

WNPF THE AWAKENING, APRIL 1, 2017, WILMINGTON, NC

Thanks to Blake Reiman and staff for putting on this event. Next meet is the NC States on July 29th

				April 1 Meet Results				
Name	Category	Division	Bodyweight	Weight Class	Squat	Bench	Deadlift	Curl
Mary Williams	Raw	Junior	143.2	148	205	125	300	
Ambrose Cooper	Raw	Open	162	165	385	295	525	
Dustin Kneut	Raw Classic	Open	156.1	165	425	230	455	
Frank Oben	Raw	Open	177	181	475	325	635	175
Nick Jones	Raw	P/F/M	178.8	181	390	240	410	
Ryan Miller	Raw Classic	Open	179.4	181	480	390	585	
Seth Bowling	Ironman	Open	179	181		365	455	
Zach Mozingo	Raw Classic	Open	193.6	198	375	250	495	
Joshua Riley	Raw Classic	P/F/M	195.2	198	425	300	525	
Tyler Dempsey	Raw	Teen 16-17	200.2	220	300	270	365	
Michael Koenig	Raw	Open	216.2	220	450	320	550	
Cooper Smith	Raw	Open	219.2	220	420	250	500	
Jacob Holland	Raw	Open	240.6	242	500	255	500	
James Gibson	Raw Classic	Open	239.4	242	585	325	605	
John Gaegan	Raw	Masters	248.4	275	445	335	455	
Justin Ridenhour	Single Ply	Open	274.2	275	540	420	530	
Daniel Everhart	Raw Classic	Open	292.4	308	650	520	600	
	Best Overall							
	Male-Raw	Daniel Everhart						
	Female-Raw	Mary Williams						
	Male-Equipped	Justin Ridenhour						