## WNPF USA NATIONALS POWERLIFTING CHAMPIONSHIPS 7.15.23 FAYETTEVILLE. GA

This is a Drug Free event!

## NEW LOCATION: 9104 WARREN H ABERNATHY HWY, SPARTANBURG, SC

https://ironhousegyms.com

TIMES: WEIGH-INS (MANDATORY NIGHT BEFORE WEIGH-IN FROM 5-6PM) or limited request for day of WEIGH-INS FROM 8-8:30AM. RULES BRIEFING 8:30AM, START TIME 9:15AM RULES: Click here for rules

ENTRY FEE: \$120.00 FOR THE FIRST DIVISION OR EVENT. \$60 FOR ANY ADDITIONAL DIVISION OR EVENT. ENTRY DEADLINE 6.17.23, LATE FEES WILL APPLY AFTER THIS DATE \$30.00 AND NO EXCEPTIONS. IF YOU PLAN TO LIFT AND MISS THE DEADLINE YOU MUST EMAIL ME AT WNPF@AOL.COM! ALL FEES ARE NON-REFUNDABLE AND CANNOT BE TRANSFERRED OR EXCHANGED! SAVE YOUR STAMPS AND SIGN-UP ONLINE AT WWW.WNPFPL.COM.

https://www.wnpfpl.com/2023-schedulepayment THERE IS A 3.5% PAYPAL FEE WHEN YOU SIGN UP ONLINE. WE DO OFFER PAYMENT BY VENMO & CASHAPP. PERSONAL CHECKS ARE NOT ACCEPTED!!!

**TEAM FEES: \$100 PER TEAM** 

WNPF MEMBERSHIP: ALL LIFTERS MUST BE MEMBERS TO COMPETE. \$30-YOUTH & TEENS, \$40- JUNIORS AND SENIORS OVER 65, \$60 ALL OTHERS. Online Membership form and payment

EVENTS INCLUDE: FULL POWER, BENCH ONLY, DEADLIFT ONLY, SQUAT ONLY, IRONMAN (BP/DL COMBINED), BENCH FOR REPS, POWERCURL AND STRICT CURL

DIVISIONS: YOUTH 9-10, 11-12, TEEN 13-14, 15-16, 17-19, JUNIOR 20-23, OPEN, SUBS 35-39, MASTERS IN 5 YEAR INCREMENTS AND POLICE/FIRE/MILITARY





THIS MEET WILL BE LIMITED TO THE FIRST 25
FULL MEET LIFTERS ONLY AND 50 TOTAL LIFTERS.

RECORDS: WNPF STATE & NATIONAL RECORDS CAN BE SET AT THIS EVENT. NO 4<sup>Th</sup> ATTEMPTS. CLICK FOR RECORDS

AWARDS: LIFTERS THAT PLACE 1<sup>ST</sup> TO 5<sup>TH</sup> IN EACH WEIGHT CLASS AND DIVISION WILL RECEIVE AWARDS. BEST LIFTER AWARDS AND TEAM AWARDS.

ATTIRE: WNPF ATTIRE WILL BE SOLD AT THE EVENT. (TEES, SWEATS, SINGLETS, KNEE SLEEVES, WRIST WRAPS, MULTI SPORT SOCKS AND MORE).
ALL LIFTERS MUST WEAR A SINGLET TO LIFT!

ALL LIFTERS WILL RECEIVE A WNPF TEE SHIRT
WITH THEIR ENTRY

ADMISSION: \$12.00 FOR ALL NON-LIFTERS! NO ONE IS ADMITTED FREE EXCEPT LIFTERS. PLEASE TELL EVERYONE COMING TO WATCH YOU LIFT THERE IS A FEE TO ATTEND THE SHOW. THANKS

EQUIPMENT: IVANKO POUND PLATES (ALL PLATES ARE PRE-WEIGHED FOR ACCURACY), TSS RACK, TEXAS DEADLIFT AND SQUAT BAR. WALK OUT SQUAT RACKS AND BENCHES AS WELL AS PLENTY OF WARM-UP PLATES IN THE WARMUP ROOM!

HELPERS AND WORKERS- IF YOU ARE INTERESTED IN HELPING AT THE MEET, PLEASE EMAIL ME AT WNPF@AOL.COM FOR MORE INFORMATION. WE NEED SPOTTER/LOADERS, SCORE KEEPERS AND MORE TO HELP MAKE THIS A SUCCESSFUL MEET.

