

# WNPF RAW CHAMPIONSHIPS

**EDISON, NEW JERSEY**

**JUNE 4, 2017**

NAME		WT	AGE	STATE	PL		SQ	BP	DL	TOTAL	REPS
ELIZABETH ACQUISTO		132	43	NJ	W-40-44/O-R		250	130	280	660	
SHANNON ROBERTS		132	22	NJ	W-JR-R		225				
STEVE EDWARDS		132	54	NJ	50-54R			220			
STEVE EDWARDS		132	54	NJ	50-54						16
VENIQUE DIAL		132	21	NY	W-JR-R			145	320	465	
KATHI SOTTOSANTI		148	53	NJ	W-50-54R		230	130	310	670	
MAGARET WISLAR		148	49	NJ	W-45-49R		115	85	175	375	
MICHELLE SZCZESNY		148	41	NJ	W-40-44R		230	135	290	655	
STEVE FREIDES		148	62	NJ	60-64R				365		
RITA LINTERNO		165	40	NJ	W-40-44R		295	155	345	795	
RITA LINTERNO		165	40	NJ	W-40-44R		295				
RITA LINTERNO		165	40	NJ	W-40-44R			155			
ELLIOT CHOI		165	26	NJ	NO SHOW						
GREG COVELLO		165	41	NJ	40-44R		320	210	375	905	
JOE TORRES		165	24	NY	O-R		300	165	415	880	
MARIO BOWERS JR		165	20	NY	JR-R		305	145	405	855	

PHIL BATTEN	165	38	NJ	SM-R			265			
APRIL BRYANT	181	36	NY	W-O-R		230	100	275	605	
JAMES WITANEK	181	21	NJ	JR-RC		350	235	455	1040	
CHAD FARRALES	181	34	NJ	O-R			365			
CHAD FARRALES	181	34	NJ	O						33
MARIO BOWERS	181	50	NY	50-54R		365	310	510	1185	
REBECCA MORRIS	181	24	NJ	W-O-R		255	130	315	700	
KYLE FORCINITO	198	26	NJ	P-RC		405	305	505	1215	
DAN ST.FLEUR	198	55	NY	55-59R		400	275	530	1205	
EDDY GERMAIN	198	34	NJ	O-RC		530	320	620	1470	
KEVIN JACKSON	198	45	NJ	45-49R				450		
RASHAWN CAREY	198	32	NJ	P-RC		420	325	580	1325	
DAN FANTOZZI	220	18	NJ	17-19/O-R		435	345	500	1280	
GEORGE ALEXANDRIS	220	22	NJ	O-R		430	270	550	1250	
NICK MALTEZOS	220	45	NJ	45-49R		540	360			
RICH SADIV	220	52	NJ	50-54R				615		
RICH SADIV	220	52	NJ	50-54R		350	315	615	1280	
MILLER SEABROOKS	220	72	NY	70-74R				300		
BOB DERISI JR	242	50	PA	50-54RC		500	320	530	1350	
BOB DERISI JR	242	50	PA	50-54R				530		
DAN CAFFREY	242	51	NJ	O-R		375	250	410	1035	
DAN CAFFREY	242	51	NJ	O-R		375				
DAN CAFFREY	242	51	NJ	O-R			250			

DAN CAFFREY	242	51	NJ	O-R				410		
DAN CAFFREY	242	51	NJ	O-R			250	410	660	
JAMES MAGUIRE	242	61	NJ	60-64RC		280	225	360	865	
TJ THOMPSON	275	41	NJ	40-44R			345			
JAMES SANTIAGO	275	43	NJ	40-44R			415			
JAMES SANTIAGO	275	43	NJ	40-44						22
ALLAN WESTENBERER	308	21	NJ	JR-R			405			
DAVID LINTON	308		PA	NO SHOW						
FRED ORR	308	46	MD	45-49R			425			
AUTUMN ORR	SHW	42	MD	W-40-44R			130			
JUAON MEJIAS	SHW	18	NY	17-19R			415			
PEDRO MEJIAS	SHW	38	NY	SM/O-R			600			
JR-JUNIOR, O-OPEN, SM- SUBS, P-POLICE/FIRE/MILT, R-RAW, RC- RAW CLASSIC, E-EQUIPPED										

## **BEST LIFTERS- RITA LINTERNO, PEDRO MEJIAS, RICH SADIV & EDDY GERMAIN**

Shannon Roberts lifting in her first WNPF meet hit a great 225 squat with a miss at 255 lbs.

