lb class- YOUTH BOYS & GIRLS ONLY

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN	R				
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

75 lb class- YOUTH BOYS & GIRLS ONLY

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN	R				
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

90 lb class- YOUTH BOYS ONLY

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

97 lb class- YOUTH GIRLS & WOMEN ONLY

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

105 lb class- YOUTH BOYS, GIRLS AND WOMEN ONLY

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

114 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
COLLEGIATE					
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

123 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

132 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

148 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

165 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
17-19	R				
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
17-19	R					
OPEN						
LIFETIME						

181 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
JUNIOR	R				
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
COLLEGIATE	R			STEWART-350		
JUNIOR						
OPEN						
LIFETIME						

198 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
JUNIOR						
OPEN						
LIFETIME						

220 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

242 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
COLLEGIATE					
JUNIOR					
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
COLLEGIATE						
JUNIOR						
OPEN						
LIFETIME						

275 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

308 lb class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						

SHW class

Powerlifting

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN					
LIFETIME					

Specialist

CLASS	DIV	SQUAT	BENCH	DEADLIFT	TOTAL	POWERCURL
OPEN						
LIFETIME						