CONTACT THE WNPF AT <u>WNPF@AOL.COM</u> OR <u>WNPFPL@GMAIL.COM</u> OR SEND A TEXT MESSAGE TO 770.668.4841
WNPF WEBSITE- WWW.WNPFPL.COM

## WNPF USA ENTRY FORM/DEADLINE 6.17.23

NAME	NICK NAME				
STREET ADDRESS					
CITY	STATE _	ZIP	CODE		
AGE DATE OF BIRTH		SEX- M	_ F _		
TEL. #	EMAIL ADD	RESS			
OCCUPATION	WT. CL/	ASS	SHIRT SIZE		
********	*****	******	*****		
ARE YOU A CURRENT WNPF CAR	RD MEMBER? YE	s no <mark>I</mark> I	F YES WHAT IS THE		
EXPIRATION DATE ON YOUR CA					
ESTIMATED OPENERS: SQ	BP	DL	CURL		
FULL MEET- YOUTH TEEN JU	UNIOR OPEN	SUBS MAST	ERS		
POLICE/FIRE/MILT_ RAW_ RA					
BENCH PRESS ONLY- YOUTH T			<del></del>		
POLICE/FIRE/MILT_ MASTERS	SLINGSHOT_ R	AW_ SINGLE	PLY DOUBLE PLY		
DEADLIFT ONLY- YOUTH TEE!	N HINIOD OF	EN CIIDC R	#ACTEDO		
POLICE/FIRE/MILT_ RAW_ EQ		EN_ 20B2_ I	1A51ER5		
POLICE/FIRE/MILI_RAW_EQ	OIPPED_				
SQUAT ONLY- YOUTH TEEN	JUNIOR OPEN	SUBS MAS	TERS_		
POLICE/FIRE/MILT_ RAW_ RA	W-CLASSICSI	NGLE PLY DO	OUBLE PLY		
POWERCURL- YOUTH TEEN	OPEN_ MASTER	LS			
STRICT CURL- YOUTH TEEN	OPEN_ MASTE	RS			
IRONMAN/MAIDEN- YOUTH T	FFN IIINIOR	OPFN SIIRS	MASTERS		
POLICE/FIRE/MILT_ RAW_ EQ		_ O1 LN 00B0			
BENCH FOR REPS- YOUTH_ TEE					
POL/FIRE/MILT ALL FEES ARE 1					
PLEASE DO NOT SEND YOUR ENTRY IN I					
YOU WANT CONFIRMATION, PLEASE EM hold them for you or return them to you					
paid before the deadline otherwise a late					
divisions, entry, or late fees, etc. we acce					
WNPF@AOL.COM In consideration of your accepting this entry, I hereby fo	or myself and my heirs, release any & all rights/clai	ms for damages for injuries I may have again:	st the contest facility in use, World Natural Powerlifting Federation, Troy Ford, Ron		
DeAmicis, all other meet directors & staff, and any & all other participating sponsors, supporters, ref knowledge of the hazards and inherent rights associated with the above listed competition. I hereby the production of the pr	y assume the risk of injury and property damage/lo	ss. Also, in consideration of your accepting th	is entry I hereby sign over my rights to be videotaped and/or photographed to the		
meet directors and/or his designee. I am fully aware that I will receive no royalties and/or compense event. In consideration of the acceptance of my entry in this Powerlifting competition I intend to be competition from all liability, including any results of negligence which may arise from this competiti	legally bound, for not only myself but also for my l	heirs, my executors, and my administrators. I	n signing this release from liability, I waive and release everyone connected with the		
That is, whether I think results of the tests are right or wrong I agree that I have no right to challenge trophy or award which I otherwise have won. I understand and agree that if I fail to pass the drug test	e the results of the drug tests. I further agree to sul ssts, my name will appear on a published list of sus	bmit to any physical tests which may be nece pended members. If it is determined that I ha	ssary to complete drug testing. Should I fail to pass drug tests, I agree to forfeit any we failed the drug test, I agree to waive any claim for which legal relief is available. I		
agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, who entry in this contest. If any provision of this release form liability shall be deemed by a court of comp virus and I have no symptoms of the virus. I also agree that if I catch the covid 19 virus I will not hold.	petent jurisdiction to be invalid, the remainder of t	this Release of Liability shall remain in full for	ce and effect. I agree that I have not been in contact with anyone with the Covid 19		
virus and I have no symptoms or the virus. I also agree that IT catch the covid 19 virus I will not not my signature that this release/agreement cannot be modified orally. Certification: I hereby give my the past thirty six months, nor have I used prescription diuretics or psychomotor stimulants during the	word of honor as an athlete that I have not used ar				

Signature in full of applicant or parent/guardian if lifter is under 18

SEND TO: WNPF, POBOX 142347, FAYETTEVILLE, GA. 30214