

# WNPF NEW YORK STATE POWERLIFTING CHAMPIONSHIPS MARCH 19, 2022



**WNPf NEW YORK CHAMPIONSHIPS**

LOCKPORT NEW YORK

MARCH 19 2022

**! DENOTES STATE RECORD****(BL) DENOTES BEST LIFTER**

WOMENS POWERLIFTING

SQUAT

BENCH

DLIFT

TOTAL

AGE

STATE

RAW

**165lb****Open**

Gabrielle Defazio

205

110

235

550

28

NY

**SHW****Open**

Morgan Brader (BL)

300!

175!

300

775!

24

NY

MENS RAW

**148lb****Open**

Jornathan Poheco

320

245!

325

890

30

NY

**165lb****15-16**

Shawn Sanford

385

205

365

955

16

NY

<b>181lb</b>								
<b>35-39</b>	Chris Holter	415	285!	430!	1130!	35	NY	
<b>198lb</b>								
<b>Open</b>	Robert Stanton	310	240	355	905	52	NY	
<b>40-44</b>	Jesse Watts	355!	235!	515!	1105!	40	NY	
<b>65-69</b>	Walt Sedorus	305!	200	340	845	67	NY	
<b>220lb</b>								
<b>17-19</b>	Jonathan Rivera	375	230	405	1010	19	NY	
<b>Open</b>	Vladimr Sokolv	530	345	570	1445	31	NY	
<b>45-49</b>	Chad Brader	310	245!	390	390	49	NY	
<b>65-69</b>	Allen Kitching Sr	350!	275!	430!	1055!	66	NY	
<b>242lb</b>								
<b>35-39</b>	Clifford McDowell (BL)`	575!	425!	550!	1550!	35	NY	
<b>40-44</b>	James Jurewicz (BL)	405!	315!	500!	1220!	44	NY	
<b>308lb</b>								
<b>Open</b>	Ryan Becker	350	335!	465	1150	46	NY	
	MENS RAW CLASSIC							
<b>220lb</b>								
<b>Open</b>	Tom Ritz	395	245	475	1115	33	NY	



