

VIRGINIA STATE RECORDS

If you do not see a record in a particular division, this simply means that there is not a current record currently. We will not post record ties; you must break the current record fo it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specializes in a particular lift.
E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, C- COLLEGIATE, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

FULL MEET RECORDS		SQ	BP	DL	TOTAL			
WOMEN								
NO RECORDS POSTED								
MEN								
132	15-16 RC	MCLEERY-175	MCLEERY- 115	MCLEERY- 235	MCLEERY- 525			
148	15-16 R	MCCLERRY-215	MCCLEERY-150	MCCLEERY-270	MCCLEERY-635			
181	SM-R	LYONS-395	LYONS-315	LYONS-545	LYONS-1255			
	40-44 R	TAPIA-410	TAPIA-290	TAPIA-505	TAPIA-1205			
	P-R	LYONS-395	LYONS-315	LYONS-545	LYONS-1255			
198	40-44 R	TAPIA-420	TAPIA-290	TAPIA-500	TAPIA-1210			
275	O-RC	BUSH-640	BUSH-405	BUSH-660	BUSH-1700			
SPECIALIST								
BENCH PRESS ONLY				DEADLIFT ONLY				
WOMEN				WOMEN				
NO RECORDS POSTED				NO RECORDS POSTED				

MEN				MEN				
148	SM-R	COYLE-295		242	17-19R	HAGERTY-480		
181	55-59 R	BRENDLINGER-315						
SQUAT ONLY				POWERCURL				
NO RECORDS POSTED				NO RECORDS POSTED				
BENCH FOR REPS								
181	55-59	BRENDLINGER-20						
IRONMAN								
WT	DIV	BENCH	DEADLIFT	TOTAL				
105	9-10R	HAYES-75	HAYES-155	HAYES-230				
165	13-14R	FOSTER-135	FOSTER-265	FOSTER-400				
	15-16R	CHICK-185	CHICK-350	CHICK-535				
181	17-19 R	MOUTON-320	PARK-510	MOUTON-815				
	P-R	LYONS-300	LYONS-500	LYONS-800				
242	13-14R	LIPINSKI-155	LIPINSKI-285	LIPINSKI-440				
275	O-R	BUSH-425	BUSH-705	BUSH-1130				