Elizabeth Acquisto totaled 660 lbs setting both state and national records in her class. Venique Dial also lifting in her first WNPF meet hit a 145 bench and 320 deadlift weighing in at only 126 lbs. Great job Venique! Margaret Wislar totaled 375 lbs in the masters 45-49 raw division, Margaret came down to her last squat to stay in the meet, everyone rallied behind her and she

made her 115 squat to stay in. Michelle Szczsny totaled 655 lbs in the 148 master's class and she also set a few state and national records. Kathi Sottosanti totaled 670 lbs and also set state and national records in the squat, bench, deadlift and total. Rita Linterno won the best lifter and set a few PR's also. Rebecca Morris totaled 700 lbs in the 181 class beating out April Bryant with a 605 lb total. Autumn Orr set a state and national record with a 130 bench. Steve Edwards benched 220 lbs and repped 130 lbs 16 times. Steve Freides hit a 365 lb deadlift and also set state and national records. Greg Covello totaled 905 lbs in the 165 class and set a few records. Mario Jr set a new state record in the squat with a 305. Phil Batten lifting in his first WNPF meet hit a nice 265 bench. Joe Torres from NY totals 880 lbs in the 165 class. Mario Bowers Sr totaled 1185 lbs in the master's 50-54 division. Chad Farrales set a couple of records with a 365 lb bench. James Witaneck totaled 1040 and missed his 495 lb deadlift because of a back injury. Eddy Germain totaled 1470 and also won the best lifter award, great lifting Eddy. Kevin Jackson set a new national record with a 450 deadlift. Rashawn Carey also lifting injured totaled 1325 in the 198 class. Kyle Forcinito totaled 1215 coming in 2<sup>nd</sup> place in his class. George Alexandris totaled 1250 in the 198 class. Dan St.Fleur totaled 1205 lbs in his new master's 55-59 class. Rich Sadiv won both the Powerlifting and deadlift only best lifter awards with a 1280 total and 615 deadlift. Dan Fantozzi also totaled 1280 lbs in the teens and open division. Nick Maltezos squatted 540 lbs and benched a state record 360 lbs. Miller Seabrooks from the Bronx, NY deadlifted 300 lbs in the 70-74 division. Bob Derisi Jr totaled 1350 lbs in the masters 50-54. James Maguire 61 years of age totaled 865 lbs. Dan Caffrey totaled 1035 lbs in the 242 class at 51 years old. James Santiago

always consistent and always improving benched 415 lbs and did 22 reps with 275 lbs. TJ Thompson came in 2<sup>nd</sup> to James with a 345 bench, this was TJ's first meet with us, great job TJ. Allan Westenberger hit a solid 405 bench in the junior raw division. Fred Orr from MD hit a 425 bench in the master's class. Juaon Mejias, son of Pedro Mejias hit a 415 bench at 18 years of age. Pedro Mejias hit a 600 bench, Pedro is on his way back to the mid 600 range again. Pedro also won the best lifter award. Everyone qualified for the 2017 WNPf World Championships in November. Thanks to my staff once again for putting on a great meet, Pete Gisondi and crew spotted for us and did an excellent job as usual, along with Perry Thomas and Noah Gomez. Thanks to Ron Erhardt, Jim Sullivan and Bob DeRisi Sr for judging and doing an outstanding job. Thanks to Annette and Adrian for running the table and announcing and Moms at the door and I can't forget about my boy Eric Leblanc for taking photos and videos for [ipowerlift.net](http://ipowerlift.net) and the WNPf. We hope to see everyone in July in Philly or September in Bordentown. Thank you (WNPF)