



TENNESSEE STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

***POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift
E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM-
SUBMASTERS, P-POLICE/FIRE/MILITARY***

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL POWERLIFTING RECORDS

| FULL MEET RECORDS | SQ | BP | DL | TOTAL |
|--------------------------|----------------|-----------------|-----------------|-------------------|
| WOMEN | | | | |
| NO RECORDS | | | | |
| POSTED | | | | |
| MEN | | | | |
| 198 | 17-19RC | BERL-450 | BERL-250 | BERL- 1200 |

| | O-R | OWLE- 500 | OWLE- 335 | OWLE- 530 | OWLE- 1365 |
|---|----------------|----------------------|--------------------------------|----------------------|---------------------|
| SPECIALIST | | | | | |
| BENCH PRESS ONLY WOMEN | | | DEADLIFT ONLY WOMEN | | |
| 165 | 70-74 R | CREEKMORE-80 | | | |
| | | | NO RECORDS POSTED | | |
| MEN | | | MEN | | |
| 181 | JR-R | STALEY-280 | NO RECORDS POSTED | | |
| BENCH FOR REPS NO RECORDS POSTED | | | STRICT CURL WOMEN | | |
| | | | 165 | 60-69 | CREEKMORE-50 |
| | | | 181 | 70-79 | CREEKMORE-55 |
| | | | POWERCURL | | |
| | | | 165 | 70-79 | CREEKMORE-65 |
| IRONMAN | | BENCH | DEADLIFT | TOTAL | |
| 181 | 55-59E | GARAFOLA- 285 | GARAFOLA- 375 | GARAFOLA- 660 | |