



## **IOWA STATE RECORDS**

***If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.***

***POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift***

***E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY***

***Records will be in pounds and/or kilos but kilos will be converted into pounds.....***

### **FULL POWERLIFTING RECORDS**

<b>FULL MEET RECORDS</b>	<b>SQ</b>		<b>BP</b>	<b>DL</b>	<b>TOTAL</b>
<b>WOMEN</b>					
<b>NO RECORDS</b>					
<b>MEN</b>					
<b>198</b>	<b>15-16 RC</b>	<b>SPARKS-350</b>	<b>SPARKS-220</b>	<b>SPARKS-435</b>	<b>SPARKS-1005</b>

